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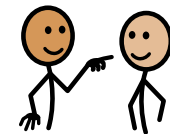
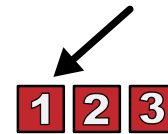
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# Check First



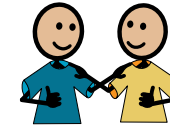
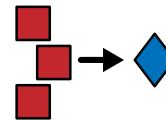
Remember to always check first with your



parent, guardian, or other trusted adult



or



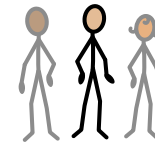
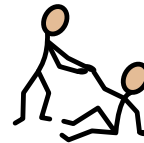
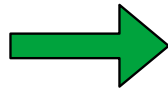
1 of 2



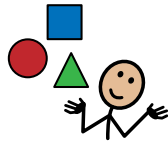
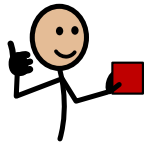
# Check First



before going anywhere, helping anyone,



accepting anything, or getting into a car.



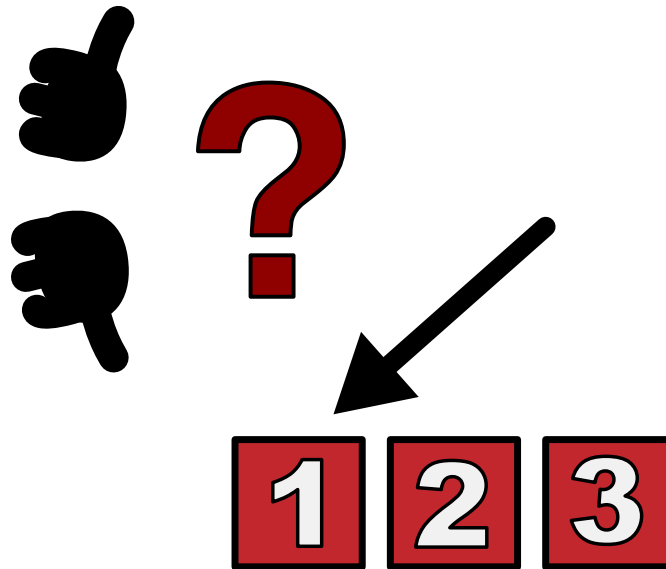
or



2 of 2



## Check First



1

# Check First



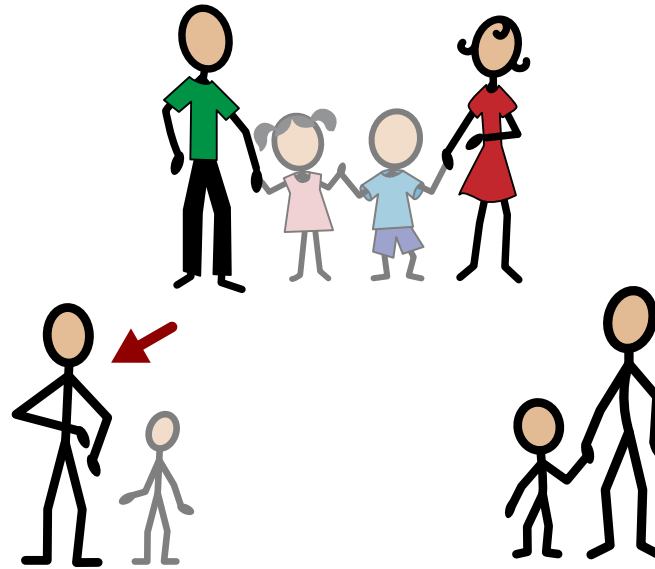
<input checked="" type="checkbox"/>	1
<input type="checkbox"/>	2
<input type="checkbox"/>	3

Let's look closer at the first rule.

2



# Check First

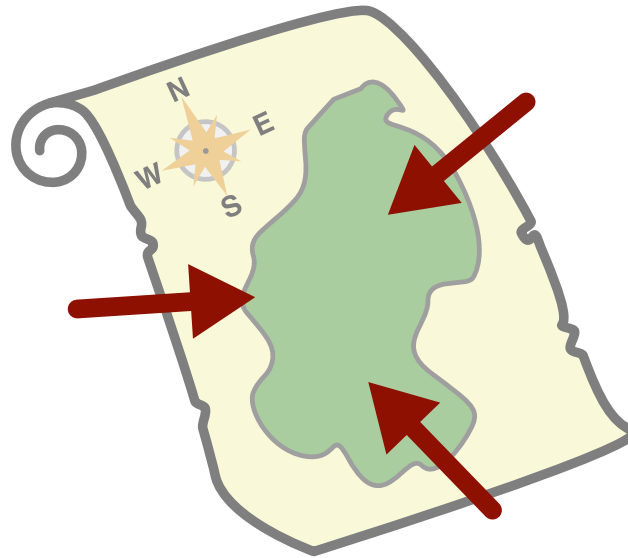


**Check first with your parent,  
guardian, or other trusted adult**

3



# Check First

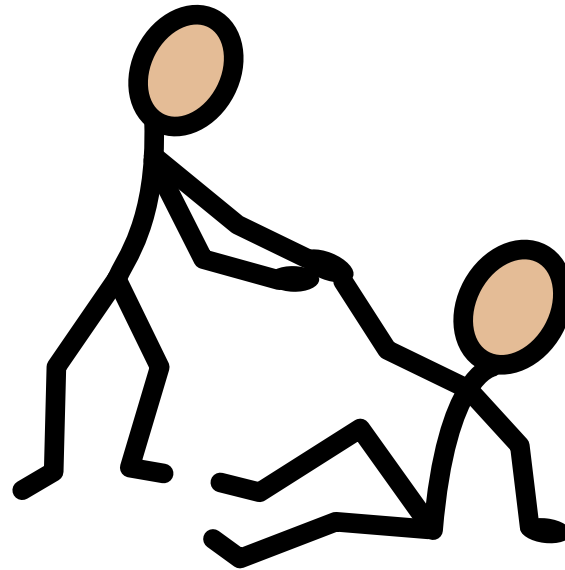


**before going anywhere,**

**4**



# Check First



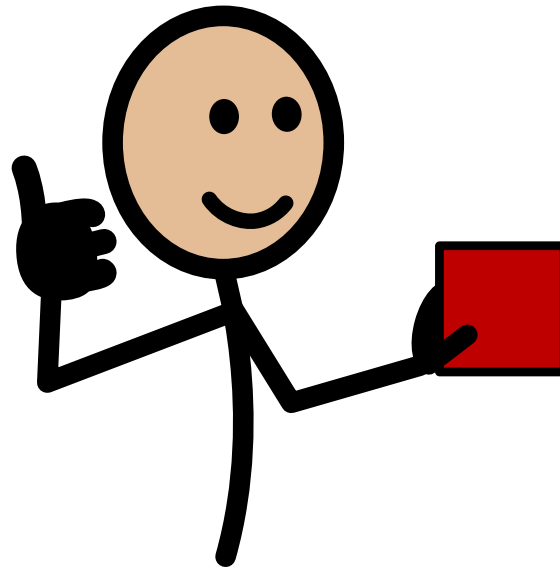
helping anyone,

5





# Check First

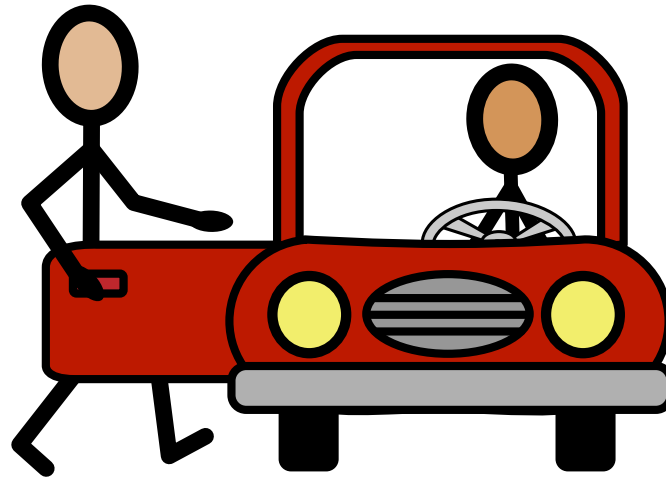


**accepting anything,**

**6**



# Check First

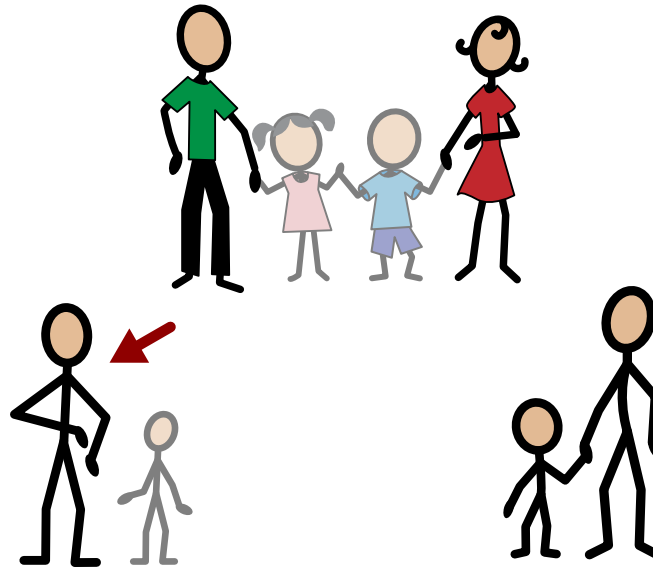


or getting into a car.

7



# Check First

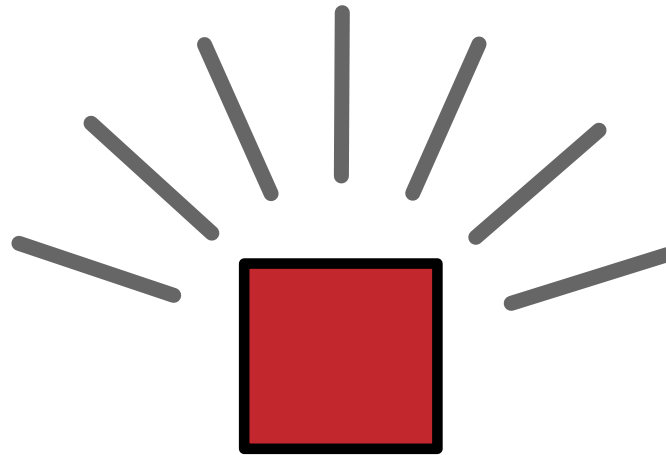


**Your parents, guardians,  
teachers, and other adults**

8



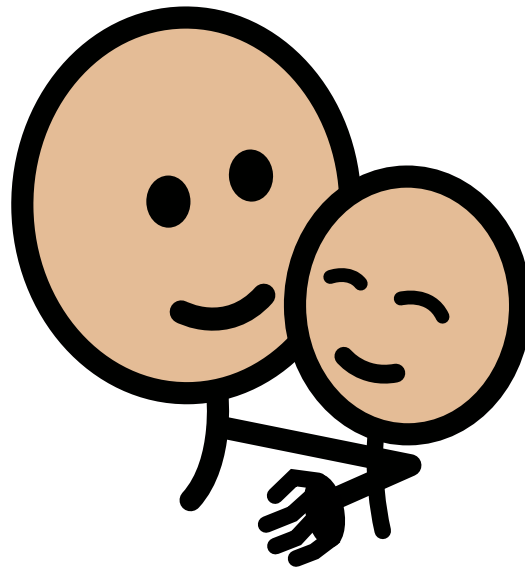
# Check First



**all have a very important job.**

**9**

# Check First

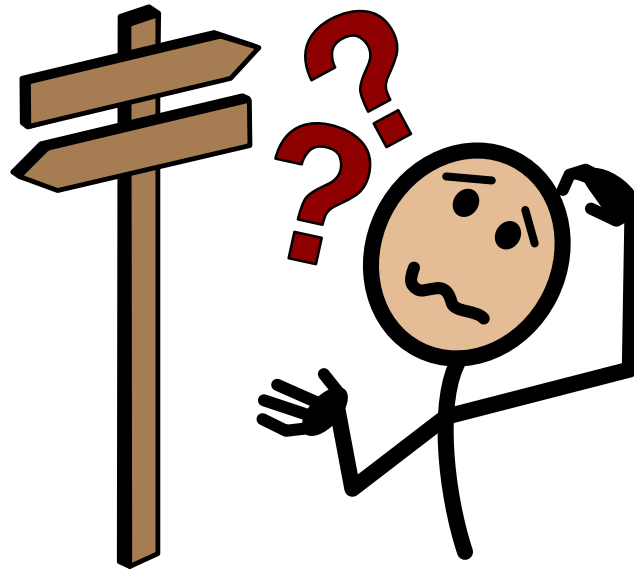


to keep us safe.

