"BJP will cross 370 seats...": JP Nadda thanks Election Commission after voting concludes for last leg of LS polls

final phase of the Lok Sabha elections concluded today, marking the end of the world's largest polling exercise that began on April 19, Bharatiya Janata Party National President JP Nadda on Saturday thanked the Election Commission of India and claimed that BJP party will cross 370 seats.

The voting for the final phase of the Lok Sabha elections which began on April 19, came to an end on

'The final phase of the election has been completed. I would like to thank the ECI for successfully conducting the elections with proper arrangements. It is a matter to notice for the world how the ECI conducts elections in



GURDASPUR (PUNJAB) [INDIA] : A clash broke out between Aam Aadmi Party and Congress workers as some outsiders allegedly entered polling booths num-bered 105 and 106 of Tagore Memorial School in Punjab's Gurdaspur amid a seventh and final phase of Lok Sabha and final phase elections on Saturday.

AAP leaders Neeraj Salotra and Bikramjit Singh Sodhi were seen speaking against the police officials.

Deputy Superintendent of Police (DSP) Sukhpal Singh brought the matter under control.

Speaking on the incident, DSP Sukhpal Singh said, "While the voting going on in Tagore Memorial School Gopal Nagar, Nakul Mahajan, son of a Congresswoman councillor, had alleged that outsiders had come to the booth and were casting fake votes, after which an argument broke out between Congress and Aam Aadmi

Party workers. Aam Aadmi Party workers accused Congress of casting fake votes. However, police officers present on the spot assured them that there was no case of fake voting and no outsider was present at the booth.

Lost & Found

Vinit Agrawal S/o Lt. Binod Agrwal hereby declares that the original chain deed bearing deed No. 6026 dt 25.05.1981 and Deed No. 6092 dt. 25.05.1981 of Property related to Plot No. 1414 (1414 I and 1414 II) Khata No. 189 of Village Hatma, Burdwan Compound, Lalpur, Ranchi Jhakhand has been lost while Travelling from Fherayal to Khadgarah Bus Stand, Ranchi. The present declarant states that the property is free from any encumbrance and if any Person Authority/ Association/Society /Financial Institution etc. having any objection/ claim etc. on the said property should contact the under signed advocate with Supportive valid Documents within a period of 14 days from the date of this Publication falling which any claim whatsoever shall not be entertained K. Rakesh Advocate office: Lawvers Chamber No. 16, 1st Floor, District Civil Court, Jamshedpur- 831001. Residential: H. No. 73, New Baradwari, Sakchi, Jamshedpur 831001 Mobile: 9431343381

COURT NOTICE IN THE HIGH COURT OF JHARKHAND AT RANCHI

NOTICE. Criminal Revision No.1613 of 2018 Aditya Singh @ Bittu Singh.....PETITIONER

VERSUS State of Jharkhand & Anr.OPPOSITE PARTIES

Amrita Kumari, Daughter of Sr Devendra Prasad, Resident of-Kishoreganj Road no.1, P.O.-G.P.O., P.S.-Sukhdeo Nagar, District-Ranchi. At present Resident of Marwari Womens College, J.J. Road, Uppel Bazar, P.O.-G.P.O., P.S.-Kotwali District-Ranchi

Whereas, it has not been possible to secure service of notice upon you in the above mentioned Crimina Revision No. 1613 of 2018 by registered post as well as by Ordinary process. You are hereby noticed to appear in person or through advocate on or before 27/06/2024. in this court and if no appearance is made on your behalf on or before the date fixed the aforesaid Criminal Revision will be heard and decided exparte, your absence not with standing. Given under my hand and seal of the court, this dated 28/06/24 By order of the court

Ássistant Registrar



the biggest democratic country. I also thank the lakhs of employees and security personnel of the Election Commission. I also thank our voters and the first-time voters who came out to vote during the scorching heat in all the phases," Nadda said in a

self-made video. He further said that under the vision and guidance of Prime Minister Narendra

Modi, the party fought the elections. "I would like to thank the

workers of the party too for campaigning for the elections

I want to thank PM Modi who worked so hard during the elections. PM Modi held over 206 election rallies, 23 roadshows, and almost 82 interviews he gave. He left no stones to reach the people of the country through these mediums. He raised the issues which people were not aware of. I want to again thank PM Modi," he added.

