





**RACEBOOK** 

# BIELSKO-BIALA, POLAND

UCI DOWNHILL WORLD CUP ROUND 2
UCI ENDURO WORLD CUP ROUND 2

17 - 19th MAY 2024

Version 4





# **CONTENTS**

01.	CONTACTS	
01.1	Series and Local Organiser Contacts	original
01.2	Websites and Socials	original
02.	SCHEDULE	
02.1	Schedule	original
03.	DOWNHILL	
	Race Entries	
03.1	Rider Registration	original
03.2	Race Licenses	original
03.3	Entry Fees	original
03.4	Rider Confirmation and Plate Collection	original
	DISCLAIMERS	
03.5	Team and Rider Event Accreditation	original
03.6	Insurance	original
03.7	Disclaimer and Liability Release	original
	MAPS	
03.7	Venue Map & Location	original
03.8	Course Map	original
	ON-SITE RACE LOGISTICS	
03.9	Training	original
03.10	Timing Chip Collection	original
03.11	Award Ceremonies	original
03.12	Prize Money Collection	original
03.13	Anti-Doping	original
04.	ENDURO & E-ENDURO	
	RACE ENTRIES	
04.1	Rider Registration	original
04.2	Race Licenses	original





04.3	Entry Fees	original
04.4	Rider Confirmation and Plate Collection	original
	DISCLAIMERS	
04.5	Insurance	
04.6	Disclaimer and Liability Release	
04.7	Cancellation Policy	
	MAPS	
04.8	Venue Map	original
04.9	Course Map	original
	ON-SITE RACE LOGISTICS	
04.10	Training	original
04.11	Shuttles	original
04.12	Timing Chip Collection	original
04.13	Technical Assistance Zone (TAZ)	original
04.14	Feed Zones	original
04.15	Equipment and Bike Marking Rules	original
04.16	Protection Rules	original
04.17	On Board Cameras	original
04.18	Award Ceremonies	original
04.19	Prize Money Collection	original
04.20	Anti-Doping	original
05.	TEAMS	
05.1	Team Paddock Access	Updated v5
05.2	Additional Team and Athlete Parking	Updated v5
05.3	Team De-rig and Departures	Updated v5
06.	VENUE LOGISTICS	
	Travel and Accommodation	
06.1	International Airports	original
06.2	Travel by Car	original
06.3	Travel by Public transport	original
06.4	Visa Information	original
06.5	Accommodation	original





06.6	Camping	original
00.0		Original
	On-Site Facilities	
06.7	Parking for Athletes	original
06.8	Parking for Spectators	original
06.9	Toilets	original
06.10	Showers	original
06.11	Waste Management	original
06.12	Wi-fi and Network	original
06.13	Security	original
06.14	Bike Wash	original
	Local Amenities	
06.15	Grocery Shops	original
06.16	Bike Shops	original
06.17	Restaurants	original
06.18	Bank Machines and Currency	original
06.19	Spectator Tickets	original
06.20	Plugs and Power	original
06.21	Useful Information	original
07.	MEDICAL	
07.1	Emergency Response	original
07.2	Nearest Hospital/ Pharmacy	original
07.3	Physiotherapy	original
07.4	Medical and Concussion Protocol	original









# **CONTACTS**

### 01.1 - SERIES AND LOCAL ORGANISER CONTACTS

### **WBD Sports**

- Director of Gravity: Ru Cunningham <u>ruaridh.cunningham@wbd.com</u>
- Teams and Athletes Services: Kerry Duncan, Beth Crumpton and Emma Smith cycling.athletes@wbd.com
- Team Contacts: Beth Crumpton <u>cycling.teams@wbd.com</u>
- Media Inquiries/ Accreditation:

### **Local Organising Team**

- General Director: Jakub Jonkisz biuro@endurotrails.pl
- Paddock Areas: Pawel Zyzanski <a href="mailto:pawel@endurotrails.pl">pawel@endurotrails.pl</a>, Filip Drewniak</a>
- Accommodation: Jakub Jonkisz <u>biuro@endurotrails.pl</u>, Travel Places
- Press Media: Iweta Gazur marketing marketing@endurotrails.pl Aleksandra Smętkiewicz press@endurotrails.pl

