



# TIME TO LEARN

There is a 'Time to Learn' in every person's life. From the young, who love to learn, to the elderly who stay young because they are willing to go on learning. The gathering of more knowledge is a favourite topic for everyone.

## Make exams stress free

All parents want their children to achieve their full potential, and one key way of doing that is through performing well in exams.

This desire to pass with flying colours means that as testing time approaches, it's not only students who are getting anxious. Parents are often equally

stressed about how well their kids will perform, and desperately want to do everything in their power to help them succeed.

But most, simply don't know the best way to do that - and that's where A-level teacher April Miller hopes she can lend a hand.

Miller has written *How To Help Your Teenager Achieve Exam Success* in a bid to guide parents through the exam minefield, looking at not only revision and motivation, but also at how a wide variety of other factors including food, exercise, thinking and emotions can affect exam success.

But while it's crucial for parents to help their teenagers during the exam period, Miller stresses that helping is different from pushing.

"Concerned parents should be involved, but that's not about pushing teenagers to become top of the class. It's about releasing your teenager's natural abilities, and freeing them from societal influences in order to achieve their full potential.

"Research shows that parents are the biggest influence on their teenagers' academic success and career choice. Being involved shows you're interested in your teenager. They may protest when parents get involved, but underneath they appreciate it."

Miller suggests parents should let their child decide when to study but insist that they do; look at their diaries and books; encourage them to invite friends for study and provide snacks and drinks; and talk to their teachers.

She stresses that parental influence on teenagers' academic success runs through every aspect of their lives, but summarises the key points as:

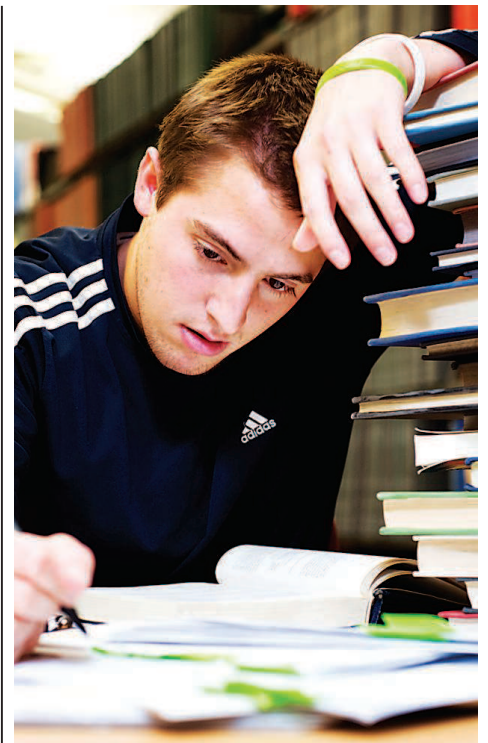
- :: Teenagers still need parental help and guidance.
- :: They need to develop critical thinking skills in order to assess their own abilities and develop good study behaviours.

- :: Helping teenagers have a focus raises achievement.

- :: Encouraging a balanced diet and exercise helps a teenager achieve their best.

- :: Ensure technology is limited or used positively, to encourage stress reduction and good sleep habits.
- :: Promote listening.

- :: Encourage your teenager to produce their own revision resources.



- :: Use reinforcement to encourage your teenager to do what you want them to do.

On a practical level, students learn through processing, which involves changing the form of the information they need.

"When we process information, we remember it," explains Miller, who says processing includes using mind maps, producing revision recordings and revision cards.

The use of colour is also helpful, she says, and teenagers should have good resources such as coloured pens and cards, as well as dictionaries, and a quiet place to work.

What isn't needed, however, are expensive commercially-produced revision books, Miller insists. She says they're often generic and full of jargon, and may not include specific material teenagers have been taught.

"They also tend to result in teenagers simply reading, which is the least effective form

of revision."

She points out that critical thinking is an important aspect of academic success, explaining that such thinking helps teenagers revise their work as they go along and ask questions that lead to evaluation. She suggests a good strategy to help teenagers think critically is to ask them to think of a friend who's doing well academically and why this is.

