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Azadi Ka
Amrit Mahotsav



WOMEN DEVELOPMENT CELL JAMIA HAMDARD

SMALL STEP, BIG CHANGE



ABOUT THE CELL

Women Development Cell Jamia Hamdard is a vivacious and unremittingly energetic team of faculty and staff; to generate competent tolerant and gender sensitized community within campus. The cell focuses on socio-political, cultural, and legal perspectives through talks, workshops, trainings, health camps and symposia.

The Cell has been organising varied academic, technical, medical, cultural and social events for the upliftment of women.

OUR VISION

Educate young minds to join hands to grow a composed and stable living atmosphere.

MISSION

To inspire women folk to be self-sufficient and economically independent.

To develop confidence in the female students.

To equip females with knowledge and strength to fight against different kinds of violence: sexual, physical and mental.

OBJECTIVES OF THE CELL

Empowerment of women.

Awareness about health and hygiene.

Skill development of women.

Self-defence of women

To develop self-esteem and self confidence

Awareness about gender discrimination.

To foster decision making ability in women.

To develop multidisciplinary approach for the overall personality development.

To organize seminars, workshops relating to women development.

To prevent sexual harassment and to promote general well-being of female students, teaching and non-teaching staff.

FACULTY MEMBERS

Prof. Yasmeen Shamsi (Chairperson) Department of Moalajat,
SUMER

Dr. Sohrab. A. Khan (Special Invitee) Dept. of Rehab. Sciences, SNSAH

Dr. Farkhunda Jabin (Member) Ijaj Bit Tadbeer, SUMER

Dr. Kulsum Jan (Member) Dept. of Food Technology, SIST

Dr. Sahar Zaidi (PT) (Member) Dept. of Physiotherapy, SNSAH

Dr. Harleen Kaur (Member) Dept. of Computer Science and
Engineering, SEST

Dr. Huma (PT) (Member) Dept. of Physiotherapy, SNSAH

STUDENT MEMBERS

STUDENT SECRETARY

MUSKAAN GUPTA

VICE STUDENT SECRETARY

ANANYA MOHAN

CORE TEAM

Samriddhi Chakraborty

Faraz Fardeen

Vidushi Jha

Afza Miraj

VOLUNTEERS

Samreen Ayaaz

N. Padma Veena

Amina Khan

Roshni Ansari

Vidhi Khandpal

Saniya Shahnaz



EVENTS BY WDC

July 2023
Edition #1

The Women Development Cell at Jamia Hamdard has hosted a diverse range of events, including health camps, poster competitions, essay contests, webinars, workshops, quiz competitions, and lectures, addressing important topics and promoting empowerment and awareness.



The Women Development Cell of Jamia Hamdard organized a poster competition on mental health, stress, and coping strategies. A total of 31 contributions were received from various departments, and winners were selected by a jury of four judges.

»»» 22nd of Oct 2021

POSTER COMPETITION



ESSAY CONTEST

»»» 17th Feb 2022

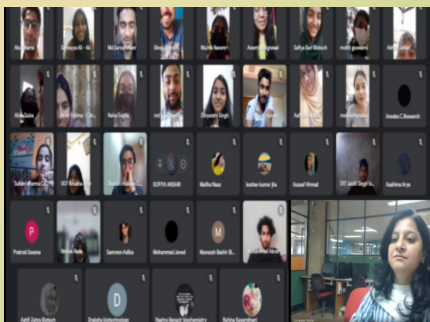
Jamia Hamdard's Women Development Cell held an essay contest on Hakeem Abdul Hameed's vision for women's empowerment. 22 participants from various university departments submitted essays that centered on empowering women. Winners were chosen by a committee of four jury members.



FREE HEALTH CAMP

»»» 8th March 2022

Jamia Hamdard's Women Development Cell collaborated with the Moalajat department and a rehabilitation center to organize a successful free health camp in New Delhi, addressing health issues and providing valuable healthcare services. Prof. Yasmeen Shamsi and a team of healthcare professionals and students from Jamia Hamdard assisted in the camp.



QUIZ COMPETITION

»»» 8th March 2022

A quiz competition on gender equality and development was organized by Jamia Hamdard's Women Development Cell. The competition received 254 entries from various schools within the university, and winners were determined by a committee of two jury members.





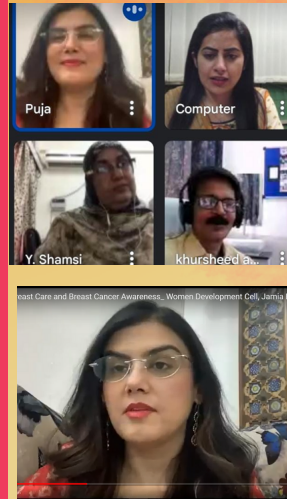
WORKSHOP ON SKILL DEVELOPMENT VIA HANDS-ON TRAINING ON BAKERY TECHNOLOGY

»»» 28th March 2022

Jamia Hamdard's Women Development Cell successfully conducted a workshop on bakery technology, providing hands-on training to 25 participants. The workshop was organized in collaboration with the Department of Food Technology and the Department of Moalajat.

LECTURE ON BREAST CANCER AWARENESS

»»» 4th April 2022



The Women Development Cell of Jamia Hamdard organized a webinar on self-breast care and breast cancer awareness. The webinar featured Dr. Puja Dewan as the distinguished speaker and aimed to educate and sensitize female faculty members and students about breast cancer screening.

LOGO DESIGNING COMPETITION

»»» 20th April 2022



Jamia Hamdard's Women Development Cell held a logo designing competition, with 21 contestants from various departments. Prof. Mohd Akram from the department of Tahaffuzi Wa Samaji Tibb won the first-place prize, and the winning logo is now featured on the cell's website and event materials.

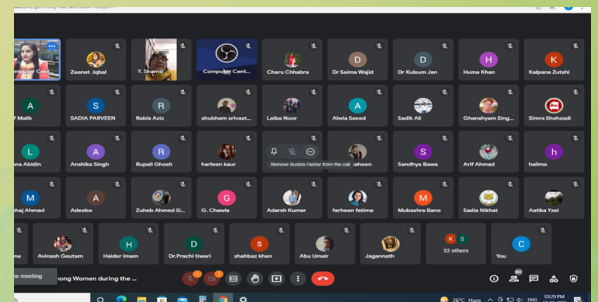


LECTURE ON CERVICAL CANCER

28th October 2022



In association with HIMSR's Obstetrics and Gynaecology department, Jamia Hamdard's Women Development Cell organized a lecture on cervical cancer awareness and prevention. The lecture, delivered by Dr. Dina Aisha Khan, highlighted cervical cancer prevalence, screening procedures, and care strategies. The event had over 100 attendees and also revealed the winner of a logo design competition.



WEBINAR ON MUSCULOSKELETAL HEALTH

»»» 17th February 2023

The Women Development Cell at Jamia Hamdard organized a webinar on musculoskeletal health, featuring a lecture by Dr. Sohrab Ahmad Khan. The interactive lecture emphasized the role of physiotherapy in preventing and intervening with musculoskeletal disorders.

FUTURE PLANS



Cell is forecasting to organize medical counselling for stress management among working women.

Cell is planning to organise a marathon, aerobics classes for a healthy and fit life.

To feast the importance and ways for empowering women several talks, workshops and events will be organized.

Cell is planning to organize camps for the awareness of healthy diets necessary for growing kids.

Cell will be involved in organizing different sports activities among women.