### **01.2 WEBSITES AND SOCIALS**

### **WBD Sports**

- Website: www.ucimtbworldseries.com
- Instagram: <u>@uci\_mtbworldseries</u> / <u>@eurosportcycling</u>
- Tik Tok: @uci mtbworldseries / @eurosportcycling
- Facebook: WHOOP WHOOP UCI Mountain Bike World Series
- YouTube: <u>@uci\_mtbworldseries</u> / <u>@EurosportCycling</u>

### **Local Organising Team**

- Website: <a href="https://endurotrails.pl/en/uci-mountain-bike-world-series">https://endurotrails.pl/en/uci-mountain-bike-world-series</a>
- Instagram: <u>@endurotrails</u>
- Facebook: <u>@endurotrails</u>
- YouTube: <a href="https://www.youtube.com/@endurotrails113">https://www.youtube.com/@endurotrails113</a>









# **SCHEDULE**

		BIEL	SKO-BIAŁA - SCHEDULE
	10.15 10.45	EDD#	Distance of the Management of
	10:15 - 10:45	EDR*	Rider Confirmation - UCI Elite MTB Teams
	10:45 - 11:30	EDR*	Rider Confirmation - UCI MTB Teams
	11:30 - 13:30	EDR*	Rider Confirmation - All Riders
Vednesday 15/05/24	11:30 -13:30	OPEN	
	12:00 - 14:00	DHI	Track Closed - TV Inspection
	13:30 - 14:15	DHI	Rider Confirmation - UCI Elite MTB Teams
	14:15 - 15:00	DHI	Rider Confirmation - UCI MTB Teams
	15:00 - 17:30	DHI	Rider Confirmation - All Riders
	08:00 - 09:00	EDR*	Final Rider Confirmation - All Riders
	08:00 - 09:00	OPEN	
	09:00 - 11:00	DHI	Track Closed - UCI Inspection
	09:00 - 11:00	DHI	Final Rider Confirmation - All Riders
hursday 16/05/24	09:00 - 17:00	EDR*	Training - All Riders
	09:00 - 17:00	OPEN	Training - All Riders
	11:00 - 13:00	DHI	Foot Inspection Elite Teams
	13:00 - 15:00	DHI	Foot Inspection All Riders
	15:00 - 16:00		Riders meeting - DHI Only
	17:00 - 18:00	ODEN	Press Conference
	08:00		RACE START: EDR OPEN
	08:30 - 10:30	DHI	Training - Group B
	09:30	EDR	RACE START: EDR World Cup
riday 17/05/24	10:30 - 12:30	DHI	Training - Group A
ay 17/00/24	12:30 - 14:30	DHI	Training - Group B (Timed Session)
	14:30 - 16:30	DHI	Training - Group A (Timed Session)
	14:30	OPEN	
	17:30 - 18:30	EDR	RACE FINISH: EDR World Cup Followed by the awards ceremonies
	08:30 - 10:00	DHI	Training - Group B
	08:30	EDR*	RACE START: E-EDR World Cup
	TBC	OPEN	RACE START: E-EDR OPEN
	10:00 - 11:30	DHI	Training - Group A
	12:00	DHI	RACE: World Cup - Qualification Women
	12:30	DHI	RACE: World Cup - Qualification Men
aturday 18/05/24	14:00	DHI	RACE: World Cup - Qualifying Women Junior
	14:15	DHI	RACE: World Cup - Qualifying Men Junior
	15:00	DHI	RACE: World Cup - Semi Final Women
	15:30 - 16:30	DHI	RACE: World Cup - Semi Final Men
	TBC	OPEN	RACE FINISH: E-EDR OPEN
	17:30	EDR*	RACE FINISH: E-EDR World Cup Followed by the awards ceremony including Team Overall & Team of the Day
	9:00 - 10:00	DHI	Training - Qualified Juniors
	10:00 - 11:00	DHI	Training - Qualified Elites
	11:30	DHI	RACE: World Cup - Final Women Junior
unday 19/05/24	12:00	DHI	RACE: World Cup - Final Men Junior Followed by awards ceremonies
	13:15	DHI	RACE: World Cup - Final Women
			RACE: World Cup - Final Men
	14:00 - 16:00	DHI	Followed by awards ceremonies including Team Overall & Team of the Day









## **RACE ENTRIES**

### **03.1 RIDER REGISTRATION**

All registrations for Downhill World Cup categories will need to be made on the <a href="www.ucimtbworldseries.com">www.ucimtbworldseries.com</a> website. Further details will be confirmed in the upcoming months on the process to make entries.