"Teenagers often see the success of others as being due to innate ability and fail to analyse the behaviours that generate success," she explains.

"If you can help your teenager with this process, they will begin to think critically and become more likely to implement some of the behaviours that lead to success."

But she says the most effective tool for students is to be self-reflective - assessing what did and didn't go well, and what can be done to improve future performance.

### Learning for life

Learning core values like respect, honesty and compassion, is just as important as the Three Rs (reading, writing and arithmetic), says former headteacher Dr Neil Hawkes.

Dr Neil Hawkes has started a "quiet revolution" - to see more schools embrace core morals and values, like kindness and honesty, and place as much importance on them as maths, English and science.

Most parents want their children to grow up with a strong set of values, and become 'decent' adults, and Hawkes believes that school life plays a crucial part in this.

Nurturing things like compassion, respect, honesty, truthfulness and caring for others, is just as important as learning the Three Rs - and, according to Hawkes's research in the UK and Australia, 87% of parents agree.

"Our values should underpin everything in our lives. Children need to be taught about values in the same way they are taught boundaries," he says.

"The balance in society is tipping. The materialistic side has gathered pace and we are increasingly influenced by a 'me' culture.

"All of this decline has happened in our lifetimes, and it's up to us now to tackle the problem and reverse the trend."

It was while working as a headteacher in a primary school in Oxfordshire that Hawkes began to recognise how these elements were lacking, and he started developing his Values-based Education philosophy, during the Nineties.

"My mission now is to expand the concept to more and more schools. The prize is that it will help us and our children to enjoy happier and more fulfilling lives," he says.

"Values-based education's not a quick fix, it's a culture change which has a hugely positive impact on those who practice it," he adds.

In order for it to work, it's not just a question of teaching about values, in the traditional sense - Hawkes explains that universal positive values (like compassion, respect, honesty,

truth, trust, perseverance and care for others in lessons) should be taught and demonstrated in practice by teachers, as a thread running through every aspect of school life.

"You can't teach about values from a board," explains Hawkes, "they have to be seen in practice.

"Our behaviour is shaped by what we see. If children are surrounded by bad examples, what chance do they have to formulate good practice?"

And it's not just about schools, he adds - parents need to accept their role in developing values too, and it's a philosophy that could be embraced by communities and workplaces as well.

While most, if not all, schools will already cover character and morals to some extent, the difference for Hawkes is that he believes it should underpin everything.

"We want our children to be good learners and lovely people at the same time," he says, adding that embracing the concept can have wider benefits too, like increased attentiveness and more harmonious classrooms and playgrounds.

Pupils also have a greater sense of belonging and fairness.

"If you create a school atmosphere that has good relationships, you're more likely to have better academic outcomes," he says.

"I agree we need high academic standards, but academic diligence is improved, and that leads to better standards, when you have a values-based atmosphere.

"Start looking for the positive and using positive psychology, and you'll find standards are raised quite naturally."

PA



PA



## Loading the future...

OIS - Oeiras International School, an English medium school, offers the International Baccalaureate (IB) programmes (ages 10-18) for Years 6 to 11 (IB-MYP/Middle Years Programme) and Years 12 and 13 (IB-DP/Diploma and IB-CP/Careers Programme), where students with a range of abilities find success.



This non-for-profit school was founded in 2010 by a group of parents and teachers deeply committed to academic excellence and intellectual rigour.

OIS promotes quality education and values in a changing world, encouraging students to become responsible for their own learning. The school motto is *Sapere Aude* (Dare to Learn). OIS has an innovative and creative character, provides an

environment of openness and mutual respect, and develops the individual talents of each and every student. The fact that OIS is located at the beautiful Quinta de Nossa Senhora da Conceição in Barcarena (Oeiras), 10 minutes from central Lisbon, allows for this philosophical statement to actually become true.

