



STATEMENT OF PURPOSE & FUNCTION.

APRIL 2022



**TOOREEN, BALLYHAUNIS, CO MAYO, F35 AC63.
TELEPHONE: 0949639999/9639983.**

FAX 094 9639998

WEBSITE: AVEMARIANURSINGHOME.IE

EMAIL: INFO@AVEMARIANH.COM

The purpose of this Statement of Purpose is to provide you with the necessary information to decide on whether Ave Maria Nursing Home is an appropriate place for your loved one.

The Statement of Purpose is a requirement under The Health Act 2007 & The Care & Welfare Regulations 2013 & The Registration of Designated Centre for Older Persons Regulations 2009.



CERTIFICATE OF REGISTRATION – SECTION 50 OF THE HEALTH ACT 2007

Name of designated centre: Ave Maria Nursing Home

Telephone number: 094 963 9999

Address: Tooreen, Mayo **Registered provider:** Cummer Care Limited

Companies' registration office number: 354225

Address: Ave Maria Nursing Home, Tooreen, Ballyhaunis, Mayo, F35 AC63

Centre ID: OSV-0000315

Registration Number: REG-0034582 **Date of Registration:** 27 November 2021

Expiry Date: 26 November 2024

This to certify that Ave Maria Nursing Home is registered with the Office of the Chief Inspector of Social Services as a designated centre for the period noted above, with Cummer Care Limited as its registered provider and subject to the conditions of registration, specified below.

Management of the centre: Person(s) in charge name and telephone number: Una Kelly-094 963 9999

Name and telephone number of each person participating in management: Tommy & Anne Feeney - 094 963 9999

The maximum number of residents that can be accommodated at the centre is 41.

Condition 1

Subject to any prohibitions or restrictions contained in any other condition(s), the designated centre shall be operated at all times in accordance with its Statement of Purpose within the footprint of the designated centre on the floor plan dated 05/10/2021. The registered provider shall only provide for the specific care and needs and services within the facilities as set out in the Statement of Purpose as agrees with the Chief



Inspector at the time of registration. Any changes to the specific care and support needs and services provided must be agreed in advance with the Chief Inspector

Condition 2

Only persons aged 18 years or older shall be accommodated at the designated centre at any time.

Condition 3

The maximum number of persons that can be accommodated at the designated centre is: 41.

Condition 4

Notwithstanding the requirements placed on the registered provider to comply with the Health Act 2007 (Care and Welfare of residents in Designated Centres for Older People) Regulations 2013, the registered provider shall take all necessary action to comply with regulation 15; staffing by the 31 March 2022.



WELCOME TO
AVE MARIA NURSING HOME





Welcome to the Ave Maria Nursing Home

Ave Maria opened its doors on the 8th December 2003 on The Feast of The Immaculate Conception. It was erected in memory of John Morley by Tommy & Anne Feeney, and dedicated to Our Lady by Fr. P. Sheridan, OMI. Ave Maria was officially opened by Brendan Shine (singer & musician) on 15th August 2004, which is The Feast of the Assumption.

We are a family run modern spacious nursing home located in a small country village with mature gardens, vegetable gardens and in-house pets.

Our Nursing Home is bright and spacious with inviting public spaces, attractive dining, recreational and therapeutic facilities. The building is set within picturesque landscape, private garden spaces with secure perimeter with nature, plants, and greenery to view. Our rooms are spacious, bright, and comfortable, furnished to a very high standard with their own en-suite.

Residents are encouraged to personalise their rooms as they so wish to make it truly a home away from home. Residents can live with the peace of mind knowing that nursing and care staff are there for you 24 hours a day. Ave Maria provides a relaxed and nurturing environment to be enjoyed on a daily basis by residents, friends, and families.

In 2017 Ave Maria extended their facility to 41 beds single en-suite rooms along with the McWalter Suite sitting room, visitors and family rooms and pampering room. The newly extended Ave Maria officially opened on the 8th December 2017 with mass and entertainment provided by well-known singer and musician Mr. Sean Keane.

Since Ave Maria first opened its doors, our pets have been part of the life in the home. Todd & Belle are our adorable Bichon Frises who along our cat Puca provide endless comfort and entertainment for our residents.



Section1: Introduction

The Ave Maria nursing home was opened in the small east Mayo village of Tooreen, in 2003. The nursing home now caters for 41 Residents and enables them to continue to live their life through providing care with Fairness, Respect, Dignity, Equality, Autonomy and Privacy upheld on a 24/7 basis.

The ethos of the nursing home is to provide a highly individualised person-centred care approach, that meets religious, spiritual, emotional, social and physical needs of residents, while creating a home away from home environment.

The Ave Maria nursing home provides a relaxed and nurturing environment to be enjoyed on a daily basis by Residents, their Families and significant others, and whomever chooses to visit.

- Our care provision service here at Ave Maria Nursing Home values each resident individually, ensuring all needs and values are respected.
- Care is provided on a continual basis to each resident with respect to resident's privacy, independence, right to make informed decisions and right to take informed risk.
- At the Ave Maria we provide a safe, clean, tobacco free care environment with 41 En-suite bedrooms, communal areas, outside working gardens, lawned grounds with seating, flower beds and in-house pets.
- Within such a care environment all our Residents needs can be met with dignity, respect and sensitivity.



Section2 -Aims Objectives

Aim: Our aim is to create a home away from home environment, to deliver the highest possible standards of care to each individual resident, in a comfortable, safe and caring environment.