10

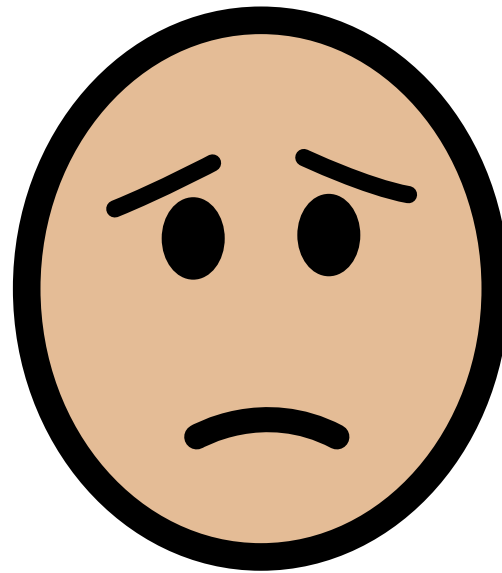


# Check First



**They can't do that job if they don't know where you are.**

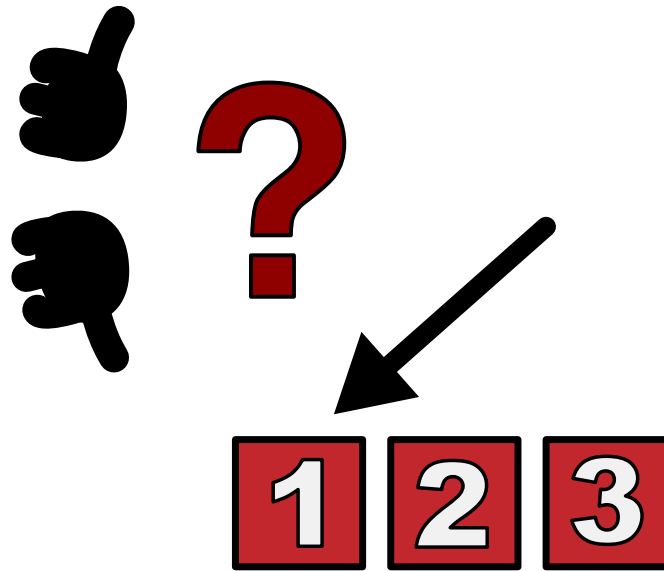
11



**They'll be worried about  
you if they can't find you.**

**12**

# Check First

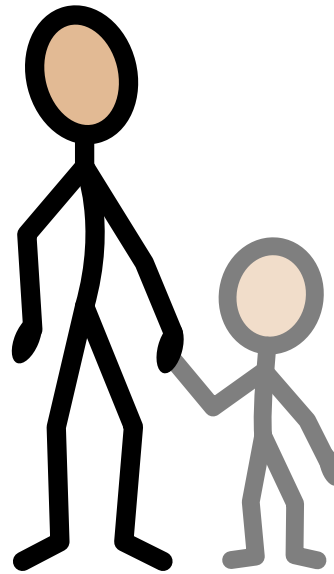


**That's why it's so important to check first before going anywhere,**

**13**



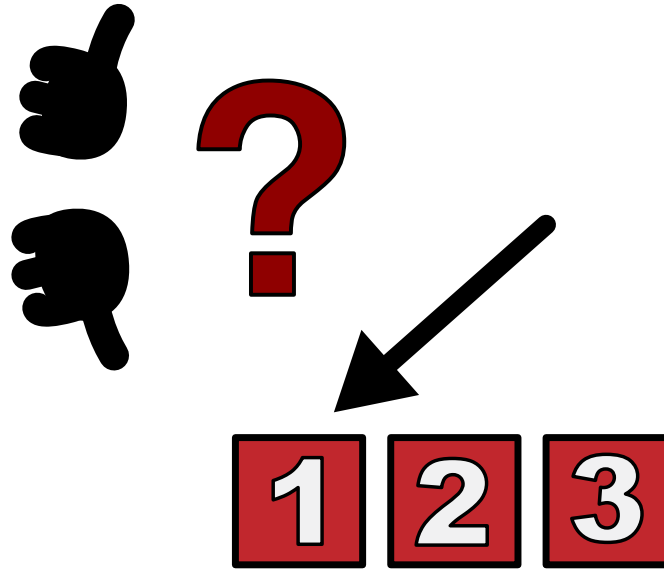
# Check First



**even if it's with someone  
you know.**

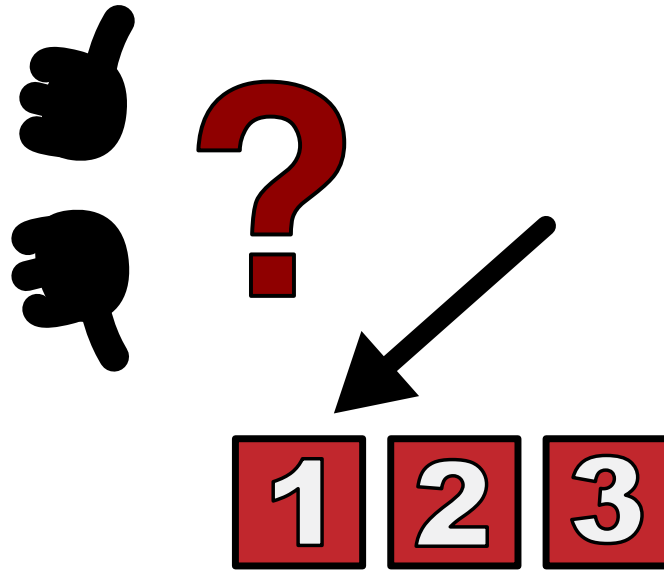
**14**

# Check First



**You need to check first with the adult in charge.**

**15**

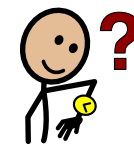
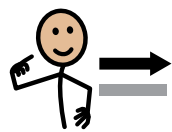


# The End

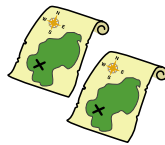
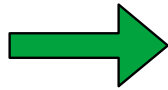
# Take a Friend



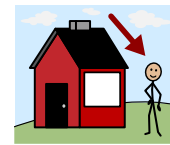
I will take a friend with me when



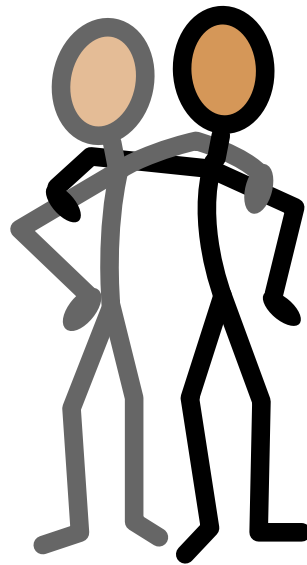
going places or playing outside.



or

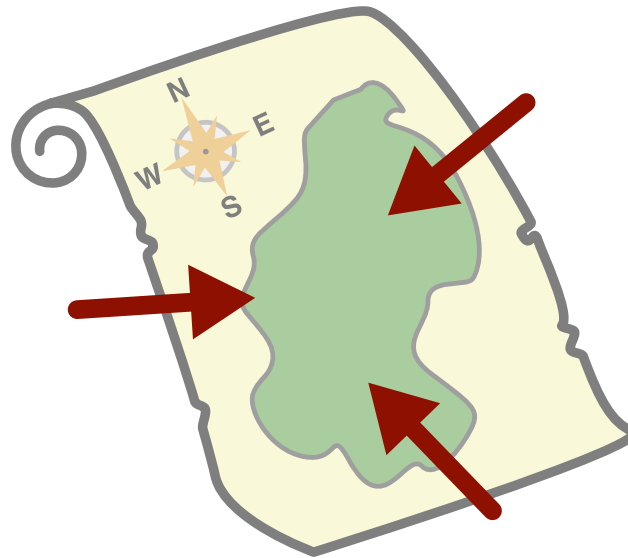


## Take a Friend



1

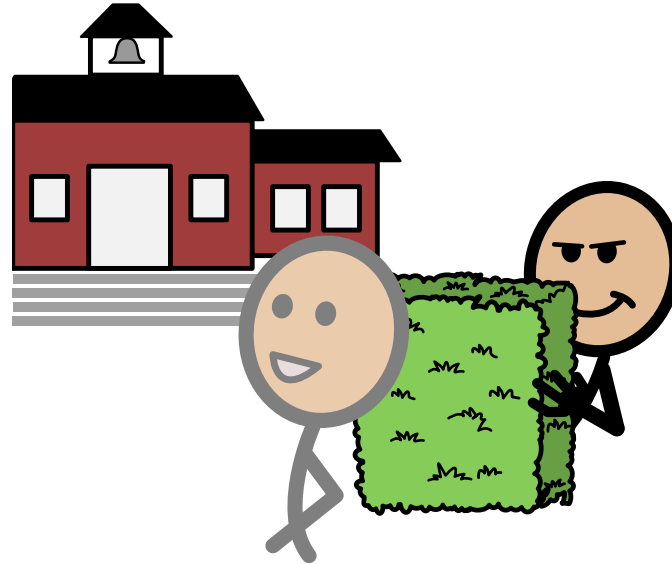
# Take a Friend



**Where are places you go that you should take a friend ?**

**2**

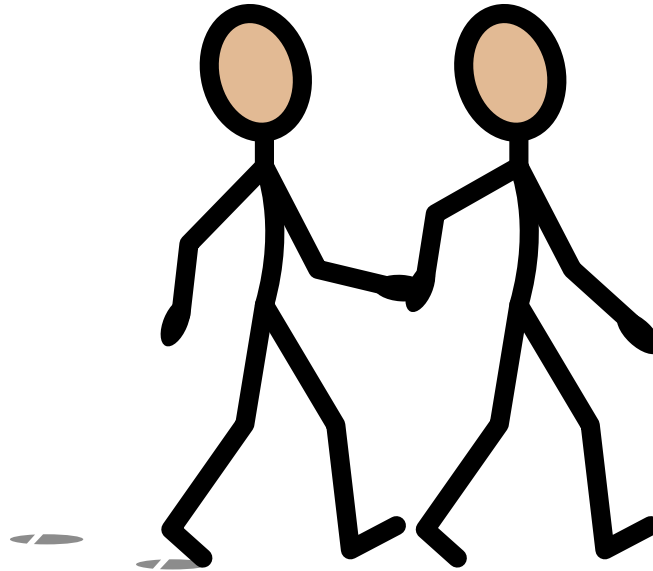
# Take a Friend



**It's important to know that some tricky people try to trick kids while they're going to or from school.**

3

# Take a Friend



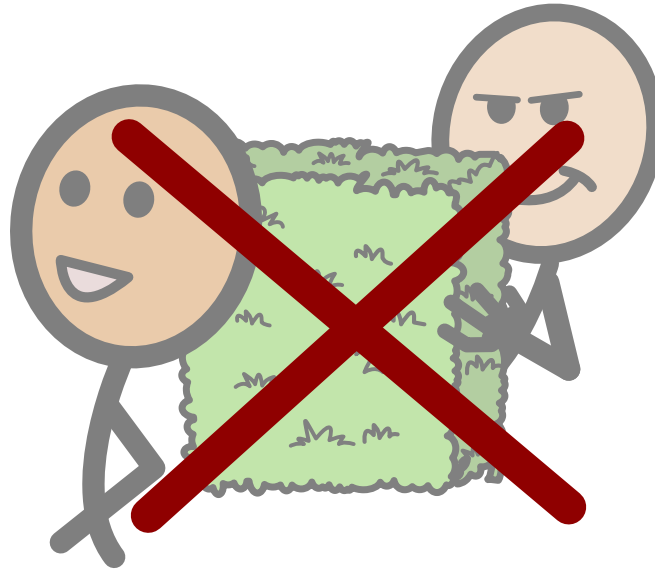
**That's why it's very important to go to and from school with a friend or a trusted adult.**