Extracurricular and co-curricular activities focus on creativity. Community service

central to all IB programmes is based on the Duke of Edinburgh Award/Prémio Infante D. Henrique, restoring the Quinta and supporting the local communities around the school. A huge variety of sports activities are also provided. Merit scholarships are available on a yearly basis. For more information, please consult the school web site at [www.oeirasinternational.school.com](http://www.oeirasinternational.school.com).

## Healing Circle and Sacred Sites Retreats

The central hub of Healing Circle Retreats is located in the mystical mountains of Monchique and is called Bica Boa B&B. From there you have many options to create your own inner journey, whether this be as an individual or in a group for a short visit or a longer stay. The Medicine Wheel Retreats offer several tailor-made healing options, which will take you on a journey with different practitioners in the area of the Algarve to discover your own unique healing methods. We therefore give you the opportunity to create your own healing package with the treatments that suit you best. We believe in connecting the dots so that you can get a clearer understanding of your own holistic picture.

Hop on board our Sacred Sites Retreats where we take you to some of Portugal's most fascinating ancient sites. We offer you an all-inclusive tour of neolithic locations from menhirs to dolmens, through caves and dinosaur footprints, natural parks and sacred Roman and Knights Templar monuments all across Portugal. In our nine-seater bus we take you across the different locations and offer several destination packages with high quality places to stay and enjoy.



True Nature Retreats brings walks, talks and meditation to a way of life more in balance with ourselves and our planet. We invite you to open up your heart to nature, animals and inner silence in the Monchique region of the Algarve where our aim is to restore our deep-rooted calling for a true sense of love, connection and a real sense of purpose.

In addition we also offer a Permaculture Design course to bring you in direct contact with

a natural way of life in connection with nature and design. This retreat gives you the chance to experiment with your own innate wisdom whilst learning other key methods of working with your surroundings at your own pace and level of understanding.

Find out more information through our website: [www.healingcircleretreats.com](http://www.healingcircleretreats.com) and follow us on facebook to keep up to date with new events.

**Sapere Aude 😊**

Loading the Future...

Registrations open for 2016/17

English medium International Baccalaureate (IB) World School offering the Middle Years Programme (MYP) from Year 6 to Year 11 and the Diploma (DP) and Careers (CP) Programmes in Years 12 and 13. Students' mother tongues available.

Further information:  
Tel: +351 211 935 330  
[info@oeirasinternationalschool.com](mailto:info@oeirasinternationalschool.com)  
[www.oeirasinternationalschool.com](http://www.oeirasinternationalschool.com)

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**Healing Circle RETREATS**

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**Sacred Sites Retreats**  
Menhirs, Dolmens, Caves, Roman and Knights Templar tours.

**True Nature Retreats**  
Walks, talks and meditation in the mystical mountains of Monchique.

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# Bilingual education at VVIS primary school

Since establishing the school in 2002, Louise de Beer has had a passion to ensure that VVIS students become fully bilingual in their host country. She decided to research the benefits and disadvantages of bilingual education and after she completed her Masters Degree at Oxford Brookes University in Bilingual Education, her passion came to fruition. Studies showed that by introducing a child to a second language during their formation years, their cognitive development (a key aspect in academic achievement) is higher than those of monolin-

gual children. By introducing a second language in teaching in the initial stages, young learners are able to grasp the fundamentals of an additional language more easily and rapidly. Having been convinced of these facts, Mrs de Beer decided to introduce a Bilingual Education Programme at VVIS Primary School in 2008.

In order to achieve this goal, children at VVIS are taught in both languages within a structured curriculum framework. Subject areas in Portuguese are *Estudo do Meio, Cozinha e Comida, EVT, Música, Teatro, Cultura e Tradições &*

*Educação Física*. The English National Curriculum is still followed to include subject areas such as English Literacy, Numeracy, Science and Humanities.

With the Bilingual Primary Project at VVIS now well-established, it is evident that VVIS students are able to understand both languages after one year, and are able to communicate in both languages after two years. By the end of their primary education, students are fully bilingual.