Objectives:

- To create a holistic environment to care for long term, short term, convalescent, respite, post-operative, palliative and end of life care, irrespective of dependency levels.
- To promote and maintain the highest standards of care provision for all residents at the Ave Maria through leadership, governance and management to ensure care is delivered-conjunction with best practice.
- To ensure our residents are cared for in a safe, caring and compassionate manner where family and friends are welcomed and involved.
- To deliver a person-centred care approach with each individual resident at the centre of the care delivered.
- To create person centred care plans for each individual resident, through consultation with residents, GP, MDT, families & significant other.
- To create a working environment which supports staff, through guidance, training and staff development, to improve the care delivered.
- To create a safe environment through regular audits on clinical and non-clinical aspects of the Ave Maria nursing home.



Section3-Resident'sneeds:

To meet and maintain the medical, social & physical wellbeing of our residents, The Ave Maria liaise with a large and varied support team.

These include:

- GP
- Physiotherapy*
- Pharmacist
- Speech & language Therapist
- Dietitian
- Optician
- Chiropodist
- Occupational Therapist
- Dentist
- Tissue Viability Nurse
- Old age psychiatrist

**A physiotherapist is employed at the Ave Maria and plays an integral role in the rehabilitation and wellbeing of each resident. The physiotherapist works with the multidisciplinary team and contributes to the resident's care plans.*

To help fulfil the residents social needs these are some of the activities we offer:

- Music sessions
- Painting
- Gardening (weather permitted)
- Mass
- Rosary & prayer sessions
- Pampering sessions

These can all be accessed in our spacious sitting room & pampering room.



Vision Statement

Our vision is to ensure the service we provide makes a positive difference to the quality of life of our Residents and that our Staff are valued for their contribution to our Residents improved quality of life.

Mission Statement

Our mission is to create a home where you are valued and cared for with dignity and respect. In comfortable and safe surroundings, the Ave Maria family provides you with a professional service, supporting you to achieve the best quality of life.

With a listening ear and a willing heart, we promote and enhance your way of life and the choices you make.

Steps to achieving our Mission Statement

1. Full recognition that all our residents have unique life histories, experiences and realities.
2. Full recognition that we require to adapt/create meaningful days through personal staff interactions, activities and involvement Residents families, significant others and of our entire Tooreen Village Community here in County Mayo.
3. Full recognition that we need to work together with Resident families (preconsent)and always value unique contributions to care needs.
4. Full recognition that we must support freedom of movement, freedom of expression and experience for all our Residents. We promote an environment which is warm and welcoming.
5. Full recognition to create an environment that is inclusive of human feelings of belonging, nurturing fresh and new relationships, underpinned by staff training, education and management support.



AVE MARIA NURSING HOME





Section5 -Governance &Management

Ave Maria Nursing Home is a private nursing home whose Providers are
Anne &Tommy Feeney

Anne & Tommy Feeney have been providers for the last 18 years.

Address: Tooreen, Ballyhaunis,Co Mayo, F35 AC63

Phone: 086-8051362

Email: info@avemarianh.com

The Person-in-Charge/Assistant Director of Nursing is: Una Kelly.

Email; doc@avemarianh.com

Phone; 094 9639999



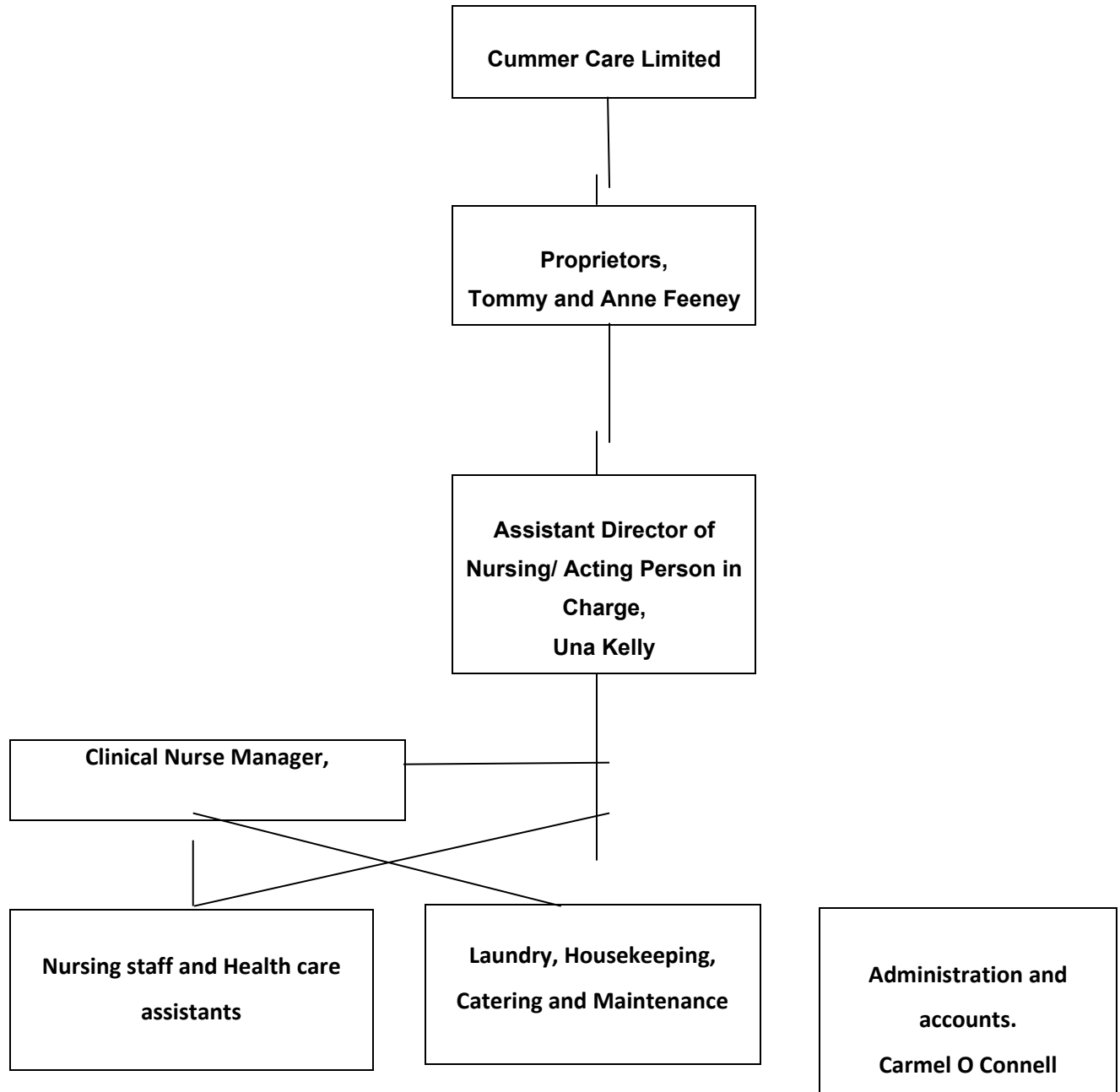
Organisational structure:

