



**Scheme of Examination
for
Post Graduate Programme
P.G. Diploma Yoga Science**

as per NEP 2020

Curriculum and Credit Framework for Postgraduate Programme

With Multiple Entry-Exit, Internship and CBCS-LOCF

With effect from the session 2024-25 (in phased manner)

**DEPARTMENT OF YOGA SCIENCE
(FACULTY OF EDUCATION)**

**CHAUDHARY RANBIR SINGH UNIVERSITY, JIND
HARYANA, INDIA**

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Chandrabhary Ramkrishna Singh University, Haldwari
 Scheme of Examination for Postgraduate Programme P.G. Diploma Yoga Science
 as per NEP 2020 (with them and Credit Framework for Postgraduate Programmes
 Framework-I) with effect from the session 2024-25 (in phased manner)
 Framework-II
 Scheme-Q

Semester	Course Type	Course Code	Nomenclature of course	Theory (T)/ Practical (P)	Credits	Contact hours per week				Internal Assessment Marks	End Term Examination Marks	Total Marks	Examination hours
						L: Lecture	T: Practical	P: Tutorial	Total				
1	CC-1	PYOG-101	Foundamentals of Yoga	T	4	3	1	0	4	30	70	100	3
	CC-2	PYOG-102	Hathiyoga	T	4	3	1	0	4	30	70	100	3
	CC-3	PYOG-103	Srimad Bhagavad Gita & Sankhyakarika	T	4	3	1	0	4	30	70	100	3
	CC-4	PYOG-104	Human Anatomy & Physiology for Yoga	T	4	3	1	0	4	30	70	100	3
	CC-5	PYOG-105	Naturopathy	T	4	3	0	2	5	30	70	100	3
	PC-1	PYOG-106	Yoga Practicum-I	P	4	0	0	8	8	30	70	100	4
	SEMINAR	PYOG-S-107	Seminar	S	2	2	0	0	2	0	50	50	1

Seminar of 2 credits will be a mandatory course in the 1st semester for all PG students

One of the compulsory Courses, "Constitutional, human, and Moral values, and IPR(CHM)" of 2 credits will be offered to all PG students in the 2nd semester.

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Semester	Course Type	Course Code	Name/Subject of course	Theory (T)	Practical (P)	Lecture				Total	Internal Marks	Final Marks	Total	Grade	
						L	T	P	Total						
2	CC-9	PYOG-201	General Psychology	T		3	1	0	4	30	70	100	3		
	CC-7	PYOG-202	Parajal Yogasana	T		3	1	0	4	30	70	100	3		
	CC-8	PYOG-203	Indian Philosophy & Culture	T		3	1	0	4	30	70	100	3		
	CC-9	PYOG-204	Healthy life & Diet Therapy	T		3	1	0	4	30	70	100	3		
	CC-10	PYOG-205	Introduction to Ayurveda	T		3	1	0	4	30	70	100	3		
	PC-2	PYOG-206	Yoga Practicum-II	P		0	0	8	8	30	70	100	4		
	CHM	PYOG-CHM-207	Constitutional, Human & Moral Values and IPR	T		2	0	0	2	15	35	50	3		
	Internship	PYOG-INT-208	An Internship Course of 4 Credits of 4-6 weeks duration during summer vacation after 11th semester is to be completed by every student. Internship can be either for enhancing the employability or for developing the research aptitude. Directions for internship: 1. Students will complete 4-6-week training camp in School/ College/ Hospital and any Public Place and present their report. 2. Attendance of Trainee and Photos must be in report.												

A student wants to continue his/her study after P.G. Diploma Yoga Science, he/she can join M.A. Yoga Science Program in IIIrd semester.

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Sl. No.	Course Type	Course Code	Nomenclature of course	Theory (T) Practical (P)	Credits	Contact hours per week			Internal Assessment Marks	End Term Examination Marks	Total Marks	Examinal on hours	
						L	T	P					Total
1	CC-56	PYOG-201	GENERAL PSYCHOLOGY	T	4	3	1	0	4	30	70	100	3
2	CC-57	PYOG-202	Paramal Yogasutra	T	4	3	1	0	4	30	70	100	3
3	CC-58	PYOG-203	Indian Philosophy & Culture	T	4	3	1	0	4	30	70	100	3
4	CC-9	PYOG-204	Healthy life & Diet Therapy	T	4	3	1	0	4	30	70	100	3
5	CC-10	PYOG-205	Introduction to Ayurveda	T	4	3	1	0	4	30	70	100	3
6	PC-2	PYOG-206	Yoga Practicum-II	P	4	0	0	8	8	30	70	100	4
7	CHM	PYOG-CHM-207	Constitutional, Human & Moral Values and IPR	T	2	2	0	0	2	15	35	50	3
8	Internship	PYOG-INT-208	An Internship Course of 4 Credits of 4-6 weeks duration during summer vacation after 11th semester is to be completed by every student. Internship can be either for enhancing the employability or for developing the research aptitude. Directions for internship: 1. Students will complete 4-6-week training camp in School/ College/ Hospital and any Public Place and present their report. 2. Attendance of Trainee and Photos must be in report.		50					50		100	

If a student wants to continue his/her study after P.G. Diploma Yoga Science, he/she can join M.A. Yoga Science Program in IIIrd Semester.

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