Being bilingual can give young people a huge boost, preparing them for a future where they'll work, study and live in an increasingly multilingual and multicultural Europe.

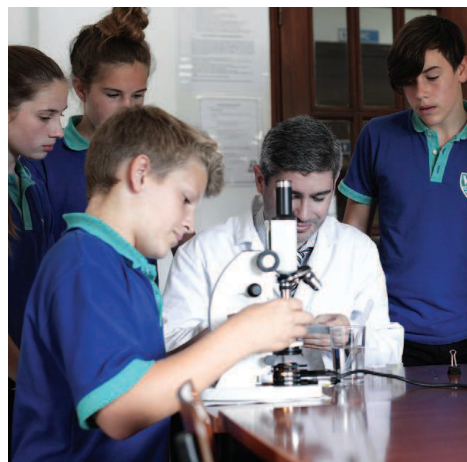
## Benefits of Bilingual Education

- Children in bilingual education consistently show improved interest and motivation in learning in two languages

- Parents are enthused at the idea of their children being able to communicate in both English and Portuguese (sometimes on their behalf)

- Teachers are experiencing a growing sense of satisfaction at pupils' growth

- Learning in two languages not only contributes to the progress of the children in their first language, but improves children's cognitive development.



## SECONDARY EDUCATION & ADVANCED LEVELS AT VVIS

Secondary students at VVIS follow the Cambridge International and/or Edexcel Examinations to prepare them for the

IGCSE and AICE qualifications before entering university.

Subjects taught at IGCSE and Advanced Levels are: English First Language, Literature in English, Portuguese, French, Mathematics, Physics, Chemistry, Biology, Geography, History, Information Communication Technology, Business Studies and Art

& Design.

In addition to the above subjects, Travel & Tourism and Sociology are available at Advanced Levels, subject to demand.

For further information, go to the school's website at [www.vvis.org](http://www.vvis.org) or contact [admissions@vvis.org](mailto:admissions@vvis.org) or telephone 282-697205.



VALE VERDE INTERNATIONAL SCHOOL

**ONLY THE BEST IS GOOD ENOUGH FOR YOUR CHILD**

**Are you looking for the best school for your child's education?**

At VVIS we offer your child the opportunity to share a unique learning experience.

- From Reception Year onwards, **PRIMARY SCHOOL** students follow a Bilingual Programme. Based on the National Curriculum for England, Numeracy, Literacy, Science and Humanities are being taught in English. Bilingual education is achieved by teaching subjects such *Estudo do Meio, Cozinha e Comida, EVT, Música, Teatro, Cultura e Tradições, & Educação Física in Portuguese*. In addition, the students have a number of Portuguese Language and Oral lessons, resulting in 40% of their daily schedule being taught in Portuguese. This ensures that a basis is formed for the child's future learning through information, experience and knowledge while acquiring a second language.

- **SECONDARY SCHOOL** students follow the National Curriculum for England. Final year students in **SECONDARY** as well as **ADVANCED LEVEL** students take the Cambridge International and Edexcel Examinations. These Advanced Level Examinations are recognised worldwide for university entrance requisites.

*We invite you to visit us to decide for yourself whether we are in fact, the school you have been looking for, the small school with the friendly atmosphere and BIG results.*

Tel: (+351) 282 697205 or email to [admissions@vvis.org](mailto:admissions@vvis.org)

[www.vvis.org](http://www.vvis.org)

TRANSPORT available from ALBUFEIRA, CARVOEIRO, LAGOA, PORTIMÃO and LAGOS.





# Welcome to St. Dominic's International School in Lisbon



St. Dominic's has long played an important part in education in Portugal, being one of the first schools, globally, to introduce a programme from the International Baccalaureate Organisation (IBO). It remains the only three programme IB school in the country, offering the Primary Years Programme (PYP), the Middle Years Programme (MYP)

and the Diploma Programme (DP) to close to six hundred students from around the world. While we recognise the importance of academic achievement, we believe that education is more than academic results and so, as an inclusive school, we identify, encourage and nurture students in whatever field their interests and talents

may lie. Hence we have a strong emphasis on the arts, capitalising on the varied artistic traditions of our international community, on sport and on community service. Also, our school is committed to make the SDIS experience available to all with the Summer School Programme during the month of July.



