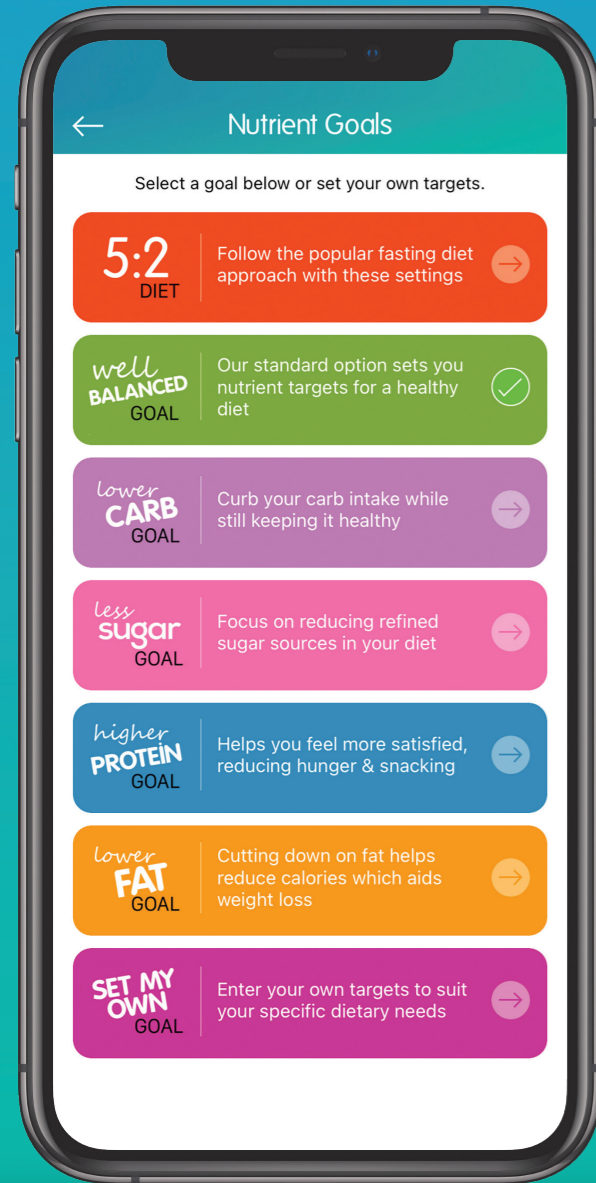


Set a nutrient goal
Includes 5:2 diet



Sync activity from
fitbit GARMIN



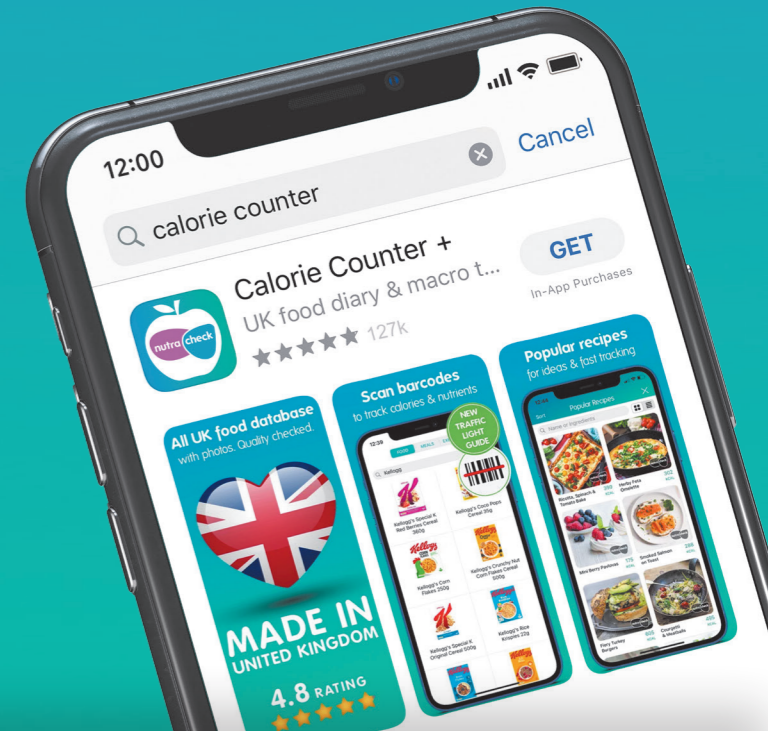
and Apple Watch
Plus 100s of HealthKit
connected apps & devices

Track your progress &
13 body measurements



Tracking your diet?