Ave Maria nursing home has a clearly defined management structure that identifies the lines of authority and accountability, specifies roles, and details responsibilities for all areas of activity. This management structure, and details of the complement of staff employed by the Ave Maria Nursing Home is identified below.

| Position | No. Employed | Whole Time Equivalent |
|------------------------|---------------------|------------------------------|
| Management | | |
| Registered Provider | 2 | |
| Director Of Nursing | 1 | 1 |
| Clinical Nurse Manager | 1 | 0.3 |
| Nursing Staff | | |
| Nursing Staff– | 5 | 5.6 |
| Vacancies | | 2.4 |
| Healthcare Assistants | 21 | 16.15 |
| Catering | | |
| Chef | 3 | 1.61 |
| Kitchen Assistant | 2 | 1.25 |
| Administration | 1 | 1 |
| Housekeeping | 3 | 2.15 |
| Maintenance | 1 | 1 |



Organisational Structure





Directors of the Ave Maria Nursing Home play a key role in the management of the nursing home with their hands on approach. The Acting Person in charge Una oversees the effective governance and management of the Ave Maria Nursing Home with the support of the Directors Anne & Tommy Feeney. In the event of the PIC absences, the clinical nursing manager will fill the role of PIC with the support of the Directors Ann & Tommy Feeney until the PIC returns to duty.

Section6-Care

Here at the Ave Maria, we offer a variety of care options to suit each individual Resident. We Liaise with GP's, MDT & hospitals to ensure that each Resident receives the appropriate package to facilitate their needs.

Pre-admission:

To ensure that the Ave Maria will meet all the Residents medical, physical & emotional needs, we facilitate a pre-admission assessment for all new Residents. This will be facilitated at the Resident's current place of residence- be that home or hospital.

We encourage all families and potential Residents to come and visit the facilities prior to agreeing admission. This gives both parties an opportunity to learn about the Residence and facilities, and review and discuss the contract of care. This ensures that all requirements can be met before the resident avails of a placement.



For emergency admissions where home/hospital visits are not feasible a full verbal handover must be sought by the nurse in charge from the Residents place of discharge or from their personal GP if they are coming from home.

Short Term Convalescence/Rehabilitation Care/Respite:

Ave Maria Nursing Home is registered under HIQA. Medical and Post Surgery Rehabilitation care is provided through a range of support services tailored to each resident's needs. Our Physiotherapist does an assessment post-surgery. The physiotherapist assesses the Resident's mobility needs and develops a plan of care for rehabilitation.

Short-term Respite Care:

We provide respite care for residents so family, carers and Residents, have a chance to take a break for a short period. This can be planned or provided at short notice.

Funding for respite care is provided either privately, or on contract through the HSE.

General Long-Term Care:

General long-term care is offered to those requiring all levels of assistance with activities of daily living. Funding for long-term care can be accessed through the Nursing Home Support Scheme (Fair Deal) or privately. Our



range of activities and rehabilitation services are therapeutic and aim to enhance each person's quality of life through promoting wellbeing and a homely environment.

Categories of care:

Age Profile: No person under the age of 18 years of age shall be accommodated at the designated centre Ave Maria Nursing Home at any time. We provide accommodation for both male and female residents aged

65 years and over. However, in some circumstances we will provide end of life or palliative care to people aged 30 years and over. We provide long term, short term, convalescent and respite care. All levels of care needs and dependencies are admitted to the Ave Maria Nursing Home.

Gender: As all our rooms are single en-suite. We do not differentiate between male and female Residents.

Dependency Levels

Low Dependency: this category refers to people who need some support in their everyday life. They are usually independently mobile but may use a walking stick and have difficulty managing some daily routines.

Medium Dependency: Persons whose independence is impaired to the extent that the/she requires residential care because the appropriate support and nursing care required by the person cannot be provided at home but is not bed bound. Mobility is impaired to the extent that the person requires supervision or a walking aid or assistance. The person may have a combination of physical and mental disabilities, maybe confused at times and be incontinent.

High Dependency: Persons whose independence is impaired to the extent that she/he requires nursing care but is not bed bound. They



may have a combination of physical and mental disabilities, may be confused at times and may be incontinent.