**4**





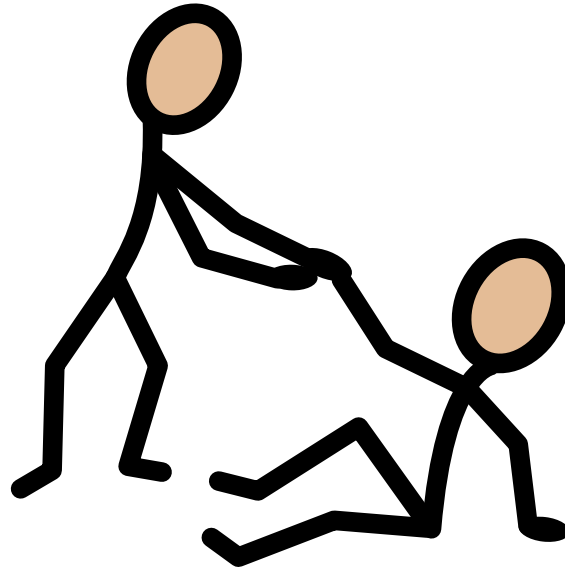
# Take a Friend



**Tricky people are less likely to bother you,**

**5**

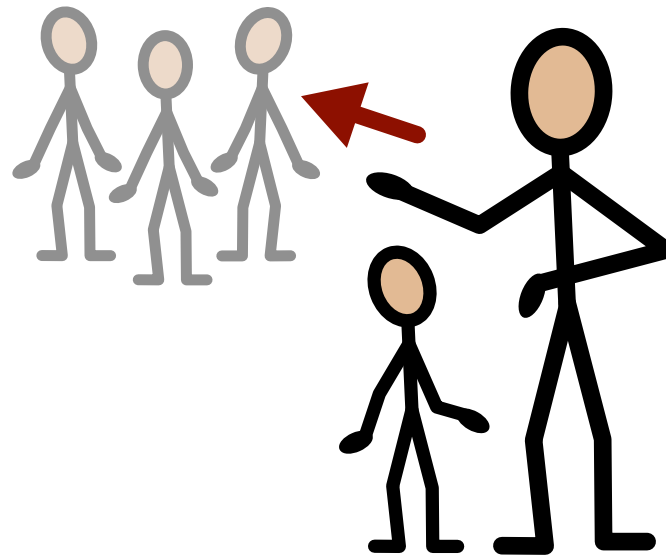
# Take a Friend



and if they do, you'll have a friend there to help.

6

# Take a Friend



**Another important thing to remember is that you should always stay with the group !**

7

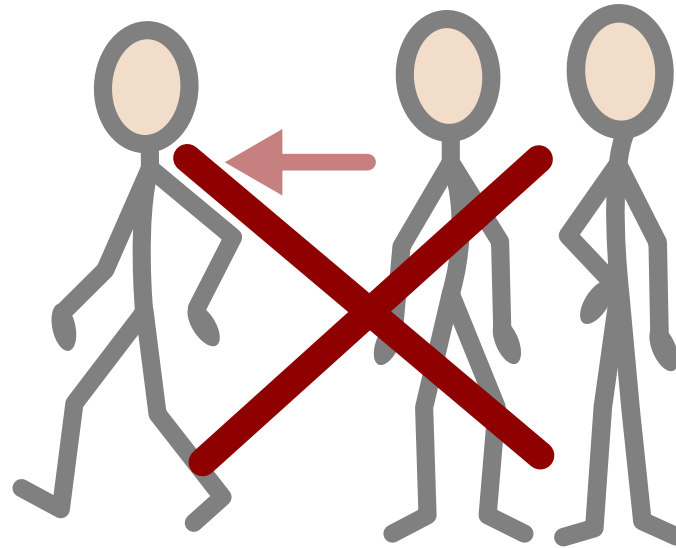
# Take a Friend



**Don't wander off on your own to check something out**

**8**

# Take a Friend



**or walk away from  
the group if someone  
is making you mad.**

9

# Take a Friend



**There's strength in numbers.**

**10**



# Take a Friend

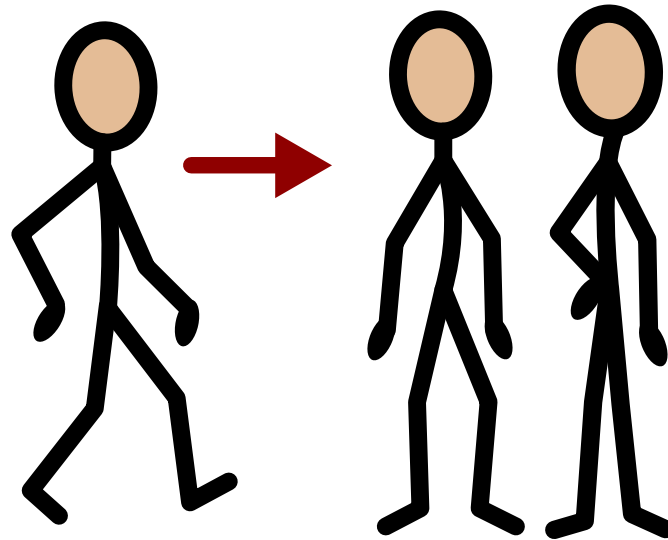


**It may be dangerous to  
walk off on your own.**

11



# Take a Friend

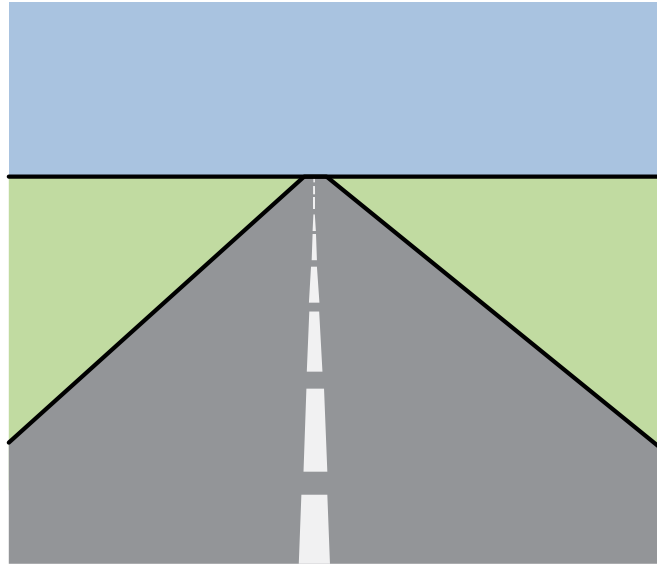


**Stay with the group !**

**12**



# Take a Friend



**You should also remember  
to stay on the main roads.**

**13**

32

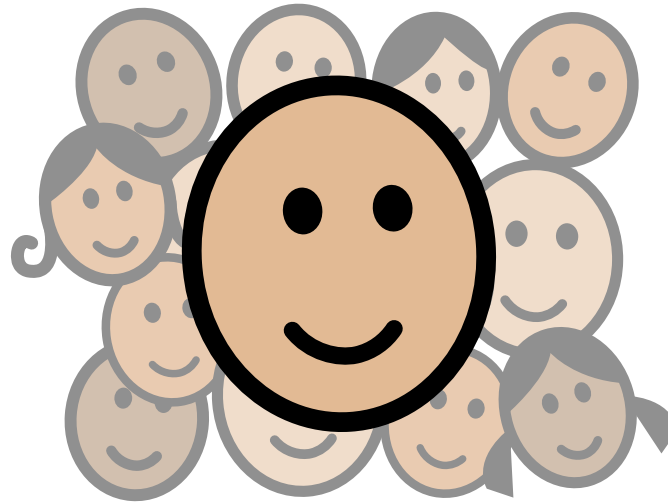
# Take a Friend



**Don't take shortcuts through alleys or fields.**

14

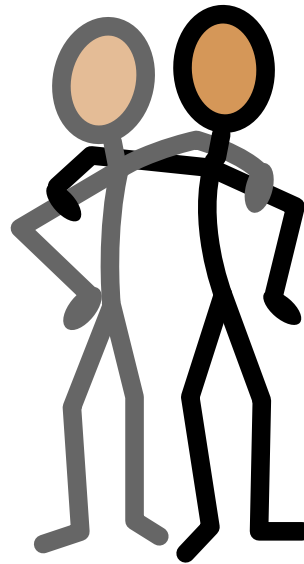
# Take a Friend



**You're safer where more  
people can see you.**

**15**

# Take a Friend

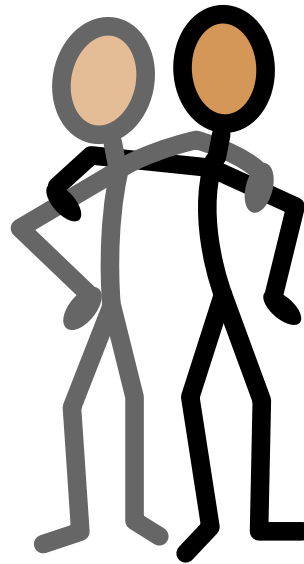


**You're safer with friends.**

**16**



# Take a Friend



# The End

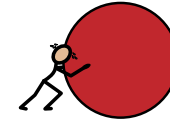
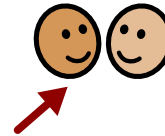
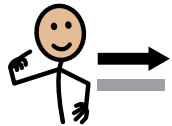
17



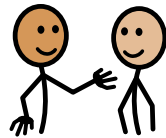
# Tell People "No"



I will tell people "NO" if they try to



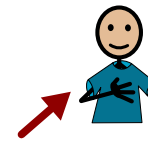
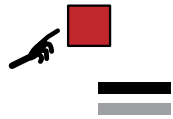
touch me or hurt me.



or



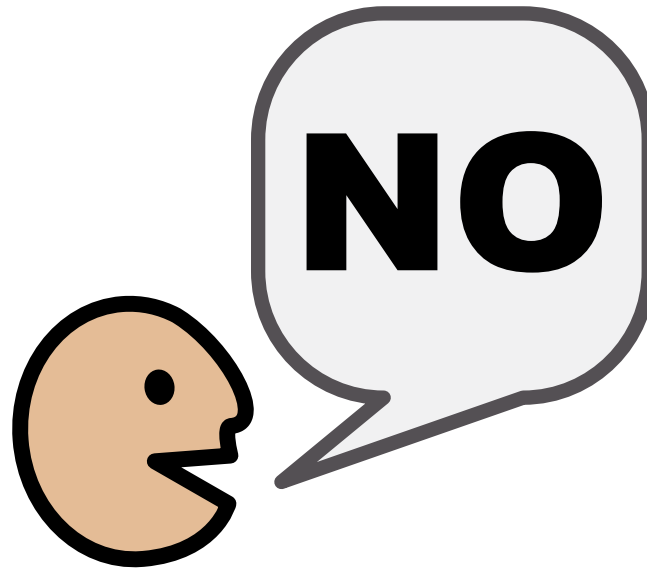
It's OK for me to stand up for myself.