Qualification criteria can be found here

### **03.2 RACE LICENCES**

All riders must hold a valid (in date) UCI licence issued by their National Federation.

### 03.3 ENTRY FEE'S

Elite UCI Downhill World Cup: € 150.00 Junior UCI Downhill World Cup: €80.00

Further information on entries and fees will be shared in due course.

No payment option will be available on-site – all payment must be completed online.

No payment, no entry.

Please ensure you familiarise yourself with the <u>terms and conditions of entry.</u>

### 03.4 RIDER CONFIRMATION & PLATE COLLECTION

**LOCATION** – Race Office - Szczyrk Salmopolska 53B, 1st Floor - Google Map Link WBD On-Site Contact – Kerry Duncan and Emma Smith

Managers/coaches/parents can collect packages on behalf of racers, providing;

- The rider's license is presented
- Parental Authorisation (If applicable)

### **CONFIRMATION SCHEDULE**

### Wednesday 15th May

13:30 - 14:15: UCI Elite MTB Teams

14:15 - 15:00 : UCI MTB Teams

15:00 - 17:30 : All riders

### **Thursday 16th May**

09:00 - 11:00 : Final Rider Confirmation - All Riders

**Check in Deadline:** Rider's who have not collected their plate/ checked in by 11:00 Thursday will not be included on the Start List.

Altering, cutting, blocking with a computer device or placing of unauthorized stickers or sponsor logos on race number plate is <u>not permitted</u>.





# **ACCREDITATION & DISCLAIMERS**

### **03.5 TEAM AND RIDER EVENT ACCREDITATION**

Accreditation for Downhill can be collected from the Race Office in Szczyrk during Rider Confirmation.

Gondola passes will also be available for collection at Rider Confirmation.

### **03.6 INSURANCE**

Personal insurance coverage is not provided by the WBDS/Organisers.

Racers are responsible for securing their own accident, rescue, health, travel, property and liability insurance.

Racers should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

### 03.7 DISCLAIMER AND LIABILITY RELEASE

Racers voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.





### 03.9 TRAINING

### **TRAINING SCHEDULE**

### Friday 17th May

08:30 – 10:30 : Training – Group B 10:30 – 12:30 : Training – Group A

12:30 – 14:30 : Training – Group B (Timed Session) 14:30 – 16:30 : Training – Group A (Timed Session)

### Saturday 18th May

08:30 - 10:00 : Training - Group B 10:00 - 11:30 : Training - Group A

All riders must display their handlebar number during training sessions.

A dedicated gate will be available at the Gondola for Downhill riders. Each rider will be issued with a wristband, giving them access to the Gondola. Gondola Wristbands will be issued at Rider Confirmation.

The course will be <u>closed</u> for TV inspection on a day to be confirmed in the schedule.

The course will be <u>closed</u> for UCI inspection on a day to be confirmed in the schedule.

### 03.10 TIMING CHIP COLLECTION

Timing system: Chronorace

Racers must carry their Timing Chips on their bike.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will be invoiced 100 euros.





### **03.11 AWARD CEREMONIES**

**Downhill Ceremonies Location:** Szczyrk Salmopolska 53B - Google Map Link

### **03.12 PRIZE MONEY COLLECTION**

Prize money will be paid by the local organising team. Please follow the below process to claim your prize money if you place Top 10 in Elite Men, Women and Top 10 Junior Men, Women:

To be confirmed

### **03.13 ANTI-DOPING**

Anti-Doping location: Race Office - Szczyrk Salmopolska 53B, 1st Floor - Google Map Link

WBDS will follow all <u>ITA</u> rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.