BJP chief also thanked Union Home Minister Amit Shah who held more than 180 public meetings and roadshows.

"I want to thank Rajnath Singh ji, and Nitin Gadkari ji who worked extensively during the elections. I thank PM Modi on behalf of all the party workers. I am thankful to all the leaders of NDA tried to reach out to the people during the Lok Sabha elections. I believe that people have voted for 'Viksit Bharat', 'Saksham Bharat'. 'Samarthavaan Bharat', and 'Aatmanirbhar Bharat.' The voters must have neglected the people who indulge in appeasement politics, dynastic politics, and corruption. I am confident that Bharatiya Janata Party will get more than 370 seats and NDA will cross 400 seats," he said.

The voting for the marathon seven-phase polling process for the Lok Sabha elections, which began on April 19, came to an end Saturday.

The seventh and the final phase of polling for Lok Sabha elections across seven of Chandigarh saw a voter turnout of 58.3 per cent till 5 pm, the Election Commission (ECI) said.

Earlier, as the 7th Phase of polling in General Elections 2024 wrapped up, the Election Commission of India thanked all stakeholders: voters, polling personnel, security forces, media, and political parties.

Polling for the earlier six phases of Lok Sabha elections was held on April 19, April 26, May 7, May 13, May 20, and May 25.

Assembly polls have also been held in Andhra Pradesh, Sikkim, and Arunachal Pradesh. Odisha is seeing simultaneous polls to Lok Sabha and assembly in the last four phases.

> Bhavani to be available for investigation and questioning at her Holenarasipura house

Revanna's house for questioning in kidnapping case had filed an anticipatory bail

BENGALURU (KARNATAKA) : A Karnataka Police Special Investigation Team (SIT) arrived on Saturday morning at the Holenarasipura residence of Bhavani Revanna, the mother of suspended leader

Karnataka SIT

arrives at Bhavani

Revanna, for questioning. Prajwal Revanna who is accused in the obscene video case was arrested from the Kempegowda International Airport in Bengaluru on Friday after his return to the country. A court has sent him to police custody for six days.

Bhavani is accused in the kidnapping case registered under IPC sections 64(A), 365, 109, 120(B).

The SIT had on Friday given a notice to Bhavani Revanna in the kidnapping case. The SIT has asked on June 1. Earlier, Bhavani

in the kidnapping case in which her husband HD Revanna was arrested.

Bhavani had moved the Karnataka High Court seeking relief from arrest by the

Her husband, Revanna was arrested earlier in connection with the kidnapping case on April 29 and granted conditional bail by a special court for people's representatives. The case, registered on April 28 at the Holenarasipura town police station, involves allegations of sexual assault by Revanna and his son, Hassan MP Prajwal Revanna, against their house help.

The Special Court of People's Representatives in Bengaluru on Friday granted the SIT six-day custody of Prajwal Revanna in connection with the alleged obscene

Ruchira Kamboj's tenure ends as India's Permanent Representative to UN, New York the External Affairs Minister

NEW DELHI [INDIA] Ruchira Kamboj, the first Indian woman to assume the position of India's Permanent Representative to the United Nations in New York, announced her retirement on

She expressed gratitude to 'Bharat' for the wonderful years and unforgettable experiences.

Thank you, Bharat, for the extraordinary years and unforgettable experiences,' said Ruchira Kamboj on X. response,

Permanent Mission of India to the United Nations, New thanked Ruchira Kamboj for her outstanding leadership and dedication to the country and wished her a happy and fulfilling retire-

"Thank you for your incredible leadership and Madam dedication Ambassador. Your legacy and contributions to #TeamPMI and Bharat will be cherished forever. Wishing you a joyous and fulfilling retirement!. Permanent Mission of India to the United Nations, New York said on X.