# Tell People "No"

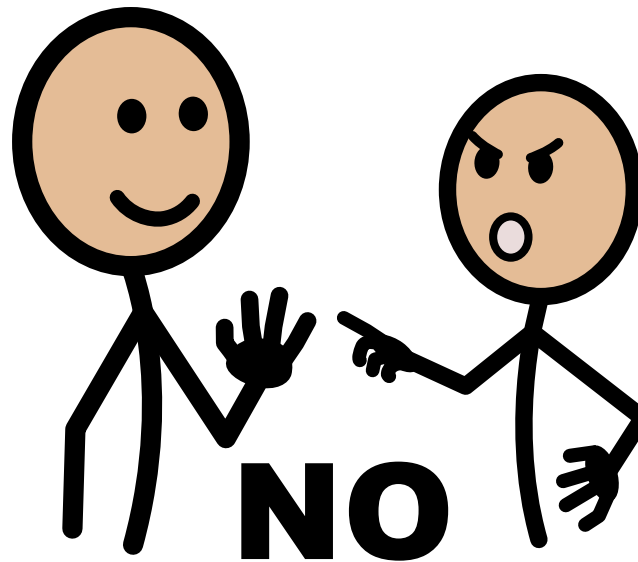


## Tell People "No"



1

# Tell People "No"

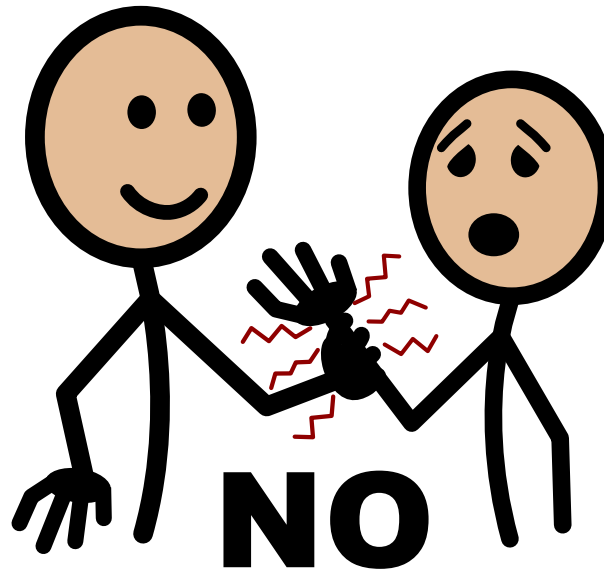


**Tell people "NO" if they try to touch you.**

**2**



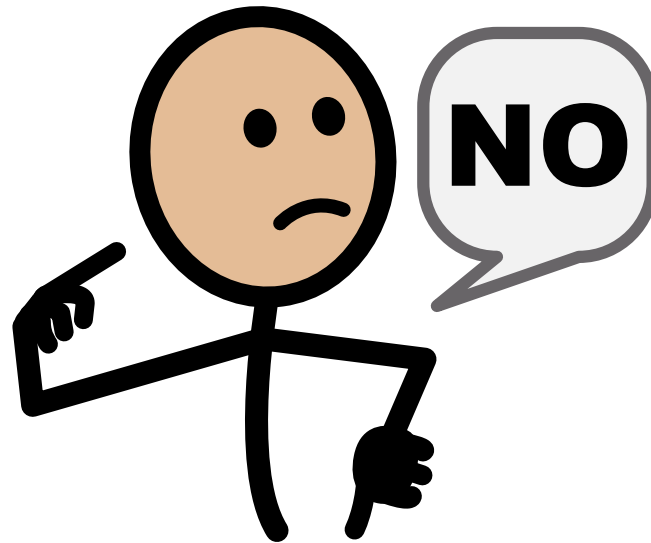
# Tell People "No"



**Tell people "NO" if they try to hurt you.**

**3**

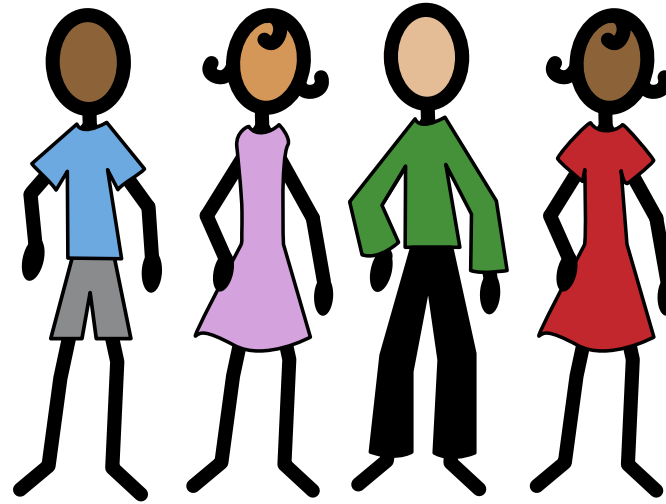
# Tell People "No"



**It's OK for you to  
stand up for yourself.**

**4**

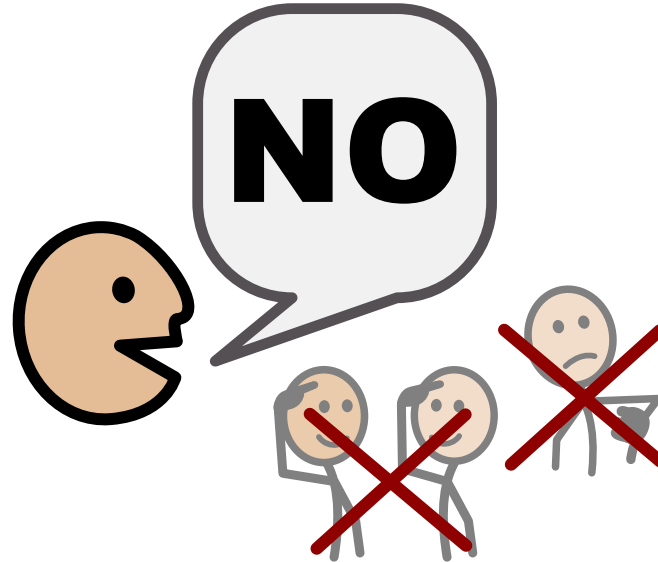
# Tell People "No"



**No one, not even an adult,  
has the right to make you  
feel unsafe.**

5

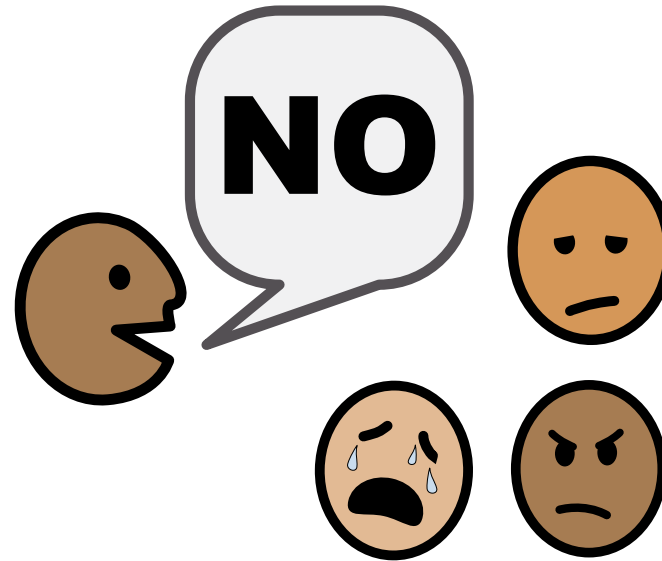
# Tell People "No"



**Saying "NO" does not mean you're "bad" or "disrespectful."**

6

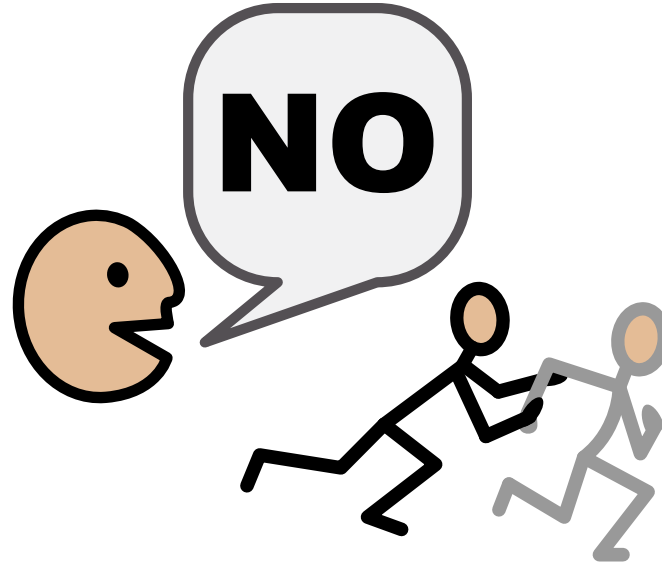
# Tell People "No"



**It's OK to say "NO" when  
anyone is hurting you or  
making you uncomfortable,**

7

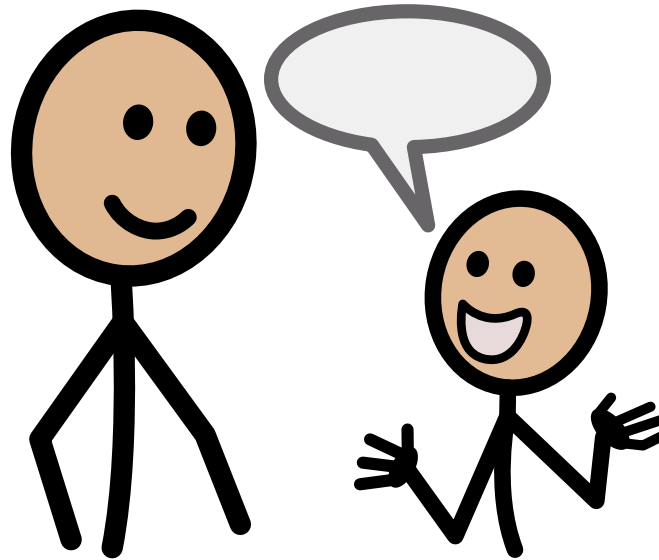
# Tell People "No"



**It's OK to say "NO" when  
someone wants you to go  
with them,**

**8**

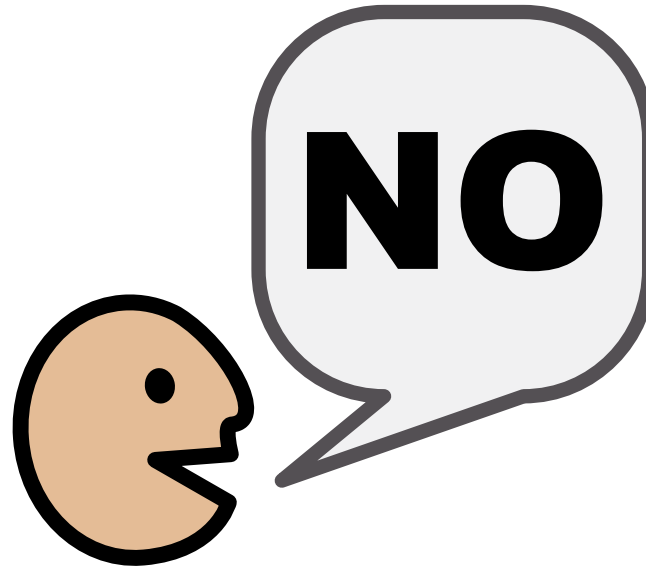
# Tell People “No”



**but you haven't checked first  
with your parent, guardian, or  
trusted adult.**

9

# Tell People "No"

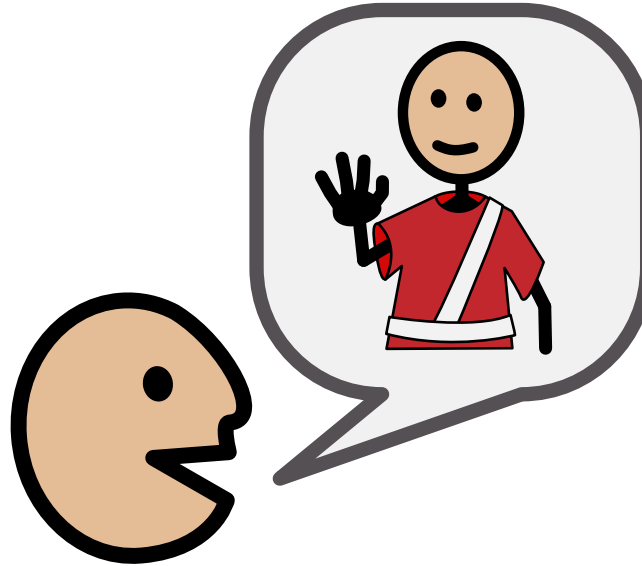


**You can say "No !"**

**10**



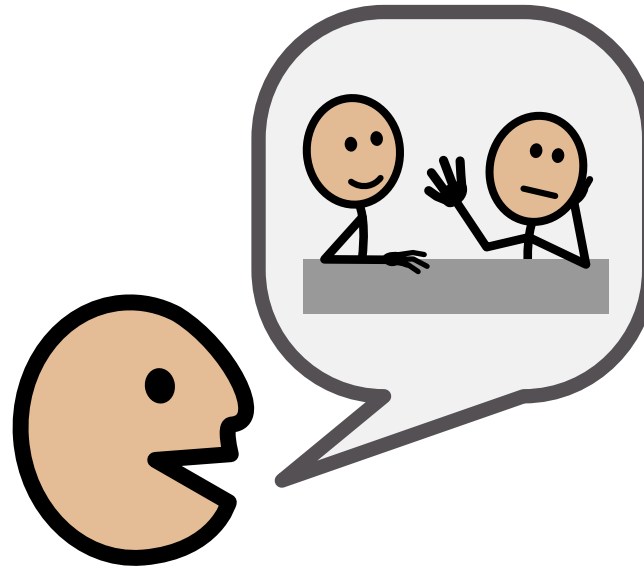
# Tell People "No"



You can say "Stop it!"