# **RACE ENTRIES**

### **04.1 RIDER REGISTRATION**

All registrations for Enduro and E-Enduro UCI World Cup and Open Racing categories will need to be made on the www.ucimtbworldseries.com website.

Further details will be confirmed in the upcoming months on the process to make entries. .

### **UCI Enduro World Cup**

In order to race in the UCI Enduro World Cup, riders must either be on an official UCI Enduro or Mixed Team or have the minimum required number of Global Ranking points or direct upgrades.

### **Minimum Points:**

Men Elite: 125 pointsWomen Elite: 125 pointsMen U21: 75 pointsWomen U21: 50 points

### **Open Racing**

There is no pre-qualification requirements, however, please refer to the Race License section for specific requirements as per the Polish Federation.

Entries are offered on a first come first served basis.

For information on how to qualify into the UCI Enduro World Cup, please refer to Chapter 2 of the 2024 Enduro Rulebook.

### **04.2 RACE LICENCES**

### **UCI World Cup**

All riders must hold a valid (in date) UCI licence issued by their National Federation. Riders will be required to present their licenses at rider confirmation.

### **Open Racing**

Active / valid UCI ID licences are required for riders to be eligible to collect UCI Enduro World Cup qualifying points. Your UCI Number must be added to your rider account.





# RACE ENTRIES

### 04.3 ENTRY FEE'S

UCI Enduro World Cup: €150.00 UCI E-Enduro World Cup: €150.00 Open Racing Enduro: €160.00 Open Racing E-Enduro: €160.00

Further information on entries will be shared in due course.

### 04.4 RIDER CONFIRMATION & PLATE COLLECTION

**LOCATION** — Race Office — Enduro Trails Building - <u>Google Map Link</u> **WBD On-Site Contact** — <u>Kerry Duncan</u> and <u>Emma Smith</u>

Managers/coaches/parents can collect packages on behalf of racers, providing;

- The rider's license is presented
- Parental Authorisation (If applicable)

### **CONFIRMATION SCHEDULE:**

### Wednesday 15th May

10:15 – 10:45 : UCI Elite MTB Teams 10:45 – 11:30 : UCI MTB Teams

11:30 - 13:30 : All riders confirmation

### Thursday 16th May

08:00 - 09:00 : Final rider confirmation - All Riders

**Check in Deadline:** Rider's who have not collected their plate/ checked in by 09:00 Thursday will not be included on the Start List.

Altering, cutting, blocking with a computer device or placing of unauthorized stickers or sponsor logos on race number plate is <u>not permitted</u>.





# **ACCREDITATION & DISCLAIMERS**

### **04.5 INSURANCE**

Personal insurance coverage is not provided by the WBDS/Organisers.

Racers are responsible for securing their own accident, rescue, health, travel, property and liability insurance. Racers should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

### **04.6 DISCLAIMER AND LIABILITY RELEASE**

Racers voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.

### **04.7 CANCELLATION POLICY**

Organisers reserve the right to modify the schedule, format, duration, course, individual race stages or any other aspect of the Event, or delay or cancel the Event (or any individual race stages), if they believe the conditions are unsafe or otherwise unsuitable for the Event.

If an Event is relocated and/or rescheduled, the entries will be automatically transferred to the new date and/or location.

If a Racer is unable to attend the scheduled/rescheduled dates and/or venue, the **entry fees are refundable up to 30 days before** (less €30 processing fee). See section 2.4. WITHDRAWAL within **Event Entry T&C's.** 





### **04.10 TRAINING**

### TRAINING SCHEDULE

Thursday 16th May

09:00 - 17:00 : Practice - All Riders

Official training will take place on **Thursday 16th May** for both Enduro and E-Enduro.

All riders and team staff must display their handlebar number during training sessions. As per the 2024 Enduro Rulebook (Article 1.1.5), only Official UCI Enduro Teams will be provided team plates to allow team staff on course during practice only.

Race stages are closed during official training to all racers but media and official UCI Enduro World Cup Team staff. Any rider training without a plate or outside the official schedule will be disqualified.

### **04.11 SHUTTLES**

Coming Soon.