**ST. DOMINIC'S**  
International School, Portugal®

**St. Dominic's International School is a 40 year old school serving students aged 3 to 18, from the resident international community.**

**The school currently has 43 nationalities amongst the student population.**

**SDIS offers the three programmes of the International Baccalaureate (IB):**

- Primary Years Programme (ages 3 to 10)
- Middle Years Programme (ages 11 to 15)
- Diploma Programme (ages 16 to 17)



**St. Dominic's International School, Portugal**  
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Tel: +351 21 444 04 34 / 448 05 50  
Email: school@dominics-int.org

## New Leadership Team Revitalizes Nobel International School Algarve



After nearly 45 years of operation, Nobel International School Algarve has found a new sense of purpose and excitement under a new leadership team. The faculty, staff, students and parents are celebrating renewed enthusiasm and engagement as the school prepares to welcome its new head in May.

The largest private education institution in southern Portugal, the school was family-owned until its purchase by Nobel Education Network in 2012. Last year, the Nobel board empowered a new leadership team to reinvent the school, building upon past successes and preparing for the future as part of the Nobel network, which includes international schools in Oman, Turkey, Austria, and Vietnam.

"Discovery," the World Topic that guides the academic programme and culture at Nobel Algarve, helped inspire key changes in the school's management and learning environment. The school was rebranded as Nobel International School Algarve, and changes were made to strengthen its financial condition. Play areas and sports facilities were improved, an organic garden was planted, and space set aside for teachers to collaborate on instruction. In 2014, an English language summer school was introduced.

Faculty and parents responded quickly to the changes. Teachers, most of whom stayed on through the transition, have been moti-

vated to find new ways to engage their students.

"So many things improved that it changed the view of our parents, as well", says Francisco Claro, Head of the National Section. "We began to get from them the most important thing, which is trust. They trust their children to us, so they have to trust that we are doing a good job."

Nobel Algarve actually operates two schools on the beautiful southern coast, including the only boarding school in Portugal. The boarding programme provides students with a degree of freedom that builds a sense of personal responsibility and self-confidence. Boarders stay in a modern residence facility with separate wings for boys and girls, comfortable en-suite double rooms, and access to recreation and IT facilities, a swimming pool, and the beach.

The main campus in Lagoa is divided into national and international sections for students 3-18, while the Espiche campus hosts a second international primary school for students aged 3-10. One of the recent innovations includes bringing students from the national and international sections together more often to learn and interact.

"One year ago, we were two different schools," says Maria Tomé, Head of the International School. "Now we do as much as possible together. For example, our Christmas play featured students from both sections performing together. This had never happened

before, and it is more in line with the Nobel model."

The theme of Discovery has been incorporated into every aspect of the school. Students are encouraged to discover their academic subjects, parents are invited to participate and engage whilst contests and extra-curricular activities offer additional avenues for discovery. Off campus, students can discover the wonders of the Algarve, including pristine beaches, coastal hikes, nearby castles and villages.

"Five hundred years ago, a Portuguese guy with a wooden boat discovered Brazil," says Mr. Claro. "We embrace that history and tradition. We want to be a global school in the spirit of the early discoverers. We want our pupils to study here, and then to go out into the world and discover the world."

About Nobel Educational Network:

The Nobel Education Network operates international schools across Europe, the Middle East and Asia that work together to empower students to make positive contributions to our world. Nobel was founded in 2010 with the goal of changing a bland education system by establishing international schools committed to nurturing global citizenship and individual talent. Through our academic framework, we work to make a meaningful impact on the world by contributing towards a future with greater freedom, opportunity and well-being for all.