Download Nutracheck,
the App Store's top search
result for 'calorie counter'

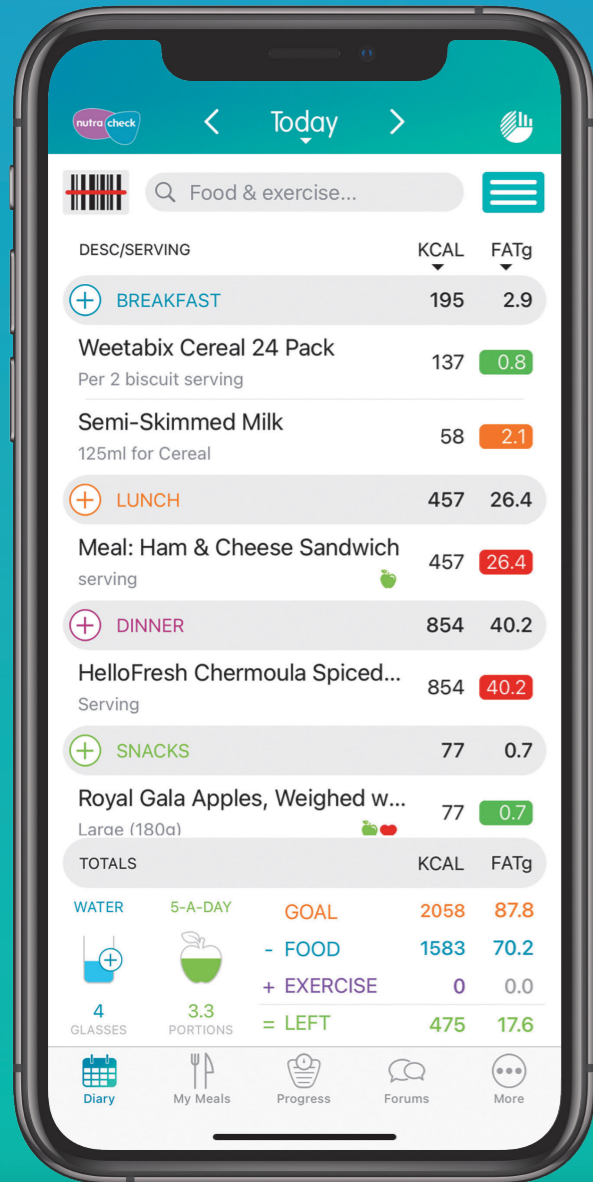


Rated 4.8 stars out of 5
4.8 rating - iOS App Store. Correct at time of print.

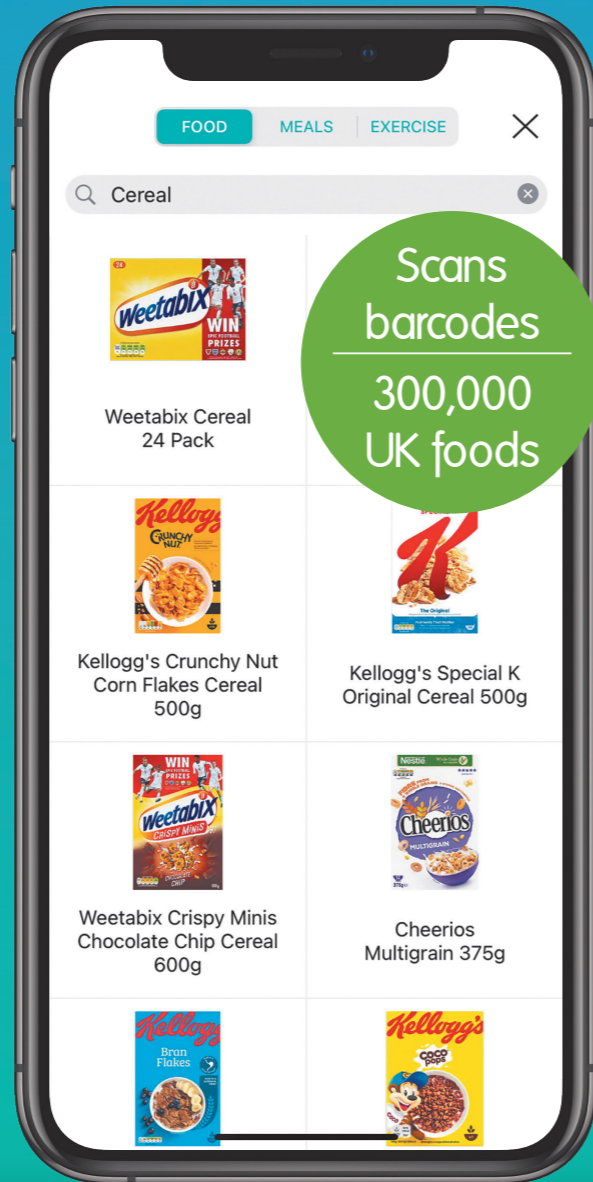
Download the Nutracheck app Search for 'calorie counter'