Maximum Dependency; Persons whose independence is impaired to the extent that they require assistance with most or all Activities of daily Living. They require Nursing Care and are likely to be bed bound, and may be ambulant but confused, disturbed and incontinent.

Section7: Dignity, Privacy Safety and Wellbeing

In accordance with the policies of the Ave Maria, all Residents will be treated with dignity & respect during their stay. Staff and visitors will knock before entering Resident's private bedrooms and communal bathrooms. Staff will maintain confidentiality in relation to all Resident care and information. All Residents will be provided the choice to decide on their daily care requirements including the time they get up/go to bed, where they will enjoy their meals etc.

Residents Personal Care:

Recognising and promoting the rights of Residents is a fundamental part of the care provided at Ave Maria Nursing Home. We also recognise the Ave Maria has a responsibility to ensure that all Residents receive the most appropriate and beneficial care at all times.

The management and care team promote independence and choice for all Residents. All Residents are treated with dignity and respect at all times. Ave Maria Nursing Home ensures that all Residents receive assistance with personal care and hygiene if and when they require it. All Residents are provided with advice on how to attend to their personal hygiene, based on their requirements.



Residents are informed and have the right to know the name and position of all individuals who are caring for them and who they may encounter in the Ave Maria Nursing Home.

All Residents have the right to access all kinds of information regarding their condition and the health services. All Residents have the right to information regarding their medical condition, diagnosis, prognosis treatments and potential risks of treatment.

Residents will be provided with information in a format which they will understand.

Residents Personal Items:

Residents are encouraged to bring personal items and pieces of furniture with them to the nursing home. We are more than happy to personalise bedrooms by hanging pictures or photos on the walls of individual bedrooms as this contributes to the homely atmosphere of the nursing home.

All resident's personal items will be documented on and put in their file on admission. All staff will take reasonable measures to protect the monies, clothing, possessions and valuables of Residents and will report any concerns to The Person in Charge or The Registered Provider. All valuables or sums of money are documented and placed in the nursing home safe for the Resident. A receipt is signed and dated by staff.

Residents' valuables are kept secure always. Ave Maria Nursing Home accepts no responsibility for monies or valuables that have not been registered and placed for safekeeping.

In relation to personal clothing, on admission, all clothing is identified and documented and details are entered in the resident's file.

Due to the delicate nature of hearing aids, we ask that the Resident's or their families take out the necessary insurances to cover their



replacement as we cannot accept responsibility for their loss or damage.

Closed Circuit Television (CCTV):

Closed Circuit Television is in use in outdoor areas and the main and back entrance. The use of CCTV is for the safety of our residents and is for security purposes. Please note that CCTV is not in use in private areas such areas

where there is classified at such as the Clinical room, in bedrooms, sitting rooms, dining rooms or in any en-suite or bathroom.

There is a CCTV screen within the Nursing Home in the Administration office.

Door Alarms:

There are door alarms on all fire exits along with a magnetic lock. Monitor screens are positioned throughout the nursing home to confirm where the alarm is ringing. The purpose of the alarm is to promote awareness of Residents at risk of leaving the building.

Restraint free environment:

People have the right to live as independently as possible without



unnecessary restriction. Here in the Ave Maria nursing home, we try to achieve this by taking a positive and proactive approach to reducing and eliminating restrictive practices. The Ave Maria nursing home provides care which is person centred, promotes Residents rights, ensures their privacy and dignity are respected and safeguards them against all forms of abuse.

Section8: Facilities:

The number and size of bedrooms in the designated centre:

Ave Maria Nursing Home is registered with HIQA & NHI and is a purpose-built care facility located in a small country village in Co Mayo.

Ave Maria Nursing Home consists of bright and spacious single en-suite rooms. Each room can be decorated by each Resident's personal belongings. We have a total of 41 single en-suite bedrooms set in 4 different wings, broken down as follows:

St. Bridget's

7 bedrooms single en-suites

St Martins

16 Bedrooms single en-suites

St Johns



10 bedrooms single en-suites

St Michaels

8 bedrooms single en-suites

Room numbers dimensions and area:

| | name | room no | room only | | | ensuite | | |
|----|---------|---------|-----------|-------|----------------|---------|-------|----------------|
| | | | w | depth | m ² | w | depth | m ² |
| 1 | bedroom | 1 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 2 | bedroom | 2 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 3 | bedroom | 3 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 4 | bedroom | 4 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 5 | bedroom | 5 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 6 | bedroom | 6 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 7 | bedroom | 7 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 8 | bedroom | 8 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 9 | bedroom | 9 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 10 | bedroom | 10 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 11 | bedroom | 11 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 12 | bedroom | 12 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 13 | bedroom | 13 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 14 | bedroom | 14 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 15 | bedroom | 15 | 3.15 | 3.15 | 9.92 | 2.45 | 1.10 | 2.70 |
| 16 | bedroom | 16 | 3.15 | 3.15 | 9.92 | 2.45 | 1.10 | 2.70 |
| 17 | bedroom | 17 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |



| | | | | | | | | |
|----|---------|----|------|------|-------|------|------|------|
| 18 | bedroom | 18 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 19 | bedroom | 19 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 20 | bedroom | 20 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 21 | bedroom | 21 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 22 | bedroom | 22 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 23 | bedroom | 23 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 24 | bedroom | 24 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 25 | bedroom | 25 | 3.15 | 3.15 | 9.92 | 2.45 | 1.10 | 2.70 |
| 26 | bedroom | 26 | 3.15 | 3.15 | 9.92 | 2.45 | 1.10 | 2.70 |
| 27 | bedroom | 27 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 28 | bedroom | 28 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 29 | bedroom | 29 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 30 | bedroom | 30 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 31 | bedroom | 31 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 32 | bedroom | 32 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 33 | bedroom | 33 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 34 | bedroom | 34 | 3.15 | 3.15 | 9.92 | 3.15 | 1.10 | 3.47 |
| 35 | bedroom | 35 | 3.55 | 3.10 | 11.01 | 3.10 | 1.25 | 3.88 |
| 36 | bedroom | 36 | 3.50 | 3.10 | 10.85 | 3.10 | 1.25 | 3.88 |
| 37 | bedroom | 37 | 3.45 | 3.45 | 11.90 | 3.45 | 1.25 | 4.31 |
| 38 | bedroom | 38 | 3.45 | 3.45 | 11.90 | 3.45 | 1.25 | 4.31 |
| 39 | bedroom | 39 | 3.45 | 3.45 | 11.90 | 3.45 | 2.60 | 8.97 |
| 40 | bedroom | 40 | 3.45 | 3.45 | 11.90 | 3.45 | 1.25 | 4.31 |
| 41 | bedroom | 41 | 3.45 | 3.45 | 11.90 | 3.45 | 1.25 | 4.31 |

All bedrooms are single en-suite rooms. Each en-suite is fitted with, toilet, wash hand basin, shower, call bell, hand rails, shaving light & mirror.

| | |
|--------------|-------|
| Room | m2 |
| Walter suite | 47.66 |
| store | 3.10 |
| toilet | 5.27 |



AVE MARIA NURSING HOME

| | |
|------------------------|-------|
| bathroom | 8.59 |
| pampering room | 24.81 |
| oratory | 17.45 |
| visitors room | 12.40 |
| oratory | 18.60 |
| bathroom | 8.99 |
| medical room | 13.70 |
| office | 3.00 |
| store | 3.70 |
| bathroom storage | 10.87 |
| sitting area whit sink | 10.85 |
| dining room | 47.04 |
| kitchen | 30.25 |
| cold store | 4.32 |
| dry store | 4.32 |
| wc | 3.77 |
| wc | 2.88 |
| staff room | 16.49 |
| sluice room | 12.90 |
| laundry | 25.86 |
| summer suite | 28.35 |
| nurse station | 6.25 |
| bathroom | 8.38 |
| heating | 4.25 |
| foyer | 73.17 |



| | |
|----------|------|
| db board | 2.00 |
| db board | 2.00 |

All rooms are equipped with Nurse-call systems.

All 41 rooms have en-suite facilities and all are wheelchair accessible.

All rooms have lovely views from the busy front to the green hills and fields of the countryside. Each Resident bedroom has their own TV and nurse call system.

Residents can access the communal newspaper or have the option to order a personal paper. If residents wish to make an outgoing call, they will be facilitated to do so. Wireless internet is available.

Section 9: Admission Contract of Care

Upon admission all residents will be given a Contract of Care within one week of their admission. The contract provides a legally binding commitment to terms and conditions. The terms and conditions are outlined in the Contract of Care and relate to the services provided and agreement to pay the required fee(s) as per individual agreement.

We encourage Residents and their representative to take the time to read and understand the terms of the Contract of Care. The contract outlines the room that will occupy and states they will not be moved from their room unless at their own request or for medical or safety reasons. We reserve the right to move a Resident from their room if there is an identified risk in the Resident remaining in their own room. The reason for moving a Resident to another room is always discussed with the Resident and their family. **The contract details the fee charged to the Resident and clearly outlines the services that will be provided.**

| |
|--------------------------|
| Costs not covered |
|--------------------------|



| |
|--|
| Hairdressing Male – wash & cut €10 Female – wash & Cut, Cut & Colour, Perm - €20 - €70 (all services are charged at cost and range from €10 to €70) |
| Personal newspaper €2.90 (charged at cost) |
| Weekly charge €25 |
| Chiropody (see note below) charged at cost €30 |
| One to One Physiotherapy. Charged at cost €50 |
| Reflexology - Charged at cost €40 |
| All these services are charged at cost and range in prices from €10 to €70 |

Residents who have a GMS card (medical card) are entitled to a range of Services including Optician and Chiropody Services. Ave Maria Nursing Home will advocate for these Services for our Residents, however, if Services are not available in a timely manner, we may in the Residents best interest and with the Residents consent seek to have the Resident seen privately. We believe in Person and family centred care, so our Residents and their families (with Resident's consent) are always included in such decisions.

Health screening in elderly care is available for such things as bowel, breast, and cervical cancer, also for Diabetic Retinopathy. Ave Maria Nursing staff engage with these screening programmes with the aim being early detection and prompt treatment for our Residents contributing to their overall wellness.

G. P's:

We respect each resident's individual right to remain with their own personal GP, however a change of GP may be required if the GP is not covered by Westdoc (the out of hours service) or the GP does not cover the nursing



home area for house calls. The nursing staff will liaise with the Resident and the family to find a suitable alternative GP if this is required

Individualised Care Planning:

Care plans for each Resident will be completed by the nursing staff in conjunction with the Resident and the family within 72 hours of admission.

This will detail all care requirements and how we will meet these requirements.

These care plans will be updated every 3 months or sooner should individual circumstances change.

Section 10: General Information Visiting times & family:

There are no set visiting times in the Ave Maria Nursing Home. Residents are encouraged to have visitors to the home as frequently as possible. We are flexible about visiting times and hope visitors use their own discretion regarding visiting at meal times or if a Resident is unwell. We respect that any Resident may choose to refuse visitors.

