



RULES TO HELP YOU SURVIVE IN AN EARTHQUAKE

During the shaking:

- 1. Don't panic.** The motion is frightening, but unless it shakes something down on top of you, it is harmless. The earth does not yawn open, gulp down a neighborhood, and slam shut. Keep calm and ride it out.
- 2. If it catches you indoors, stay indoors.** Take cover under a desk, table, bench, in doorways, halls, and against inside walls. Stay away from glass.
- 3. Don't use candles, matches or other open flames,** either during or after the tremor. Douse all fires.
- 4. If the earthquake catches you outside,** move away from buildings and utility wires. Once in the open, stay there until the shaking stops.
- 5. Don't run through or near buildings.** The greatest danger from falling debris is just outside doorways and close to outer walls.
- 6. If you are in a moving car,** stop as quickly as safety permits, but stay in the vehicle. A car is an excellent seismometer, and will jiggle fearsomely on its springs during the earthquake, but it is a good place to stay until the shaking stops.

After the shaking:

- 1. Check your utilities,** but do not turn them on. Earth movements may have cracked water, gas, and electrical conduits.
- 2. If you smell gas,** open windows and shut off the main valve. Then leave the building and report gas leakage to authorities. Don't reenter the house until a utility official says it is safe.
- 3. If water pipes are damaged,** shut off the supply at the main valve.
- 4. If electrical wiring is shorting out,** shut off current at the main meter box.
- 5. Turn on your radio or television** (if conditions permit) to get the latest emergency bulletins.
- 6. Stay off the telephone except to report an emergency.**
- 7. Don't go sight-seeing.**
- 8. Stay out of severely damaged buildings;** aftershocks can shake them down.