The largest private school in southern Portugal  
 The only international boarding school in Portugal  
 Over 30 different nationalities, ages 3 to 18 years  
 High academic standards and superb facilities  
 Established in 1972



**National section**

Ages: 6-18 years

- Official Portuguese curriculum
- Individualised teaching
- Vast choice of languages
- Small classes

**Bilingual Pre-school**

Age: 3-6 years

- Portuguese and English teachers in each classroom
- Includes Music, ICT and PE
- Development of reading and writing skills
- Project based methodology

**International section**

Ages: 5-18 years

- International English curriculum
- Up to IGCSEs and A Levels
- Examination boards: EdExcel, Cambridge International Examinations
- Vast choice of subjects

**Summer School**

Ages: 12-18 years

- 2, 4 or 6 week English language programmes (July and August)
- 20 hours of classroom English per week
- Small classes in a multinational environment
- Outdoor activities and seaside accommodation



**Boarding School**

Ages: 12-18 years

- Weekly and full-time boarding options
- Full support for both academic and extra-curricular activities
- Great boarding facilities; en-suite rooms
- Privileged location, by the seaside



Part of a global network of schools



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 /summerschool.isa



# We teach for tomorrow



Colégio S. Gonçalo is a bilingual private school that welcomes babies from 4-months-old up to children aged 10.

A school awarded twice by the Portuguese Ministry of Education as the best school in the Algarve. Colégio S. Gonçalo has activities such as Gym, Music, Meditation, Cooking, Pedagogical Gardening, Ballet, Karate, Hip-hop, Yoga, Zumba and Swimming.

With a multicultural environ-

ment gathering more than 13 nationalities this year, it provides a bilingual education in the Algarve. Colégio S. Gonçalo has activities such as Gym, Music, Meditation, Cooking, Pedagogical Gardening, Ballet, Karate, Hip-hop, Yoga, Zumba and Swimming.

In a building of more than 3000 square meters in a stunning setting built from scratch, it is furnished with the most modern and sophisticated technological tools and teaching materials, with 2 gyms, a cinema and 3 playgrounds. Every detail was thought through, from quality to safety and from physical comfort to visual design and decor, all of which are indispensable to a successful educational institution.

The annual activity plan has study visits and all sorts of activities with children, parents, family and the entire community. It develops an annual satisfaction survey, having in 2015 -98,2% of positive aspects.

Open all year and from 8am to 7pm, it provides transport to and from Lagos. In 2015 it was the best school in Lagos in the 'National Primary Ranking' Portuguese exam and second in the Mathematics exam.

Colégio S. Gonçalo brings together a qualified and motivated English-speaking team, English spoken, who dedicate their passion in teaching children to be well balanced, helping them to form their personality and promote the best development of their skills, for a more successful and better future.

# Come horse riding!

Centro Hipico QPA, based in Bensafrim, near Lagos, holds a weekly Kids Pony Club. Every Saturday morning, groups of children start their weekend by getting the ponies ready for lessons (all different levels), hacks and the general care of ponies. Once every few months we will hold a friendly competition where the children can show off their newly-learned skills. Once a year we participate in the horse event called Fetaal - where all kids get a chance to compete and put on a display. We have ponies and horses of different sizes, but whether big or small, each pony has his/her own fan club; some even have their own Facebook page!

Horse riding has been proven to be very beneficial to children (and adults!) for many reasons. It is one of the few sports that don't finish at the end of a lesson: the horse still needs to be untacked and groomed before it is put away. It needs feeding and fresh water. This alone teaches children a sense of responsibility, understanding and dedication. Horse riding has several physical benefits too. It is a sport that will aid in muscle strengthening, balance and coordination. The workout is not limited to the actual riding either, as the activities surrounding the riding are physically demanding too.



Many children also experience mental benefits. It is great for their social skills as most riding lessons and activities are carried out in groups with other children their age who share their love of ponies. The companionship they experience from looking after the ponies has actual therapeutic benefits and will not only teach your child a sense of discipline, but will also boost their self esteem as it is quite an accomplishment to be able to look after and ride an animal more than twice your size.