### **04.12 TIMING CHIP COLLECTION**

Timing system: Coming Soon

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will be invoiced 100 euros.

### 04.13 TECHNICAL ASSISTANCE ZONE (TAZ)

Coming Soon.

### **04.14 FEED ZONES**

**Coming Soon.** 





### **04.15 EQUIPMENT AND BIKE MARKING RULES**

### **UCI Enduro World Cup**

For all rider equipment competition requirements, please refer to the <u>2024 Enduro Rulebook</u> Article 0.5.1 and 0.5.2 for equipment marking sticker information.

### **UCI E-Enduro World Cup**

For all rider equipment competition requirements, please refer to Article 1.3.13 of the <u>2024 Enduro Rulebook</u> and article 0.5.2 for the equipment marking sticker information.

### **Open Enduro Racing**

For all rider equipment competition requirements, please refer to Article 0.5.1 of the 2024 Enduro Rulebook.

### **Open E-Enduro Racing**

For all rider equipment competition requirements, please refer to Article 0.5.1 and 2.1.6 of the <u>2024 Enduro</u> Rulebook

### **04.16 PROTECTION RULES**

Protection rules will follow the rules stipulated by the Polish Cycling Federation and the 2024 Enduro Rulebook.

Full face helmets, back protection, full-finger gloves and knee pads are mandatory during all stages.

For protection requirements please refer to page 26 of the UCI MTB Regulations

### **04.17 ON BOARD CAMERAS**

For on-board camera requirements please refer to Article 1.1.3 of the **2024 Enduro Rulebook** 

### **04.18 AWARD CEREMONIES**

Enduro / E-Enduro Ceremonies Location: Bielsko-Biała Pocztowa 32 - Google Map Link

### **UCI Enduro and E-Enduro World Cup**

Podium presentations will be made for the top 3 riders in each category as soon as possible after the last finishing rider.

All riders must attend the podium as scheduled as stipulated in the 2024 Enduro Rulebook.

Leader's jerseys will be awarded to the series leader in UCI Enduro and E-Enduro World Cup categories.

### **Open Racing**

The top 3 from each race category will be awarded as soon as possible after the last finishing rider.





### **04.19 PRIZE MONEY COLLECTION**

Prize money will be paid by the local organising team. Please follow the below process to claim your prize money if you place Top 10 in Elite Men OR Women in Enduro and E-Enduro:

Minimum prize money amounts can be found within Article 1.2.8 of the 2024 Enduro Rulebook.

### 04.20 ANTI-DOPING

### Location

Enduro/ E-Enduro: Enduro Trails Building, Bielsko Biala - Google Map Link

WBDS will follow all <u>ITA</u> rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.









# **DHI TEAM PADDOCK PROCEDURES**

### **05.1 TEAM AREA ACCESS**

Your main point of contact for Team Paddocks whilst on-site only is Filip Drewniak;

Email - filip.drewniak07l@gmail.com

Number - +48 535 300 503

Ahead of arrival, please ensure you contact Filip detailing the following;

- Estimated time of arrival within your window
- · Vehicle registrations arriving to set-up
- · Name of staff arriving

### **ARRIVAL INFORMATION**

All teams must arrive from center of Szczyrk.

You must take the main road Beskidzka then Myśliwska street and then but only for paddocks A,B,C Salmpolska street. On Myśliwska Street right before paddock D will be a checkpoint.

**Paddock A** is located <u>HERE</u> on the main road Salmopolska street between numbers 57 and 59 next to "Szczyrkowski Mountan Resort". It is the first parking you see on your left, after you pass it. Your entrance is the first one you see. Surface - ASPHALT

All in Paddock A will need to load into the paddock in your Zones indicated on the **arrival windows graphic emailed on 9th May.** 

**Paddock B** is located <u>HERE</u> on the main road Salmopolska 47 street. It is on the left site, 150m before "Szczyrkowski Mountan Resort".