All visitors are expected to sign in and out of the nursing home and to utilise the alcohol-based hand sanitizers that are located at each exit door.

If you have any queries, please ask any member of staff for assistance.

Ave Maria Nursing Home reserves the right to close all or part of the nursing home to visitors if there is a reason to do so. This would only happen in exceptional circumstances such as a Health and Safety issue (or for example –Covid19).



We would request that in the interests of resident safety, visitors who are experiencing Covid symptoms, flu like symptoms or vomiting or diarrhoea would refrain from visiting the nursing home on account of the risk of potential infection.

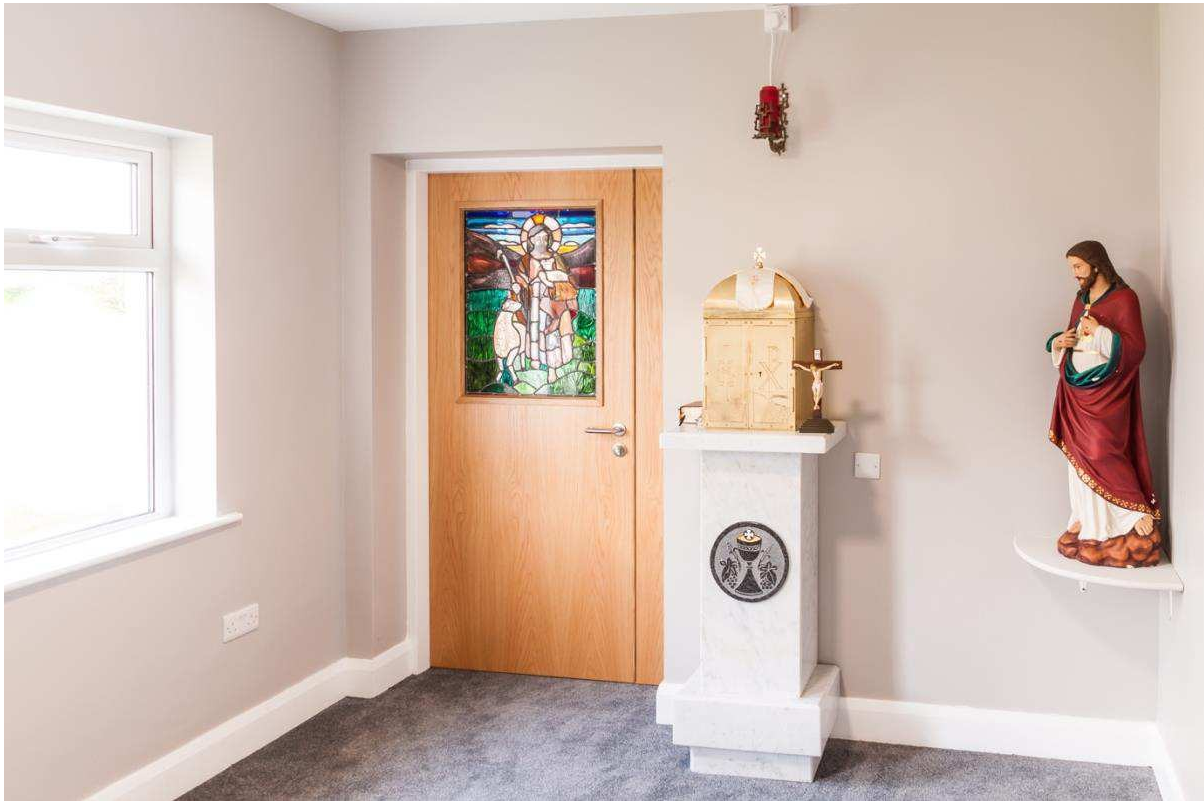
We invite and encourage families to join us on our special occasions, e.g. Parties, Concerts, Gardening, etc.

Residents Meetings are held monthly and Family Forums are held regularly, where Residents and their families are invited to give feedback and make suggestions.

Spiritual needs:

People of all denominations, faiths and beliefs are welcomed in the Ave Maria Nursing Home. All Residents who wish to be anointed are anointed once a month. The visiting priest also hears confessions and provides Pastoral care. There is an oratory located near the day room for Residents, families and

visitors to sit and reflect in a quiet space. In the unfortunate event of the death of a resident, the Ave Maria Nursing Home works closely with family members and funeral directors to ensure that any wishes expressed by the resident and/or family members are accommodated in arrangements, within reason.



Alcohol & Drugs Policy:

For the purpose of this policy the term drugs will be defined as all mood-altering substances, either legal or illegal. This includes alcohol, prescribed and other medications, in addition to illegal and illicit substances. This policy does not refer to tobacco use which is dealt with separately. There is a separate Alcohol and Drugs Policy that applies to staff. Ave Maria Nursing

Home is committed to providing an environment which is healthy and safe for residents and staff alike. Substance abuse is dealt with under the health and



safety act and the legislation.

This policy should be seen in the context of the promotion of health, safety and welfare of all those who work, visit and are cared for at Ave Maria Nursing Home. Alcohol and other drugs affect concentration and co-ordination, and can interact badly with other prescribed drugs and therefore are not conducive with a healthy and safe environment.

Visitors are not permitted to provide drugs, prescribed and other medications, or illegal and illicit substances, to any resident. Where it is suspected that a visitor to Ave Maria Nursing Home is in the possession of, or has offered to a resident, an illegal or illicit substance, the Ave Maria reserves the right to report the matter immediately to An Garda Siochana.