QPA also runs three, weekly sessions for Riding for the Disabled. In cooperation with the RDA Barlavento charity, these sessions are for the students and patients at NECI and Santa Amaro. The physical and mental benefits that the people experience from the horse's natural movements, or a simple touch are astonishing.

If you would like more information about our Kids Pony Club, or lessons and hacks for adults, please email: [qpahorseriding@gmail.com](mailto:qpahorseriding@gmail.com)

## Your child's success starts here

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- Classes with technologic innovation (IPads + Virtual School + Digital Books + Interactive Boards)
- Awarded the Best School of the Algarve in 2012 and 2014 by the Government of Portugal
- Parental Satisfaction Survey 2015 - Index 98,2%



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  - Restaurant Rides
  - Overnight stopovers
  - Beginner courses
- VISITORS WELCOME

We are easy to find: 6kms from Lagos on the EN 120 turn off right to FRONTEIRA or drive to the end of the motorway and turn back towards LAGOS through BENSFRIM 2kms turn left signed to FRONTEIRA



Centro Hipico Quinta do Paraiso Alto, Fronteira, Bensafrim, Lagos  
 282 687596 (Stables) 282 687263 (Home) 282 789801 (Office)  
[qpahorseriding@gmail.com](mailto:qpahorseriding@gmail.com) [www.qpahorseriding.com](http://www.qpahorseriding.com)



## Guiding and inspiring students in an atmosphere of willing co-operation



Located in a large, converted farmhouse on seven acres of idyllic protected land, Aljezur International School is a unique secondary school where lessons are taught in small groups with great attention given to individual academic needs.

Younger students learn through a programme of integrated study and term topics, while a wide range of Cambridge IGCSE, AS and A level subjects are offered to students as they progress through the years.

Advanced level students are given real opportunities to be innovative and cultivate their skills. This term a student of

Travel and Tourism organised a two-day, star-gazing field trip to Noudar for 26 pupils and staff and, as part of their Global Perspectives studies, two students organised a debate on Oil Exploration in the Algarve. They created a public survey and presented experts from the field who took part in the debate, and spoke on the subject to the whole school.

Several exciting ventures are taking shape this year, reflecting the school's interest in environmental issues and its affiliation with the Unesco Net Schools Project. The creation of a "food forest" has given students from all year groups practical experience in plan-

ning, designing and planting what is now a thriving fruit and vegetable garden. This has recently included hands-on experience in installing an irrigation system. Younger students have carried out a survey of the river that runs through the school grounds, and have constructed survival shelters on the riverbank as part of their 'Mission to Mars' project.

Drama plays an important role in the school year, culminating in an annual outdoor theatre performance. The event celebrates links between the school and the local community, and all pupils, parents and friends of the school participate both on-stage and behind the scenes. The theme for the play this year will be "Space", and it will take place on Friday 1 July.

As Aljezur International school is an open Cambridge Examination centre, it welcomes external students who wish to sit exams in both the summer and autumn sessions.

A private coach service is offered to students for travel between the school and Alvor, Lagos and Bensafim.

Further information about the school and the curriculum offered can be found on [www.aljezur-international.org](http://www.aljezur-international.org) or by contacting [info@aljezur-international.org](mailto:info@aljezur-international.org).

## Preparing today's children for their (unknown) futures



The way our parents worked and socialized is not the same as ours. It is impossible to predict what the world will be like when our children are adults. How can we educate a child for

success when we do not know exactly what knowledge or skills will be needed or what careers will emerge? For the Carlucci American International School of Lisbon (CAISL), the answer is to

cultivate in its students the desire to learn and the ability and self-confidence to do so in the core curricular areas of academics, athletics and arts, developing the "whole child".

The Carlucci American International School of Lisbon (CAISL), founded in 1956, is a non-profit, non-denominational, coeducational day school that offers the best of American educational programs, philosophy, and methodologies to approximately 650 students from Early Childhood (age three) through grade 12 (approximately age 18). Making the most of our host country Portugal and with an international community, CAISL provides a blending of American, International, and Portuguese education which makes it unique.