11

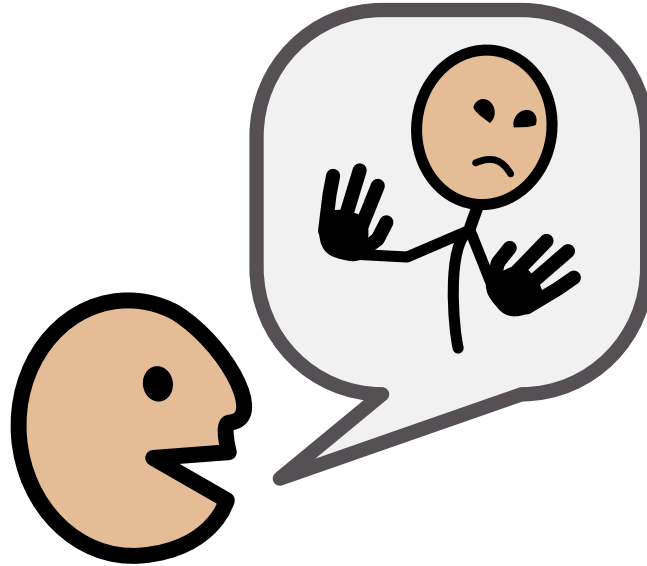
# Tell People "No"



**You can say "Leave me alone!"**

**12**

# Tell People "No"

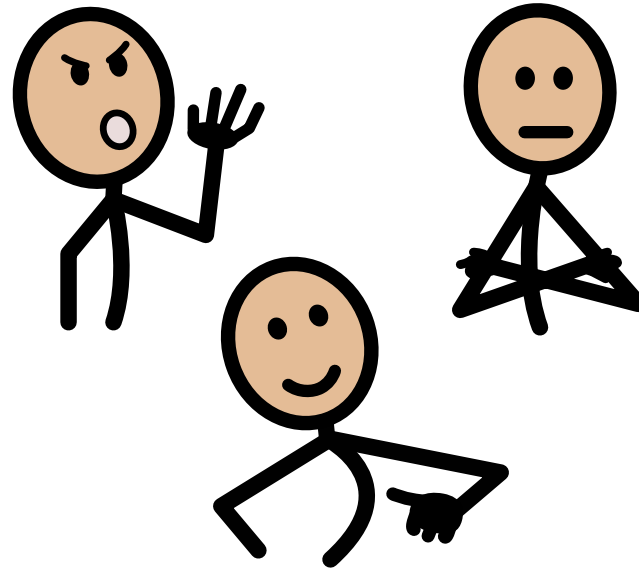


**You can say "I don't like that!"**

**13**



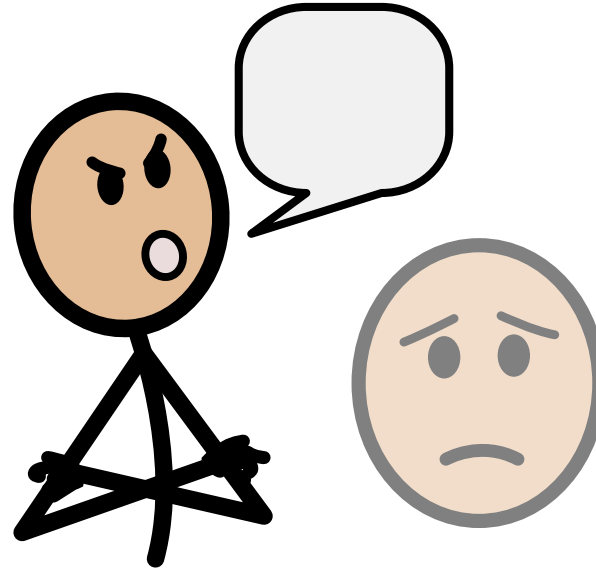
# Tell People "No"



**You should be loud, be serious,  
and be confident.**

14

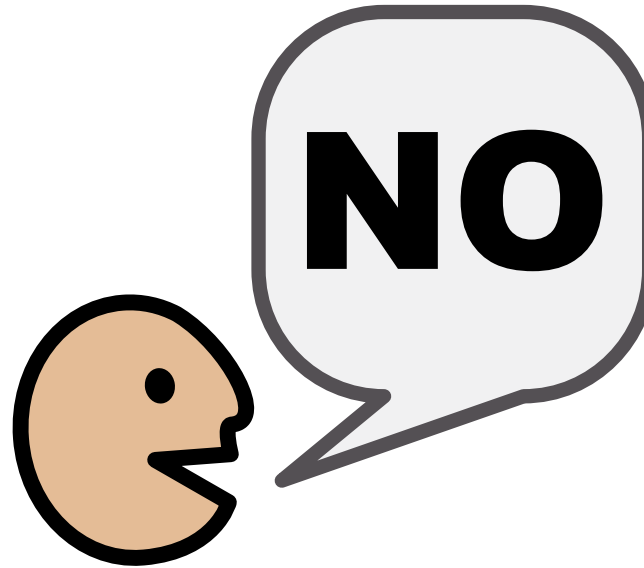
# Tell People "No"



**Don't worry about being rude.**

**15**

# Tell People "No"

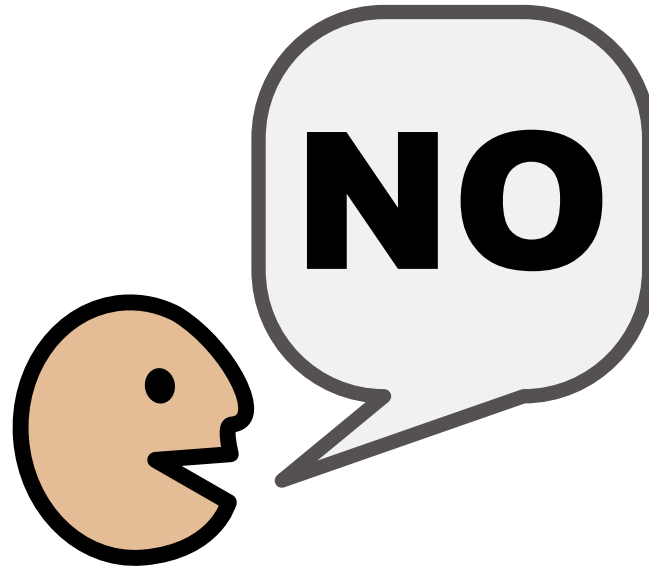


Let's practice saying "NO."

16



# Tell People "No"



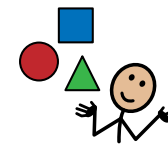
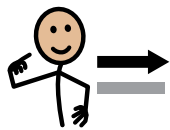
# The End

17

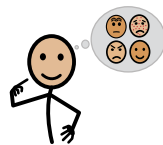
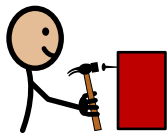
# Tell My Trusted Adults



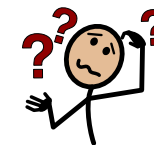
I will tell my trusted adult if anything



makes me feel sad, scared or confused.