Ave Maria Nursing Home organises events (such as a Christmas party, birthdays, etc,) where alcohol may be available. However, the nursing staff will at all times make a decision (based entirely on Resident safety) regarding the consumption of alcohol by individual Residents on the basis of medical advice pertaining to the Resident at the time.

Tobacco:

Ave Maria Nursing Home is committed to providing a safe and healthy environment for Residents and staff alike. Ave Maria Nursing Home does not permit smoking within the Nursing Home. Under no circumstances are Residents allowed to smoke in their bedrooms.

Fire Safety & Training:

There is an automatic fire detection system present throughout the building as well as a large number of fire extinguishers. In the event of a fire the fire alarm will activate and the location of the fire will be displayed on the fire



alarm panel at reception.

All internal doors in the nursing home close and the magnetic system on all external doors will open. The Nurse in charge is the nominated person to steward the evacuation.

Fire training is provided at least every 12 months and all new staff will receive fire training as an initial part of their induction programme.

Our fire evacuation procedure is clearly communicated to staff. Details of what to do in the event of a fire are prominently located throughout the nursing home along with maps of current locations.

In the event of a fire, staff are trained to respond appropriately and move Residents or visitors at risk to a nominated place of safety.

All firefighting and alarm equipment is maintained in accordance with relevant Fire Safety Legislation. Our fire alarm is monitored by an external monitoring company "Appex" to provide added security.

Training & Development Programme:

At the Ave Maria Nursing Home, we fully understand how important our staff are and that we would be unable to operate without such a good team.

Ave Maria fully supports the provision of clinical and human resource policies, staff appraisal, supervision, mandatory and non-mandatory training and development programmes, so our staff can retain their competence, education and skills to meet the daily needs and abilities of our 41 residents.

Training/education is carried out on an on-going basis for care assistants and nurses. Full recognition that HIQA standard 24 is achieved for all care assistants per level 5 Fetac.



Section11: Complaints &Concerns

All complaints, comments, suggestions, concerns about services, oral or written will be taken seriously and handled in a sensitive, timely and effective manner that protects the rights, privacy, dignity and confidentiality of all those involved.

Concerns and / or complaints will be used to aid continuous quality improvement and risk management of services provided. A copy of our complaints policy will be clearly displayed at reception.

A complaint is an expression (verbal) or statement (written) of dissatisfaction that requires a response. (Healthcare Commission 2008). All complaints both written and verbal will be acknowledged and will be recorded in our complaints log.

All complaints will be investigated by the Director of Nursing or Clinical Nurse Manager. All complaints will be communicated and the complainant will be made aware of the outcome. If the complainant is not satisfied with the outcome, they may escalate the complaint to the providers. The

Providers are made aware of all complaints. At any time, the complainant has the Right to make their dissatisfaction known to HIQA. Ave Maria Nursing Home have links with Advocacy Services which may assist Residents in voicing their complaints and concerns. Details are available in our Complaints policy.

Allegations of abuse; physical, psychological or emotional, neglect, theft or other are investigated in line with the policy on Elder Abuse. They are reported to HIQA in accordance with the law. Notification to HIQA is completed by the DON or the CNM in her absence.



Advocacy:

Independent advocates are a critical resource for people who cannot speak for themselves or who need support to pursue their rights. For those older people who cannot speak for themselves, or do not have a family member to represent them, access to an advocacy service allows their voice to be heard, their needs addressed, their rights respected. Here at the Ave Maria, we have an advocate available to all residents and their families.

MaryTrench:0949540070

Further details available at reception. We also have links with Sage Advocacy Services.

Conclusion:

Ave Maria Nursing Home provides high quality care in a welcoming environment, personalized for every resident. The nursing home provides all en-suite rooms and we encourage residents to make them their 'home away from home'. Our nursing home has lots of areas to relax and unwind with a loved one, as well as beautiful wheelchair-friendly gardens and patio areas. We are passionate about providing the best care and service which suits individual needs.

The dedication and devotion of our highly- trained staff has established our reputation as an exceptionally 'friendly and caring nursing home'. Carers and qualified nurses are on duty twenty-four hours a day. Our residents' quality of