Surface – GRASS

**Paddock C** is located <u>HERE</u> on the main road Salmopolska 500m pass the "Szczyrkowski Mountan Resort". It is the first parking you see on your right after you pass Hotel "Gronie Ski&Bike" Surface - ASPHALT/ GRASS

**Paddock D**: To get to paddock D <u>HERE</u> from main road Myśliwska you must take right into Sosnowa street and then you take first left into wierzebowa then you also take first left right into paddock Surface - ASPHALT/ GRASS

For the arrival schedule for Paddock B, C and D please see the schedule emailed on 9th May.

All teams must arrive into the Team Paddocks by Thursday 12:00 or risk the late arrival penalty fee of €1,000

Cancellations of paddocks must be made by 18:00 CET Wednesday 15th May.

### **05.2 ADDITIONAL TEAM AND ATHLETE PARKING**

Please travel to venue with as little vehicles as possible as space is very tight. For paddock A, one space per team is available on the road next to Paddock A as indicated on the maps sent.

All other vehicles will need to park in Paddock D.

### **05.3 TEAM DE-RIG AND DEPARTURES**

No de-rig of Team Paddocks can commence until 16:00 Sunday 18th May. Any early de-rig will incur the **early departure** fee of €1,000.

All invoicing will be issued post event.





# **EDR TEAM PADDOCK PROCEDURES**

### **05.1 TEAM AREA ACCESS**

Your main point of contact for Team Paddocks whilst on-site only is Tomsaz Adamczyk - Jóskow;

Email: <u>tajoskow@gmail.com</u> Telephone: +48793279559

Ahead of arrival, please ensure you contact Tomasz detailing the following;

- Estimated time of arrival within your window
- Vehicle registrations arriving to set-up
- Name of staff arriving

The emailed Arrival Route map shows the route in for teams to arrive at their Paddocks and the arrival schedule.

Going up the "Szeroka" and "Czołgistów" street, at the roundabout there should be a sign saying "TEAMS ONLY" so that any unnecessary traffic isn't created.

One person will be waiting near <u>BLACKBIRD BIKE</u> which will be marked. In that spot verification and vehicle accreditation can be collected before team paddock set-up.

After verifying the team will be instructed to go up and around to approach paddocks from the top to eliminate unnecessary problems with vehicles that are leaving the paddock after the setup.

Tomasz will be waiting at the connected B and C paddocks to take and introduce to your spot, one other person will be waiting at paddock A.

The paddock layout maps can be seen in the email sent on 9th May.

All teams must arrive into the Team Paddocks by Thursday 12:00 or risk the late arrival penalty fee of €1,000

Cancellations of paddocks must be made by 18:00 CET Wednesday 15th May.

### 05.2 ADDITIONAL TEAM AND ATHLETE PARKING

Please travel to venue with as little vehicles as possible as space is very tight.

All other vehicles which do not fit in paddock set-up will need to park next to Paddock B & C.

### **05.3 TEAM DE-RIG AND DEPARTURES**

All team paddocks cannot begin to de-rig until Saturday 17th May at 16:00. Any teams who de-rig before this time will be charged the early departure penalty fee of €1,000.









TRAVEL & ACCOMMODATION		
	O6.1 INTERNATIONAL AIRPORTS  You can get to Bielsko-Biała by plane, using three passenger airports located almost symmetrically and approximately 80 km away:	
	In Balice - near Krakow, in Pyrzowice - near Katowice and in Ostrava - near the Polish border in the Czech Republic.	
	The nearest airports are:	
	Katowice <a href="https://www.katowice-airport.com/en">https://www.katowice-airport.com/en</a>	
	Kraków: https://krakowairport.pl/en/homepage/	
	Ostarwa https://www.airport-ostrava.cz/en/	
	<b>06.2 TRAVEL BY CAR</b> Bielsko-Biała, as the largest city in the region, is located at the intersection of routes connecting the north and east of Europe with the south of the continent.	
	Distances to/from Bielsko-Biała:	
	<ul> <li>Warsaw: 327 km Kraków: 75 km</li> <li>Katowice: 54 km</li> <li>Ostrava (Czech Republic): 87 km</li> <li>Vienna (Austria): 382 km</li> <li>Prague (Czech Republic): 451 km</li> </ul>	
	<u>CAR RENTAL</u>	
	https://www.rentalcars.com/	
	06.3 TRAVEL BY PUBLIC TRANSPORT BY BUS	
	The city has very convenient bus connections with many towns in the region, such as Kraków, the Silesian Voivodeship, in the country and even abroad.	
	Flexi bus: https://global.flixbus.com/	
	<u>BY TRAIN</u>	
	The network of railway connections allows you to travel around the region and make longer trips, also abroad, by long-distance trains and expresses. In comfortable conditions and very quickly, you can cover the route from Bielsko-Biała to the largest Polish cities, such as Warsaw, using the services offered by InterCity or Polish State Railways trains.	