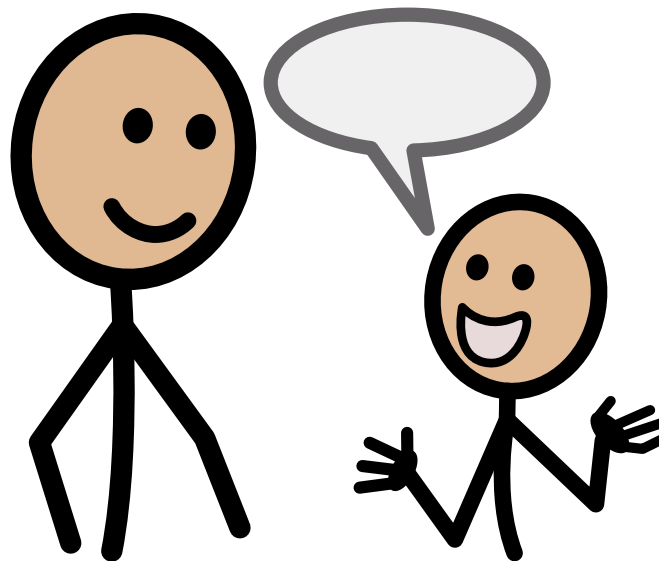


or



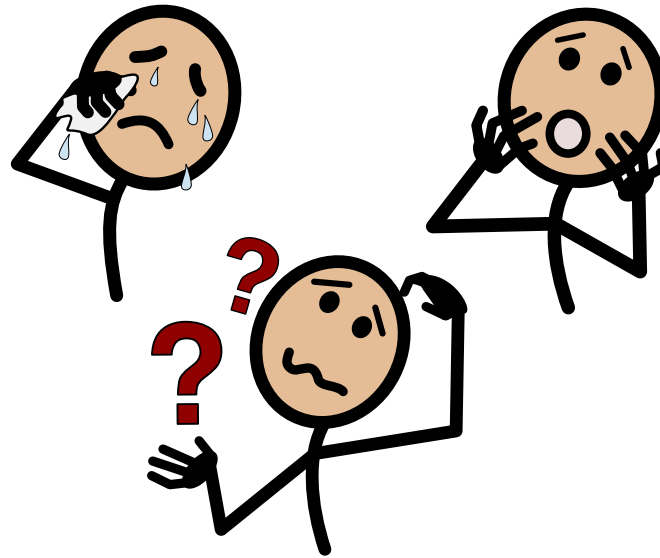


## Tell My Trusted Adult



1

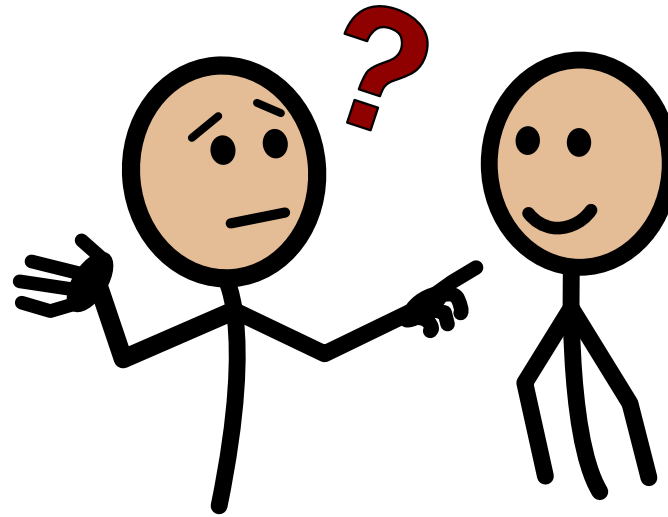
# Tell My Trusted Adult



**Tell a trusted adult if anything makes you feel sad, scared or confused.**

2

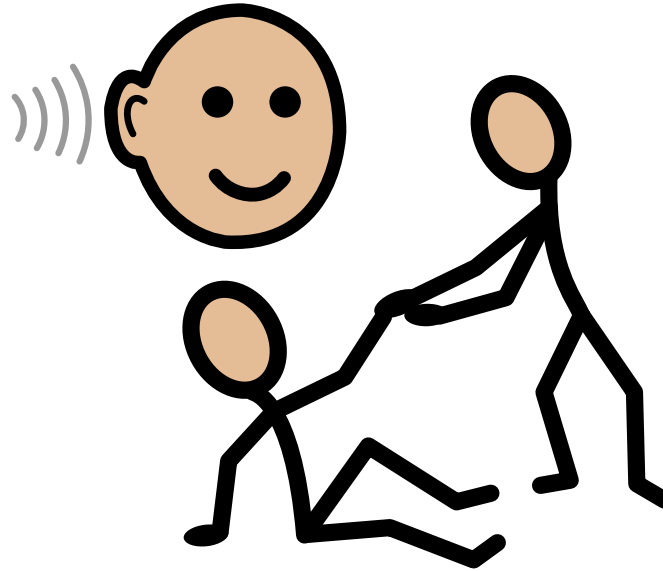
# Tell My Trusted Adult



**But what is a trusted adult ?**

**3**

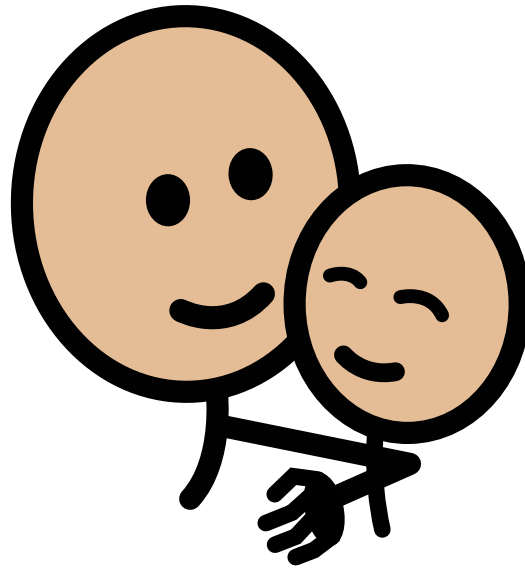
# Tell My Trusted Adult



**A trusted adult is someone who listens to you and helps you.**

**4**

# Tell My Trusted Adult

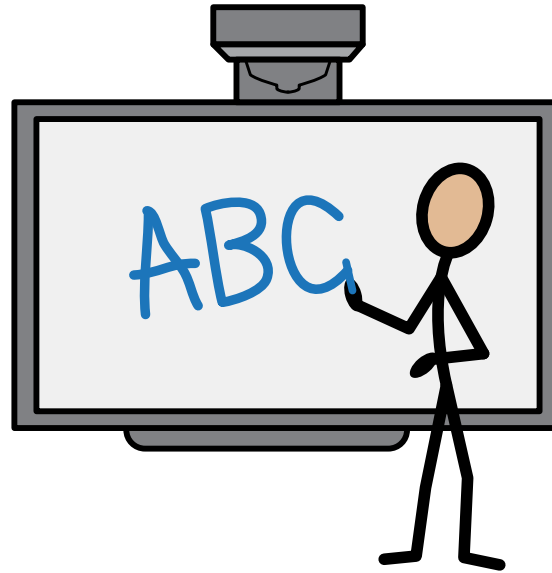


**A trusted adult makes you  
feel safe,**

**5**



# Tell My Trusted Adult

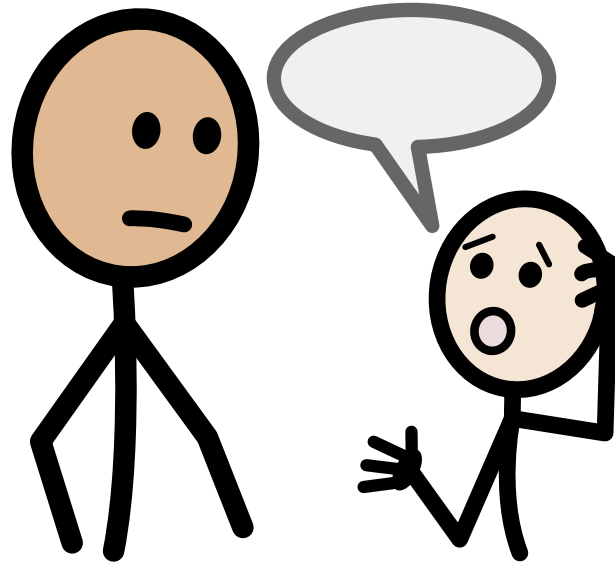


teaches you things,

6



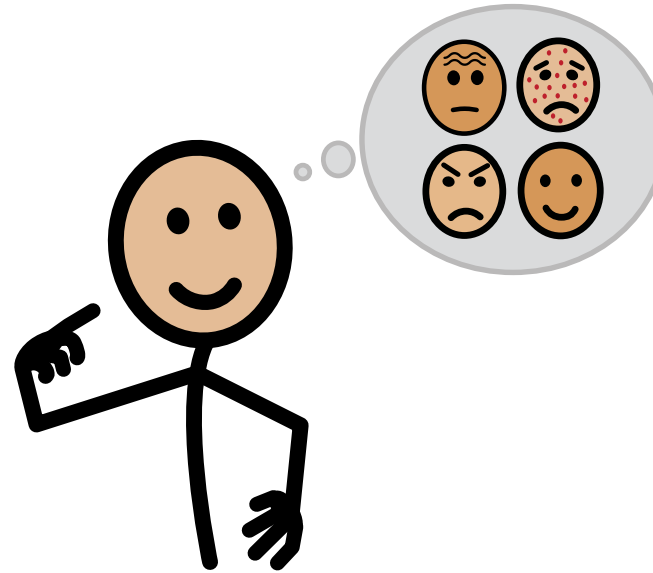
# Tell My Trusted Adult



helps you when you're scared,

7

# Tell My Trusted Adult

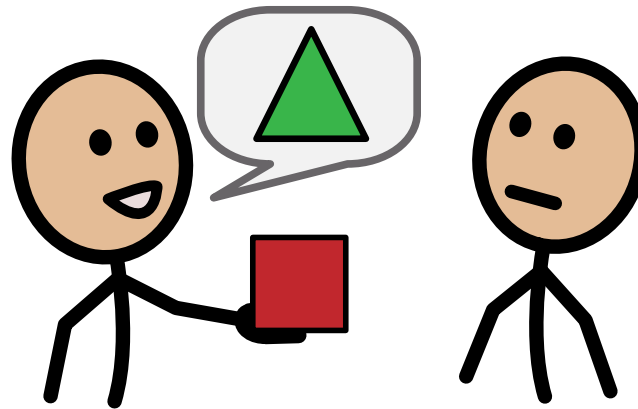


and doesn't get mad when  
you tell them how you feel.