All students at CAISL are encouraged to "do their best" as one of CAISL's core values. Teachers provide focused attention and an individualized response to each child's educational needs. Students learn through inquiry and exploration, problem-solving and creativity with the guidance of their teachers and the resources of technology. Each student is actively involved in learning, seeking knowledge and developing critical thinking skills. Students learn to meet challenges and overcome difficulties with a belief in their own ability to do so—essential to lifelong learning.

Along with confidence and perseverance, CAISL students develop leadership and teamwork skills through programs such as Model United Nations. The High School (Iberian MUN) version brings together over 300 students from around the world. This program, and its Junior version (dedicated to the Middle School), are organized entirely by CAISL students who exercise leadership and managerial roles while engaging in public debate on world issues. They learn about the

structure and function of the United Nations, conduct research, investigate international issues, take on diplomatic and leadership roles, and debate, deliberate and design solutions to the world's problems with their student peers.

For students to learn in today's digital age, they must also have the right tools for learning. CAISL incorporates technology and the teaching of technological skills into its program. As examples, young students develop computational skills including basic programming by

learning with floor robots; each student from grades 3 through 12 has a computer for his/her own use; beginning in Grade 6 the student may also take the computer home. Having such tools readily available enhances the learning opportunities for each student.

Preparing children for the future means giving them the skills and attitudes, the enthusiasm and the perseverance to meet the challenges of life with the confidence to succeed. That is the essence of what is taught at CAISL.



A CAISL student may graduate with two internationally-recognized Diplomas. All CAISL High School students (Grades 9 through 12) take a course of study leading to the American High School Diploma. With this Diploma, CAISL graduates enter university in Portugal, the United States, the United Kingdom and universities around the world.

Most CAISL students, in their last two years of High School, also study for the International Baccalaureate (IB) Diploma.

To learn more: 219239800; [admissions@caislisbon.org](mailto:admissions@caislisbon.org); [www.caislisbon.org](http://www.caislisbon.org).

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Early Childhood through Grade 12 (Ages 3-18); IB World School for Grades 11 and 12; Accredited by The New England Association of Schools and Colleges (NEASC), the Council of International Schools (CIS), licensed by the Portuguese Ministry of Education, and the only school in Portugal with sponsorship from the US Department of State.

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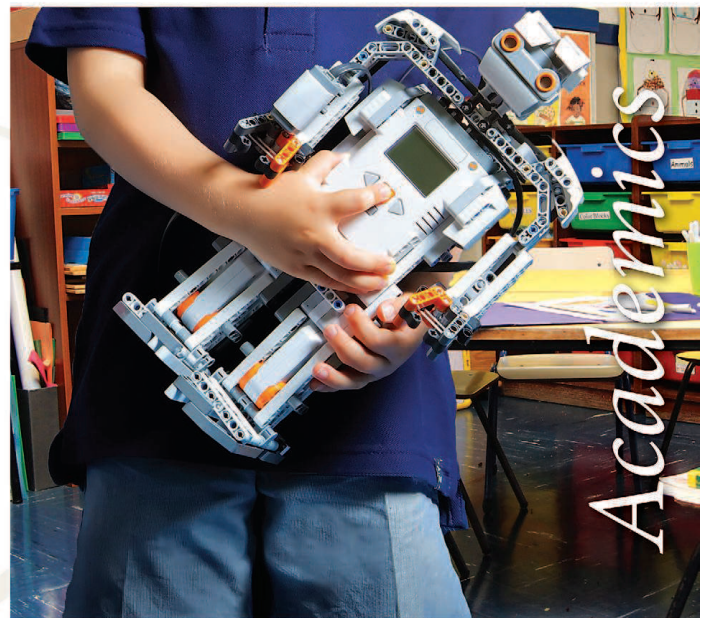


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CAISL is a student-centered educational community in which we challenge ourselves and each other to do our best and to make positive contributions to our diverse and ever-changing world.



Arts



Academics



Athletics