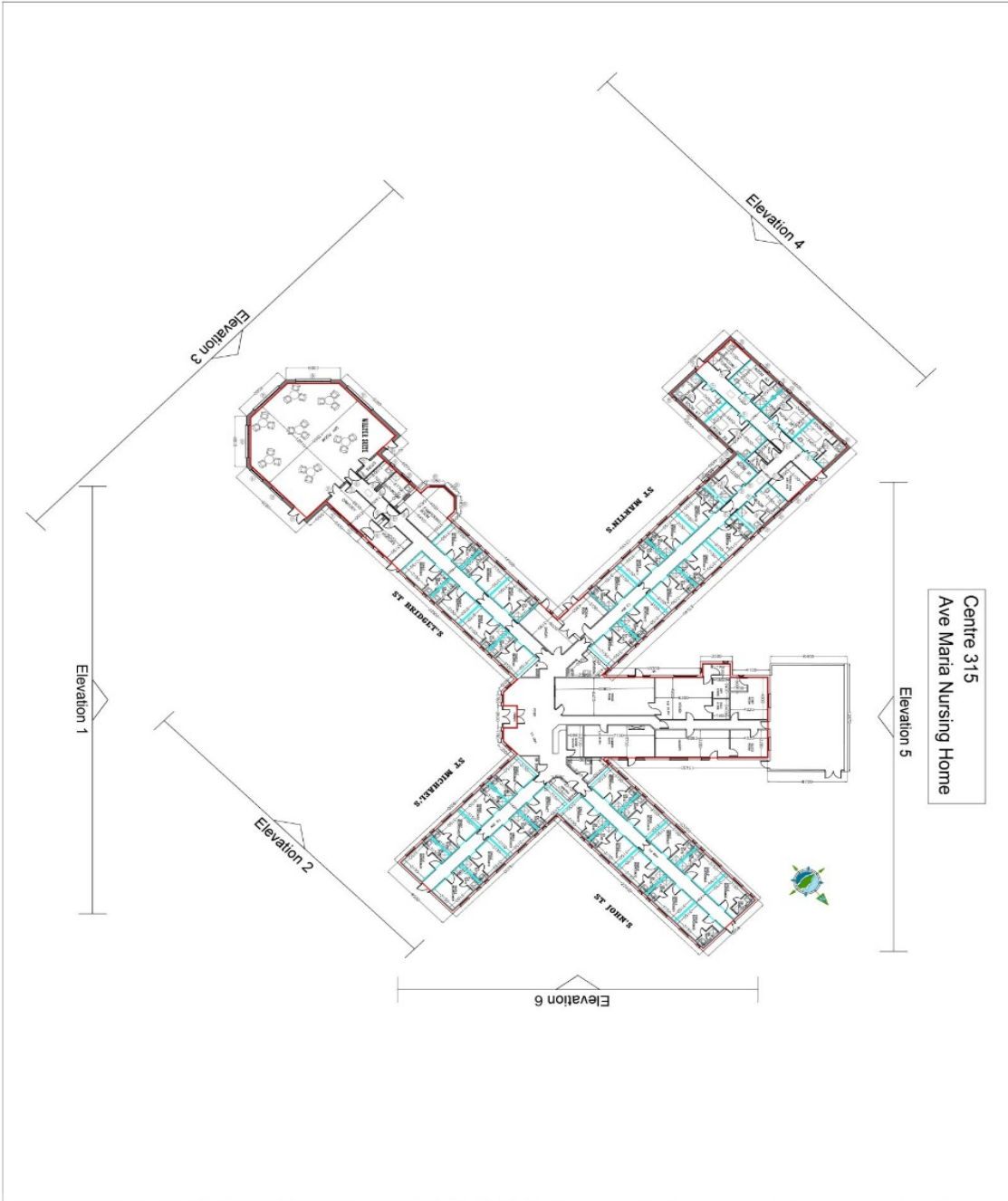
life is greatly enhanced by the comfortable, warm and safe environment that our nursing home provide. Our staff demonstrate and foster empathy, compassion and sensitivity towards our residents, families, friends and community.



Appendix2: Floor Plans



AVE MARIA NURSING HOME



Centre 315
Ave Maria Nursing Home

NOTES

1. FLOOR DIMENSIONS ONLY TO BE TAKEN FROM THE DRAWING UNLESS OTHERWISE SPECIFIED BY THE ARCHITECT.
2. DIMENSIONS TO BE CHECKED BY THE CONTRACTOR ON SITE.
3. DIMENSIONS TO BE CHECKED BY THE CONTRACTOR ON SITE.
4. ALL DIMENSIONS RELATE TO CHANGING DIMENSIONS AT THE TIME OF CONSTRUCTION.
5. THIS DRAWING IS FOR PRELIMINARY PURPOSES ONLY.

| NO. | DATE | DESCRIPTION | BY | CHKD. |
|-----|------------|------------------|----|-------|
| 1 | 12/01/2011 | Issue for tender | JK | BL |
| 2 | 12/01/2011 | Issue for tender | JK | BL |
| 3 | 12/01/2011 | Issue for tender | JK | BL |
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| 49 | 12/01/2011 | Issue for tender | JK | BL |
| 50 | 12/01/2011 | Issue for tender | JK | BL |

Client: **Commerica Ltd.**

Project: **Expansion to Ave Maria Nursing Home at Tooreen, Ballyvaughan**

Title: **Proposed Floor Plans Centre 315 Ave Maria Nursing Home**

Scale: **0.4x = 1:200**

Prepared By: **GH** Date: **June 17**

Checked By: **BL** Date: **June 17**

Product Division: **MA.MD.**

TOBIN
TOBIN Consulting Engineers
Capeview, Ballyvaughan, Co. Kerry
Tel: +353 (0)21 90 20018
Fax: +353 (0)21 90 20018
www.tobin.ie

Drawing No: **5304-6007**

Revision: **G**



VACCINE MENU 2021

COFFEE/TEA BREAK

Savoury Scones

(Cheese & Tomato)

And

Sweet Scones

(Cranberry & Orange)

Lunch

Homemade Vegetable Soup

Fruit Cup

Honey Roast Gammon, Fresh vegetables & Potato

Chicken Curry & Boiled Rice

Desserts

Mint Ice Cream

Apple Tart & Custard

Tea & Coffee & Sweets



Filling the cup with positivity – Ave Maria Nursing Home



Wellbeing tips during lockdown for staff at Ave Maria NH

- Sleep 7 to 9 hours a day
- Eating - 3 nourishing meals
- Always keep yourself hydrated and limit Alcohol
- Vitamin D supplements
- Regular exercise – Walking, Cycling, Dancing, DIY work at home
- Limit screen time
- Time with nature – Indoor or outdoor plants and greenery
- Meditate / Pray
- Read feel good books and stories
- Spend time with loved ones – Zoom Call, Board Games, Quiz
- Take time to Reflect and not React in difficult situations
- Gratitude Journal – You can use “Happyfeed” App to jot down thoughts
- Show “Compassion” and “Kindness to all – We are in this together.