8



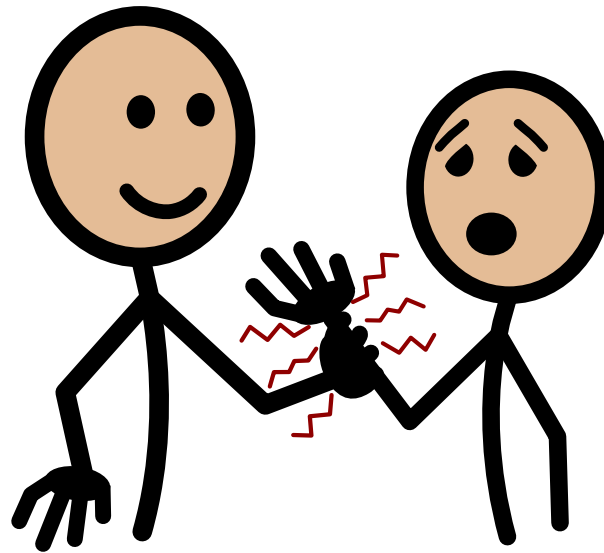
# Tell My Trusted Adult



**Sometimes adults you trust  
turn into adults you can't trust.**

9

# Tell My Trusted Adult

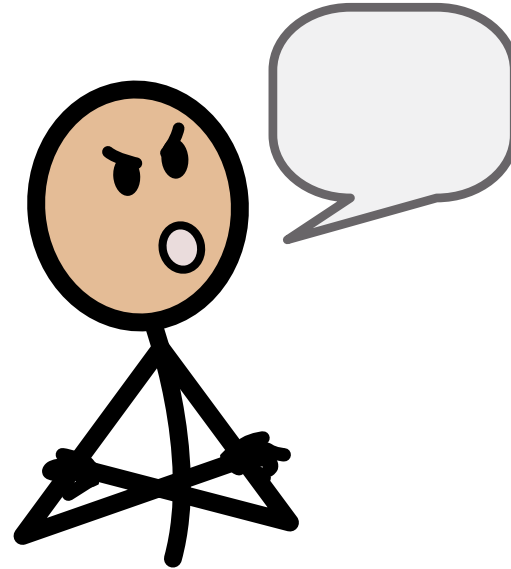


**If someone starts hurting you,**

**10**



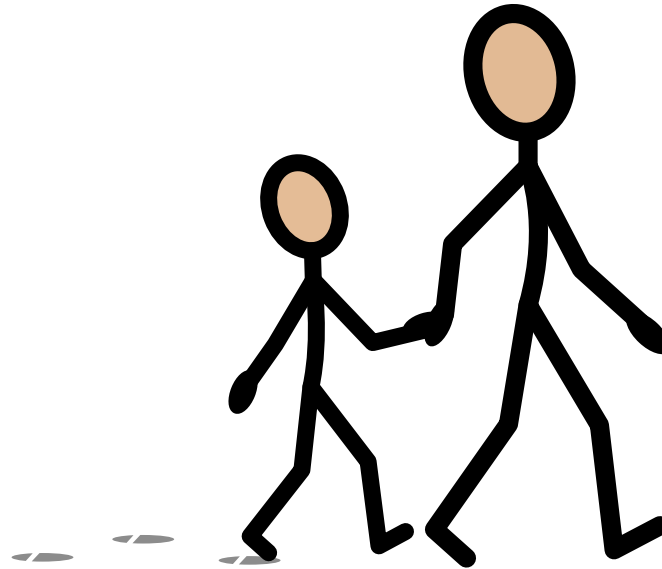
# Tell My Trusted Adult



**won't listen when you tell them  
to stop something that makes  
you uncomfortable,**

**11**

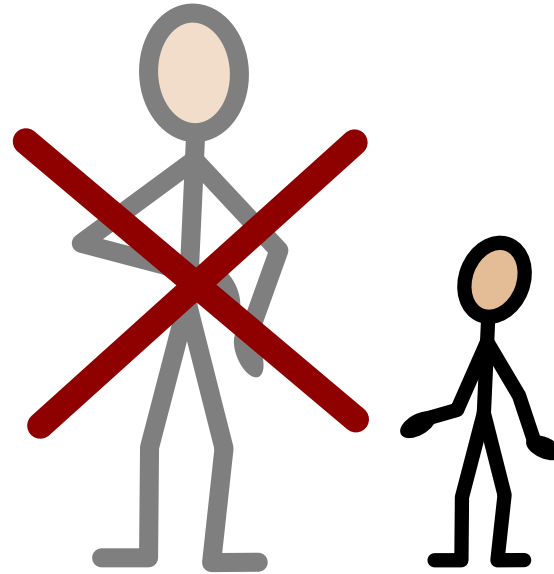
# Tell My Trusted Adult



**or takes you away from your  
parent or guardian,**

**12**

# Tell My Trusted Adult

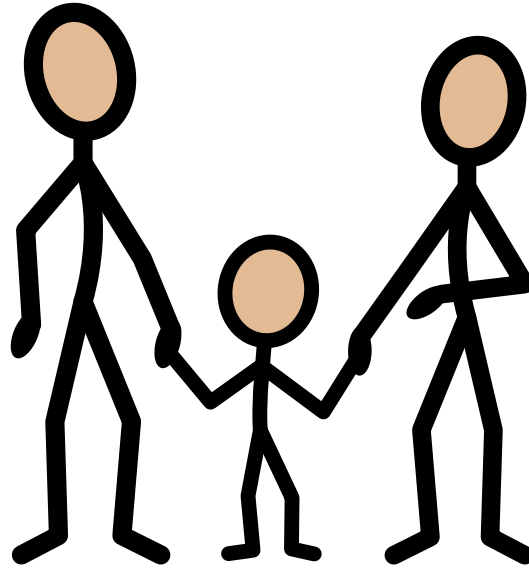


**they're no longer a trusted adult.**

**13**



# Tell My Trusted Adult

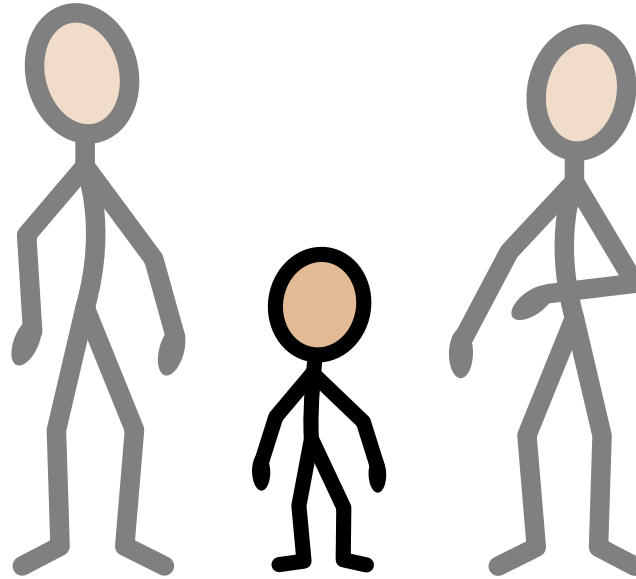


**Sometimes the people who hurt us are people we know.**

**14**



# Tell My Trusted Adult



**But just because we know them and we trusted them once, doesn't mean we need to always trust them.**

15



# Tell My Trusted Adult



**If there's an emergency and you need help from a trusted adult but can't find one,**

**16**



# Tell My Trusted Adult

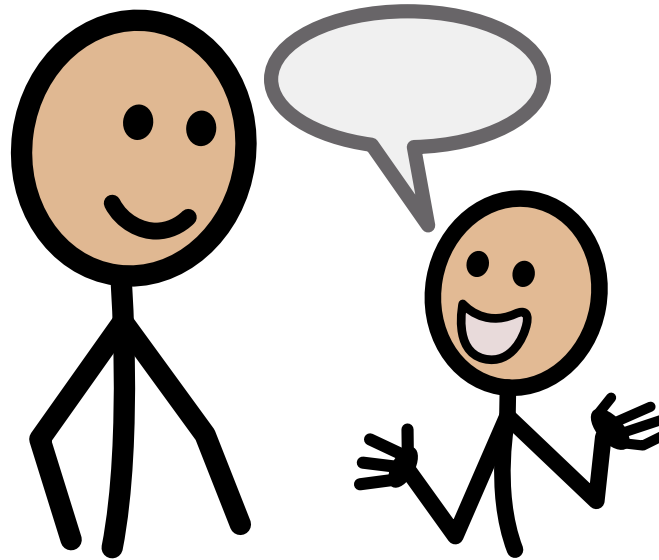


**you should call 911.**

**17**



# Tell My Trusted Adult



# The End

17



# My Trusted Adults



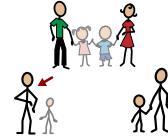
Name: \_\_\_\_\_

Date: \_\_\_\_\_

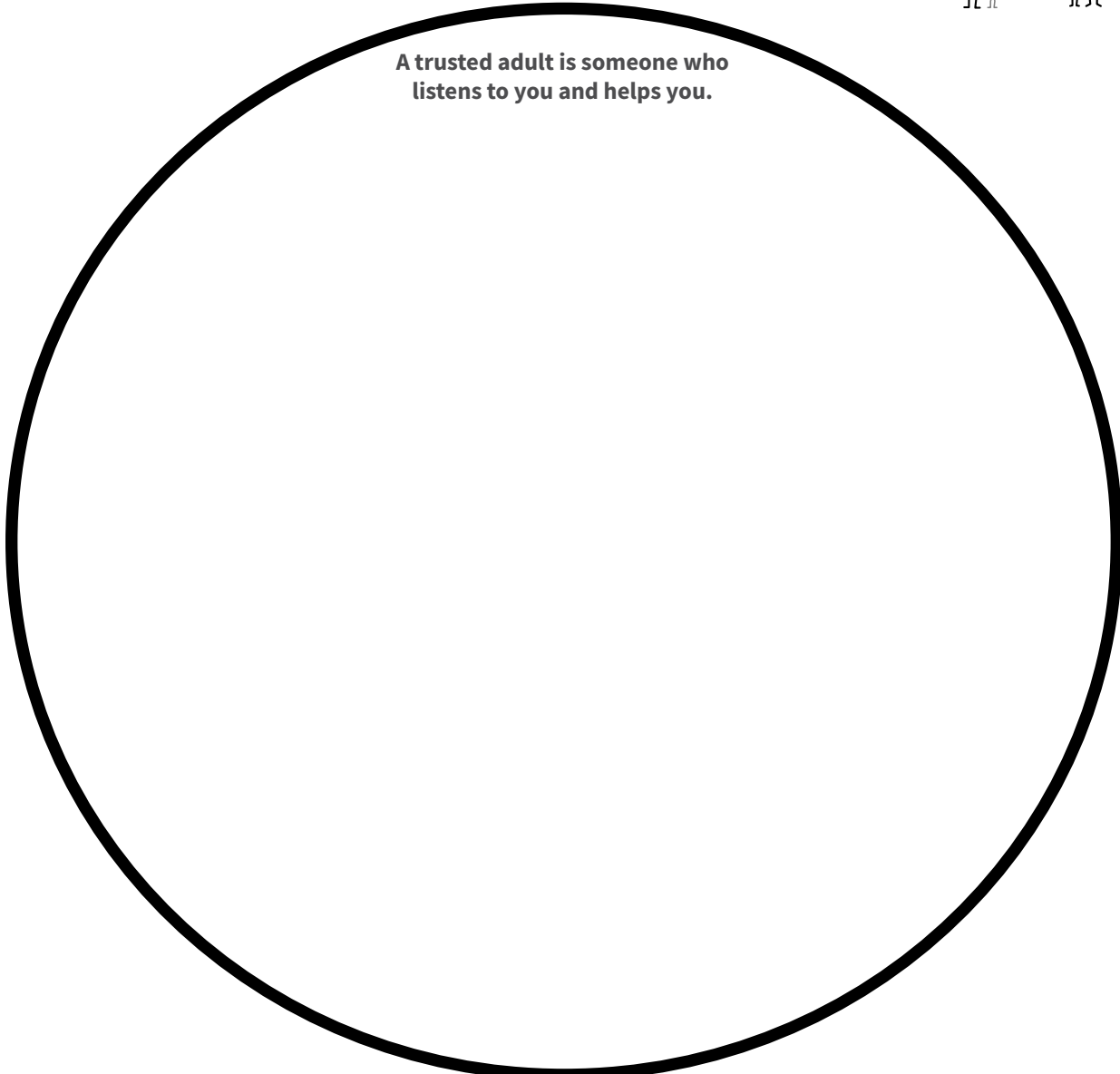
Use this cut and paste activity to discuss trusted adults. Ask students to cut and paste only trusted adults onto this page from the choices on page 2.



## My Trusted Adults






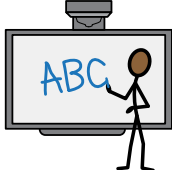








A trusted adult is someone who listens to you and helps you.



# My Trusted Adults



 <p><b>Mom</b></p>	 <p><b>Dad</b></p>
 <p><b>Brother</b></p>	 <p><b>Sister</b></p>
 <p><b>Friend</b></p>	 <p><b>Teacher</b></p>
 <p>_____</p>	 <p>_____</p>
 <p><b>Firefighter</b></p>	 <p><b>Police officer</b></p>
 <p><b>Grandpa</b></p>	 <p><b>Grandma</b></p>

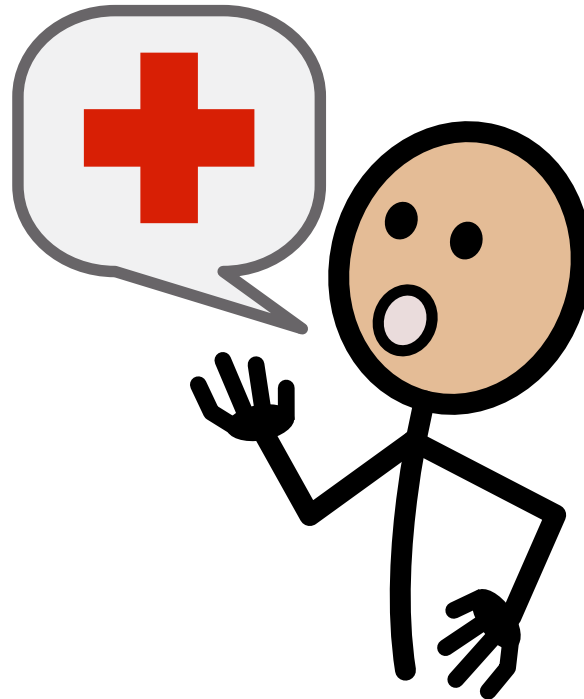
2 of 2

75

# What Is an Emergency?

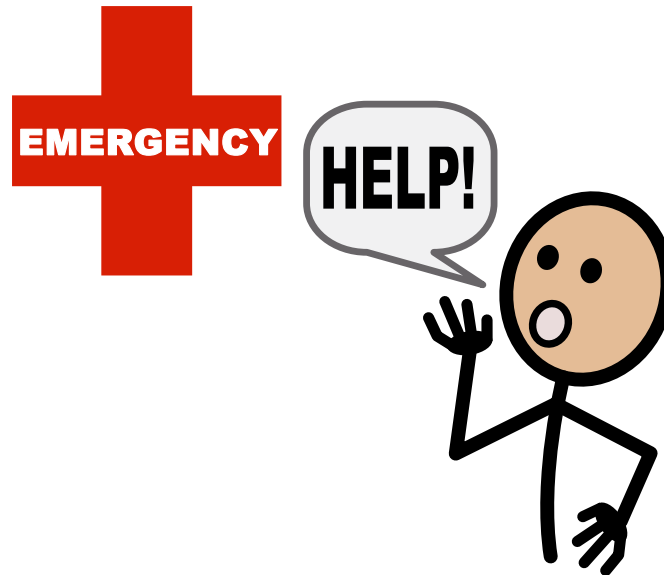


## What Is an Emergency?



1

# What Is an Emergency?



If there's an emergency and you need help from a trusted adult but can't find one,

2



# What Is an Emergency?

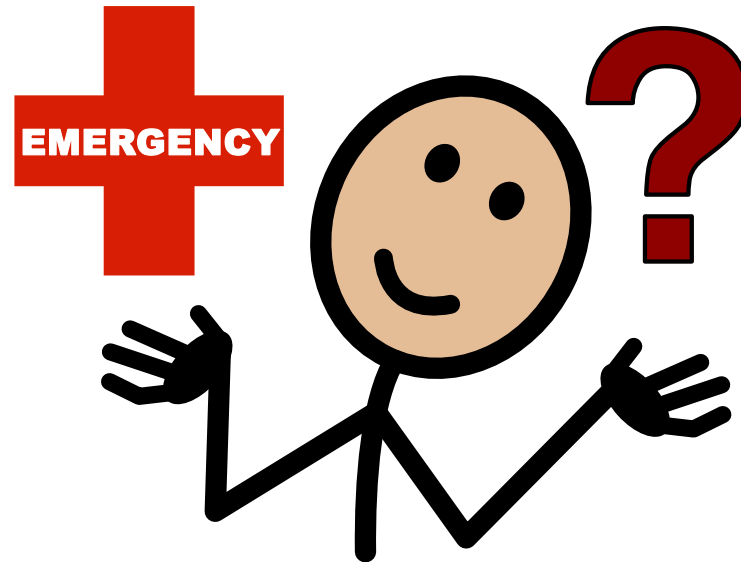


**you should call 911.**

**3**



# What Is an Emergency?



What is an emergency ?

4





# What Is an Emergency?

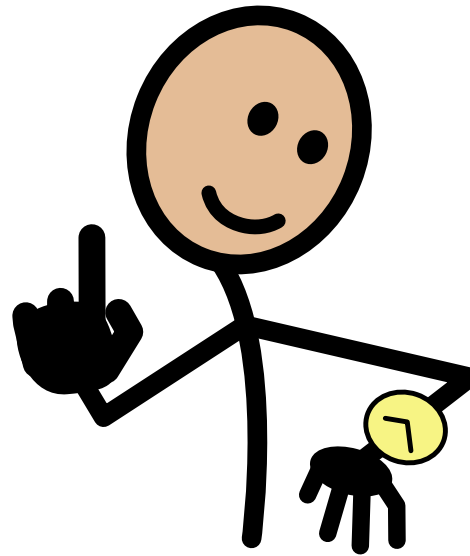


**An emergency means  
you need help right now.**

5



# What Is an Emergency?



**If the situation can wait  
and you can get help from  
a trusted adult later,**

**6**

# What Is an Emergency?



**then it is not an emergency.**

7

# What Is an Emergency?



**You should call 911 if:  
You or someone else is in danger.**

8

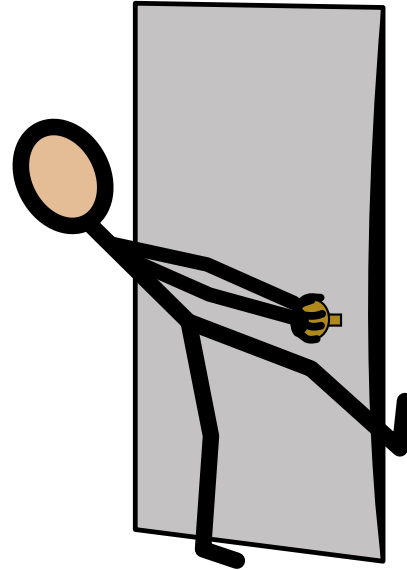
# What Is an Emergency?



