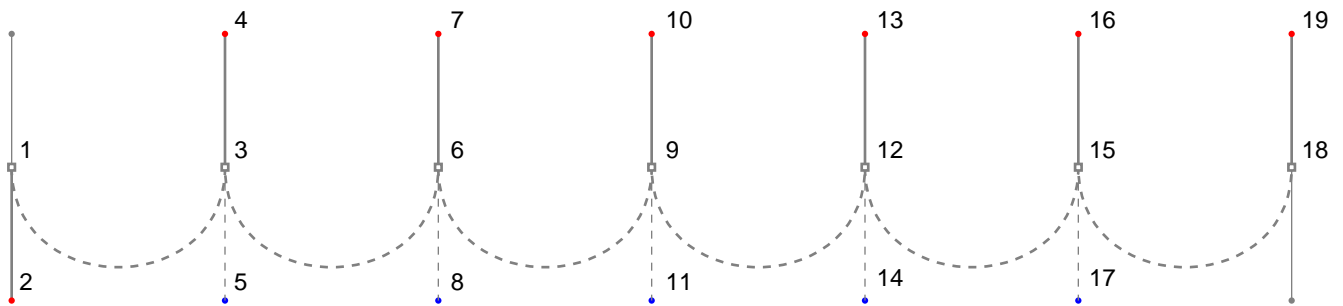First click the pen tool

Reversed Curves

Part One: Constrained Paths

A. Shift-Drag from anchor point at 1 to red dot at 2

B. Shift-Drag from anchor point at 3 to red dot at 4, then Alt-Shift-Drag from 4 to blue dot at 5

C. Shift-Drag from anchor point at 6 to red dot at 7, then Alt-Shift-Drag from 7 to blue dot at 8

D. Shift-Drag from anchor point at 9 to red dot at 10, then Alt-Shift-Drag from 10 to blue dot at 11

E. Shift-Drag from anchor point at 12 to red dot at 13, then Alt-Shift-Drag from 13 to blue dot at 14
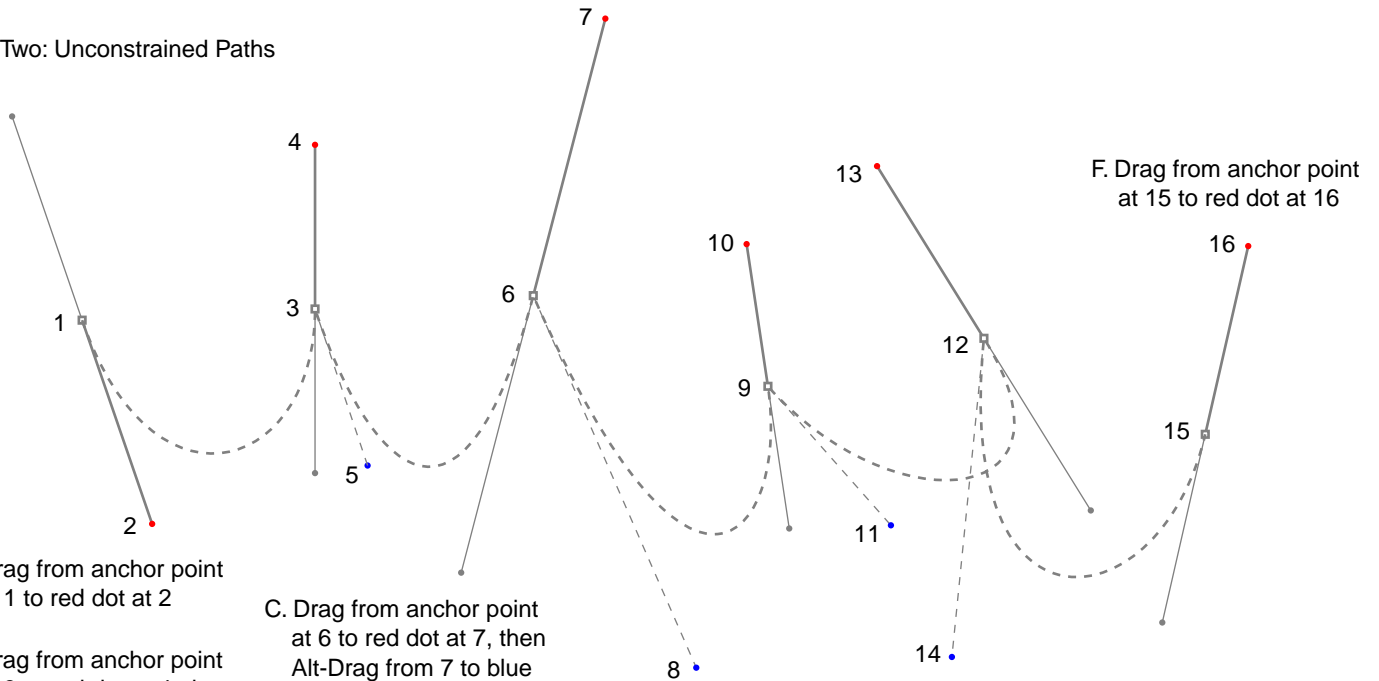
F. Shift-Drag from anchor point at 15 to red dot at 16, then Alt-Shift-Drag from 16 to blue dot at 17

G. Shift-Drag from anchor point at 18 to red dot at 19

(Windows®: use Alt to activate the Convert Direction Point Tool)
(Macintosh®: use Option to activate the Convert Direction Point Tool)

Part Two: Unconstrained Paths

A. Drag from anchor point at 1 to red dot at 2

B. Drag from anchor point at 3 to red dot at 4, then Alt-Drag from 4 to blue dot at 5

C. Drag from anchor point at 6 to red dot at 7, then Alt-Drag from 7 to blue dot at 8

D. Drag from anchor point at 9 to red dot at 10, then Alt-Drag from 10 to blue dot at 11

E. Drag from anchor point at 12 to red dot at 13, then Alt-Drag from 13 to blue dot at 14

F. Drag from anchor point at 15 to red dot at 16