The Bielsko-Biała Główna railway station is located at ul. Warszawska 2.

https://rozklad-pkp.pl/en





# **TRAVEL & ACCOMMODATION**

# **06.4 VISA INFORMATION** you do not need a visa for Poland if: • Your country is part of the <u>EU/EEA countries</u> or <u>any Schengen country</u>. • Your country of residence has a visa-free agreement with Schengen. PASSPORT • This includes citizens of the US, Australia, Canada, Georgia, Japan, New Zealand, South Korea, Thailand, and Tunisia, among others. • If you are from a country that does not have a visa-free agreement (such as India, China, Morocco, Thailand, Turkey, Egypt, etc.) you have to apply for a visa to visit Poland. For more information, check the regulations with your Ministry of Foreign Affairs **06.5 ACCOMMODATION** https://www.nocowanie.eu/ https://www.booking.com/ Bielsko-Biała Tourism Information: +48 (33) 819 00 50 06.6 CAMPING Camping Beskid open from 15.04. https://www.camping99beskid.pl/ contact via: camping99beskid@gmail.com





# **ON-SITE FACILITIES**

	06.7 PARKING FOR ATHLETES
	<b>DOWNHILL:</b> Szczyrk Salmopolska 53B, at the venue and may be additional located 300m from venue
	<b>ENDURO:</b> Bielsko-Biała Pocztowa 32, at the venue and may be additional may be additional offsite (2 min away)
	06.8 PARKING FOR SPECTATORS
	DOWNHILL Transfer center: Kampingowa 5, 43-370 Szczyrk
	ENDURO/ E-ENDURO St/ Willowa 2, Bielsko-Biała
	There are further public parking available in town which is signposted.
	O6.9 TOILETS  Toilets will be available in the Team Paddocks and main arena.
	06.10 SHOWERS
	No showers will be available on site.
	<b>06.11 WASTE MANAGEMENT</b> There will be bins and points where teams can put their waste, which will be collected every morning.
(6	O6.12 WI-FI AND NETWORK  Free wi-fi will be available at the race office.
	06.13 SECURITY Paddock Security will be in place all days and nights.
\frac{1}{\Omega}	Please do not leave bikes or equipment unattended at any time. Although surveillance will be in place individuals are responsible for their personal property at all times.
.000	06.14 BIKE WASH
	There will be 5 bike washing stations at each venue as follows:  • DOWNHILL — Szczyrk - Google Map Location  • ENDURO/ E-ENDURO — Bielsko Biala - Google Map Location





