Psalm 119:105

(Tune: Use the Contemporary Tune)



Thy word is a lamp unto my feet and a light unto my path.

Psalm 119:105

Accompanying Motions:

Thy	Point your pointer finger upward.
Word	Place hands palm to palm and open as if
	opening a book.
lamp	Hold one hand up slightly, with all fingertips
	of that hand touching the tip of the thumb.
	Spread apart your fingers. It will be as
	though a light is being turned on.
feet	Motion to your feet as you move them in a
	marching motion.
light	Use the same motion as for lamp, above.
path	Hold hands straight out from your body,
	parallel to each other. Move them back and
	forth to outline a path you are walking on.