**You should call 911 if:  
You or someone else has been  
badly hurt.**

9

# What Is an Emergency?

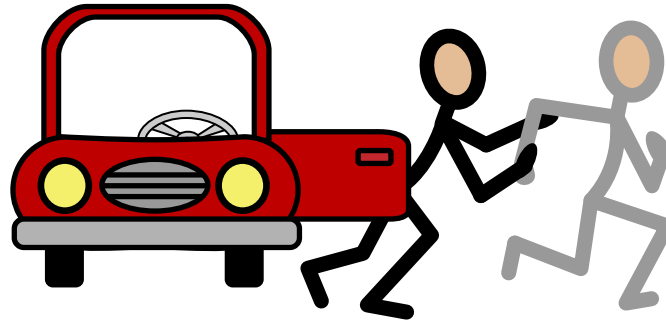


**You should call 911 if:  
Someone tries to break into  
your house.**

**10**



# What Is an Emergency?



**You should call 911 if:  
Someone tries to grab you and  
take you somewhere.**

11

# What Is an Emergency?



**Never call 911 as a joke.**

12



# What Is an Emergency?

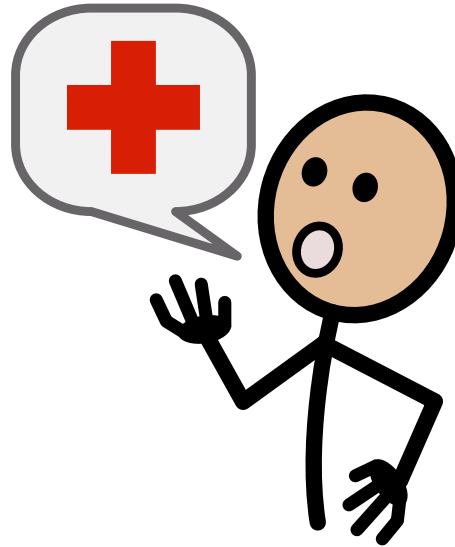


**911 is for help right now with a very serious problem !**

13



# What Is an Emergency?



# The End

14



# Decode the Rule



Fill-in the blanks to complete the sentence.

1	I will 	always 					or other 
		adult 			helping anyone, 		

1	guardian, 	check 	with my parent, 	first 
	accepting anything, 	going anywhere, 	before 	or getting into a car. 

1 of 2



# Decode the Rule



Fill-in the blanks to complete the sentence.

will always  first  
with my  guardian, or other  
trusted adult  going anywhere,  
 anyone, accepting anything,  
or getting into a

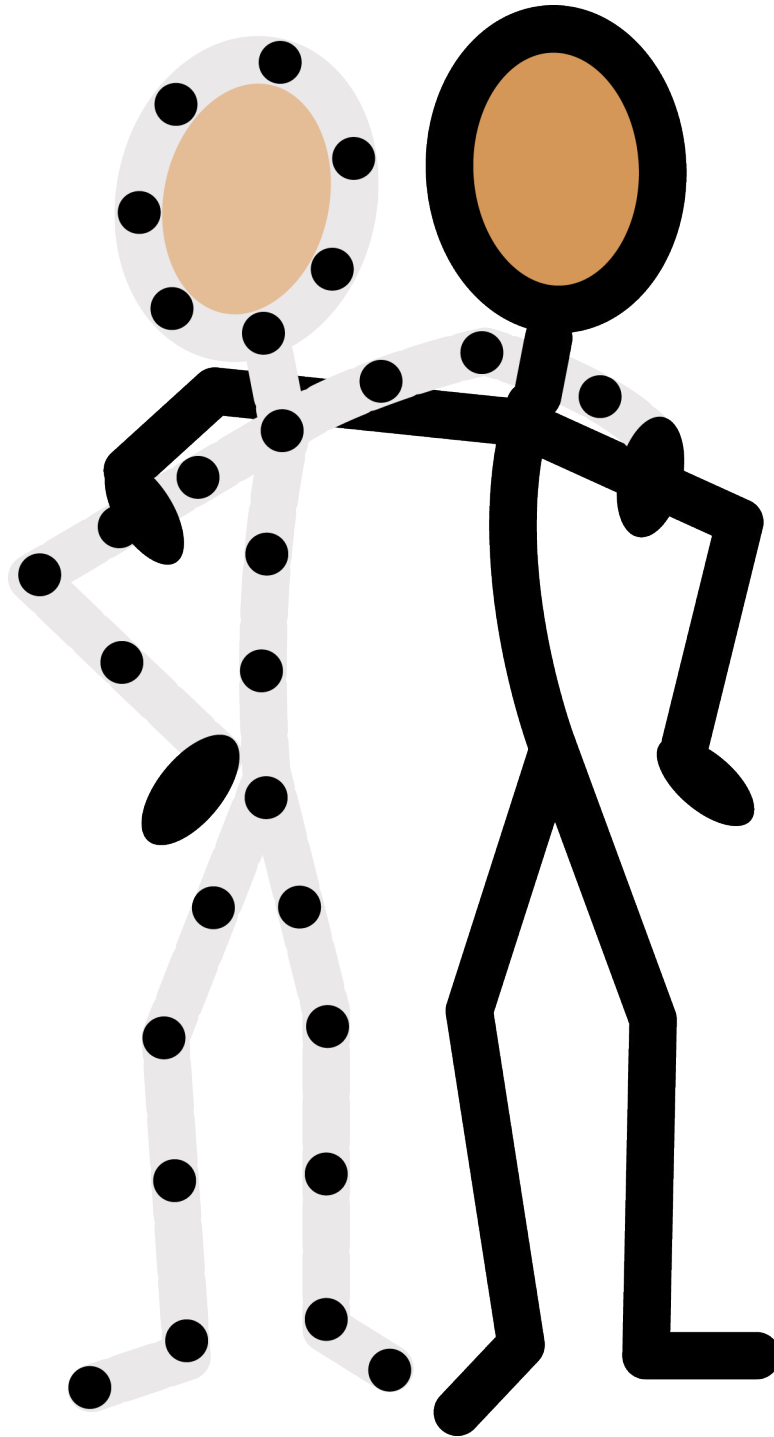
helping	car.	I
before	parent,	check

2 of 2

# Take a Friend



You should always take a friend with you when going places or playing outside, especially when going to and from school. Can you trace the friend and get to school safety?



# Tell People "NO" Crossword



Fill-in and complete the crossword puzzle below.

**ACROSS** 


**DOWN** 


2  **help**

1  **serious**

4  **adult**

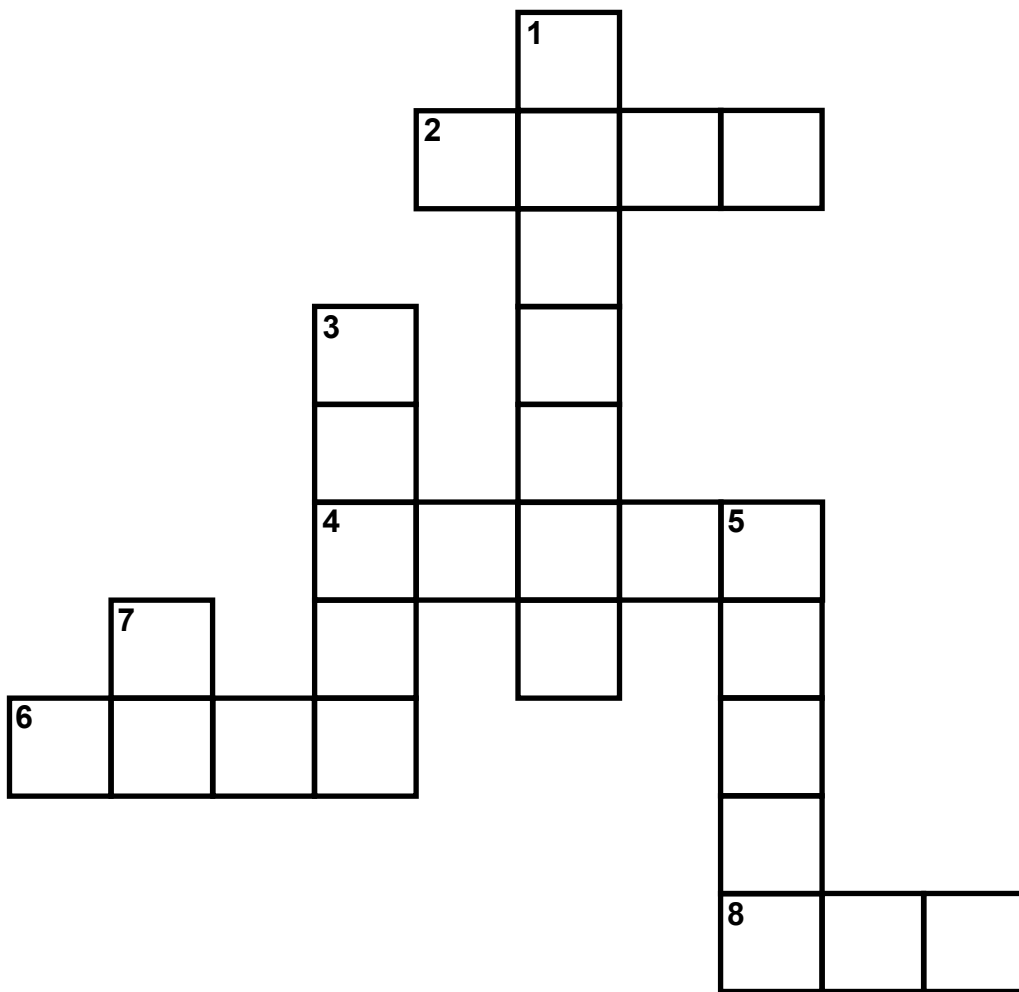
3  **stand**

6  **loud**

5  **touch**

8  **hit**

7  **no**

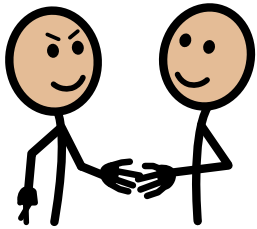


# Trusted Adult Word Search

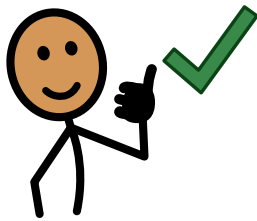


Do you know what makes someone a trusted adult? Find the words below and circle them.

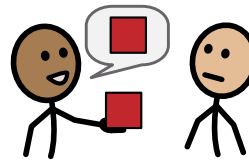
deceiving



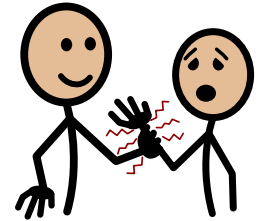
reliable



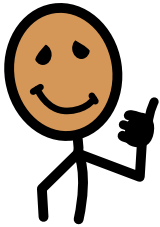
honest



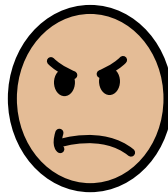
hurtful



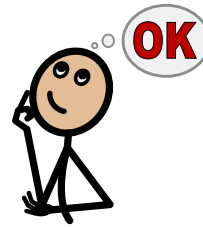
kind



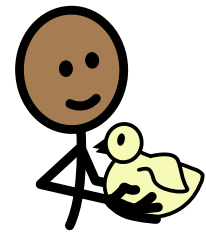
mean



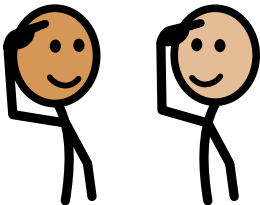
appropriate



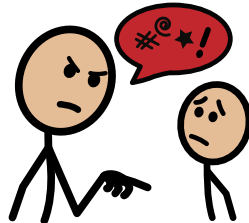
gentle



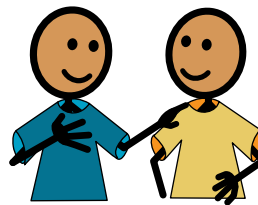
respectful



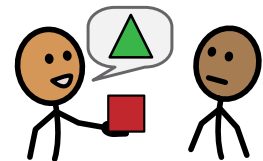
verbally abusive



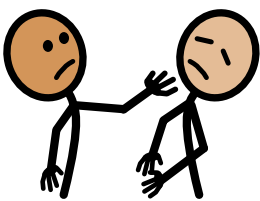
caring



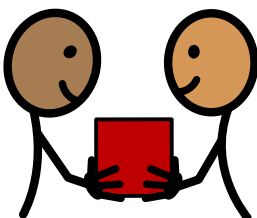
dishonest



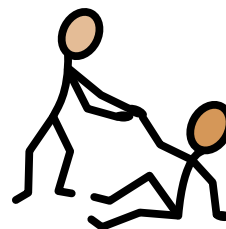
physically abusive



generous



helpful



fair