# **LOCAL AMENITIES**

LOCAL AIVIL	
	06.15 GROCERY SHOPS
	SZCZYRK MOUNTAIN RESORT - DOWNHILL Biedronka - st/ Beskidzka 19, 43-370 Szczyrk POLOmarket - st/ Jasna 1, 43-370 Szczyrk Lidl - st/ Bielska 38, 43-374 Buczkowice
<b>Ö</b>	BIELSKO-BIALA – ENDURO/ E-ENDURO  Biedronka - st/Partyzantów 156, 43-316 Bielsko-Biała  B1 - st/ Leszczyńska 20, 43-300 Bielsko-Biała  Lidl - st/ Partyzantów 65, 43-300 Bielsko-Biała
	06.16 BIKE SHOPS
	SZCZYRK MOUNTAIN RESORT - DOWNHILL In venue - Salmopolska 53B, 43-370 Szczyrk Pamir Bike - Salmopolska 16a, 43-370 Szczyrk
	BIELSKO-BIALA – ENDURO/ E-ENDURO  Black Bird Bike - Czołgistów, 43-309 Bielsko-Biała  Pamir Bike - Bystrzańska 29, 43-309 Bielsko-Biała  Bike Doctor Service - Kąpielowa 1, 43-309 Bielsko-Biała
	06.17 RESTAURANTS
	SZCZYRK MOUNTAIN RESORT - DOWNHILL  Extreme You Zen (XYZ) Salmopolska 49, 43-370 Szczyrk  Kuflonka Salmopolska 53B, 43-370 Szczyrk on the top of Gondola  Markowa Destylarnia Myśliwska 76, 43-370 Szczyrk
	BIELSKO-BIALA – ENDURO/ E-ENDURO  B-B Bike Bar Bielsko-Biała in the venue Wirtuozeria Pocztowa 39, 43-309 Bielsko-Biała Bazylia Olszówka 18, 43-300 Bielsko-Biała
	06.18 BANK MACHINES AND LOCAL CURRENCY The local currency in Poland is the Polish Złoty or Zloty (zł)
	Bank machines: <u>Credit Agricole</u>
	Euronet - st/ Mostowa 5 Bielsko-Biała





# **LOCAL AMENITIES**

\( \frac{1}{2} \)	O6.21 SPECTATOR TICKETS Spectator Tickets can be purchased HERE
	O6.20. PLUGS AND POWER  For Poland there are two associated plug types, types C and E. Plug type C is the plug which has two round pins and plug type E is the plug which has two round pins and a hole for the socket's male earthing pin.  Poland operates on a 230V supply voltage and 50Hz.
i	06.21. USEFUL INFORMATION









# **MEDICAL**

07.1 EMERGENCY RESPONSE
A medical team will be in attendance during all official practice and competition times. The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the event medical centre located in each venue, close to the Finish Zone.  In the event of an emergency, please use the following numbers.  112 is an emergency number which is available free of charge throughout the European Union, both from landlines and mobile phones. The emergency number 112 can be dialled from a phone without a SIM card.  POLICE - 997 FIRE - 998 AMBULANCE - 999
The closest Hospital to the event venue can be found as per the below:  Provincial Hospital - Bielsko-Biała https://www.hospital.com.pl/en/home-en/  The closest Pharmacy to the event venue can be found as per the below.  SZCZYRK MOUNTAIN RESORT - DOWNHILL Pharmacy "Pod starą Pocztą" - Beskidzka 16, 43-370 Szczyrk  BIELSKO-BIALA – ENDURO/ E-ENDURO Pharmacy on Błonia - Willowa 2a, 43-309 Bielsko-Biała Pharmacy Cygański Las - Pocztowa 19, 43-309 Bielsko-Biała
07.3 PHYSIO St. Luke's Hospital Bystrzańska 94B, 43-309 Bielsko-Biała - Bartosz Szruba +48 600 853 818  07.4 DENTIST  BIELSKO-BIALA - ENDURO/ E-ENDURO Stomatologia Specjalistyczna Paweł Zimny Olszówka 36, 43-309 Bielsko-Biała open during weekend: Luxdent Karpacka 148B, 43-316 Bielsko-Biała  SZCZYRK MOUNTAIN RESORT - DOWNHILL





# **MEDICAL**

### 07.4 MEDICAL AND CONCUSSION PROTOCOL

WBD & the UCI are committed to improving rider safety & ensuring that athletes taking part in our events receive the highest standard of medical care possible. One area where we want to ensure consistency across all MTB disciplines at our events is the identification of potential rider head injury / concussion events & the subsequent assessment & medical diagnosis of concussions where necessary.

The UCI have a <u>concussion protocol</u> & we will, in conjunction with the LOC appointed medical team, be applying this protocol across all disciplines during training & races.

Any rider who has an incident which could result in a head injury / concussion & is then asked to undergo a concussion assessment by a member of the event medic team must comply with this request. Likewise, any rider or team manager who suspects a concussion should refer themselves or their athlete to the event medical team as soon as possible. A positive diagnosis of concussion by a medical professional may result in that athlete being withdrawn from competition.

For full details of the UCI concussion protocol, the assessment process & the return to play process please follow this <u>link</u>.



# THANK YOU