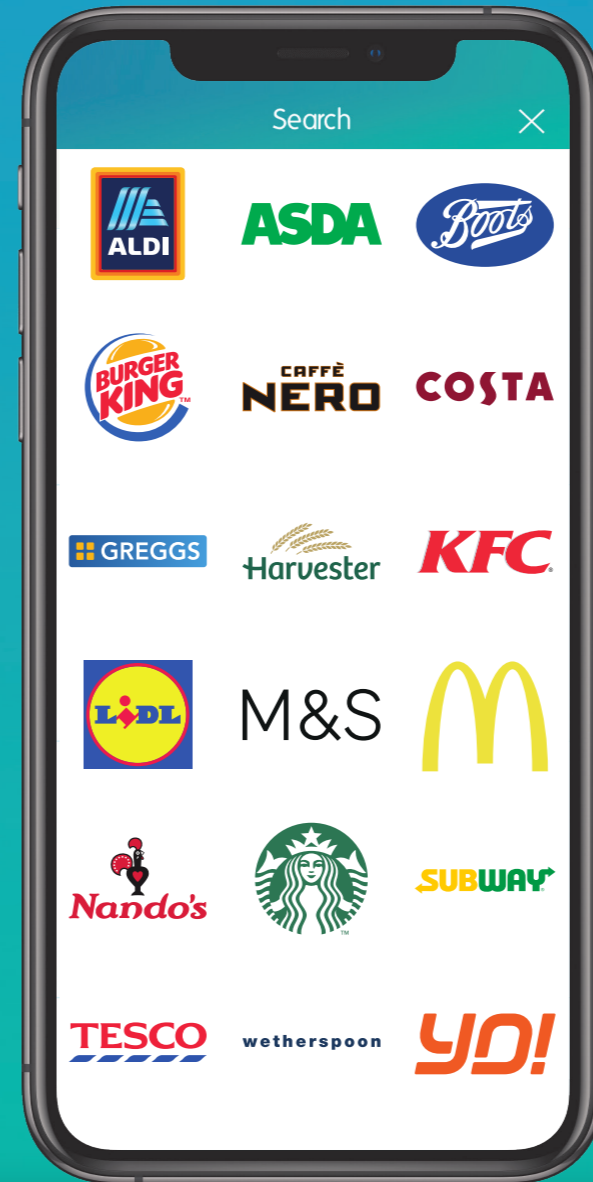
Easy nutrition tracking with traffic light guide



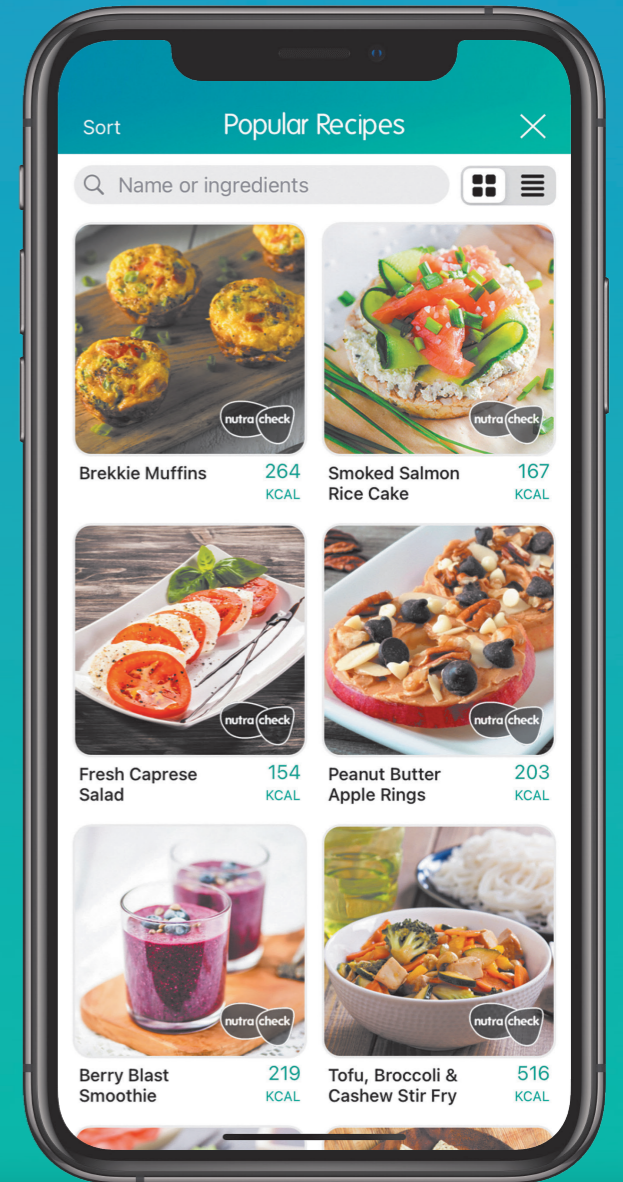
Food photos for speedy searches



UK's favourite brands & eating out places



Recipe ideas to inspire you



Rated 4.8 stars out of 5

4.8 rating - iOS App Store. Correct at time of print.

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