She also shared some pictures while praising her



future leaders.

In a post on X, Ruchira Kamboj stated, "Just had the pleasure of working with the best interns ever! Kavya Jain and Sahana Ravikumar, these very capable young #women exceeded all expectations. Could I have asked for more? Absolutely #FutureLeaders.

Earlier in the day, she also participated in a key event focused on improving peacekeeping efforts and stated that she is proud to represent her country, which takes a

leading role by sharing its strategies, ideas, and best

"Honoured to open today's high-level segment on enhancing #peacekeeping relevance. Proud to represent a country that leads from the front, sharing our strategic thinking, ideation and best practices." Ruchira said on X.

According to the Permanent Mission of India to the UN in New York, Ruchira Kamboj formally assumed the position of PR/ Ambassador of India to New York, upon presentation of her credentials to Secretary-General Antonio Guterres on 2 August 2022, the first lady diplomat from India to assume this position.

She began her diplomatic journey in Paris, France where she was posted as the Third Secretary in the Indian Embassy to France from 1989-1991.

From Paris, she returned to Delhi where she worked as Under Secretary in the Europe West Division of India's Ministry of External Affairs from 1991-96, dealing with France, UK, the BENELUX countries, Italy, Spain and Portugal. In this

MP: Court sends 4 accused,

Rahul Raj, to judicial custody

including CBI Inspector

capacity, she also handled India's relationship with the Commonwealth of Nations, representing the country at the 14th Commonwealth Heads of Government Meeting in October 1995 in Auckland, New Zealand.

She was posted Counsellor at India's Permanent Mission to the United Nations in New York from 2002-2005, where she dealt with a wide range of political issues, including UN Peacekeeping, UN Security Council Reform, the Middle East crisis etc.

From 2006-2009, she was India's Consul General in Cape Town, South Africa whose position involved close liaison with the Parliament of South Africa.

She was picked to be the Deputy Head of the Office of the Secretary-General at the Commonwealth Secretariat

From 2011-2014, she was India's Chief of Protocol, the first and only lady so far in Government to have held this position. In this capacity, she directed all outgoing visits of the President of India, the Vice President of India, the Prime Minister of India and

() ICICI Home Finance

Corporate Office: ICICI Home Finance Company Limited ICICI HFC Tower, Andheri - Kurla Road, Andheri (East), Mumbai - 400059, India Branch Office: 4th Floor, Krishna Enclave, 2/1, Bhajan Lal Lohia Lane, Near Howrah AC Market, Above Yes Bank, Howrah-711101

Branch Office: 96, Janpath, 2nd Floor, Kharavela Nagar, Bhubneswar-751001 [See proviso to rule 8(6)] Notice for sale of immovable assets

E-Auction Sale Notice for Sale of Immovable Assets under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with proviso to Rule 8 (6) of the Security Interest (Enforcement) Rules, 2002.

Notice is hereby given to the public in general and in particular to the Borrower(s) and Guarantor(s) that the below described immovable property mortgaged/charged to the Secured Creditor, the **Symbolic Possession** of which has been taken by the Authorized Officer of ICICI Home Finance Company Ltd., will be sold on "As is where is", "As is what is", and "Whatever there is", as per the brief particulars given hereunder;

Sr. No.	Name of Borrower(s)/ Co Borrowers/ Guarantors/ Legal Heirs. Loan Account No.	Details of the Secured asset(s) with known encumbrances, if any	Amount Outstanding	Price Price Earnest Money Deposit	Time of Property Inspection	Time of Auction
(A)	(B)	(C)	(D)	(E)	(F)	(G)
1.	Sunil Kumar Jha (Borrower) Indra Narain Jha (Co-Borrower) Loan Account No. LHJMR00001351232	Flat No. 503, Samridhi Enclave on 5th Floor, New Plot No. 71, 72, 73, New Khata No. 78, Mouza Asangi, Adityapur, Jamshedpur	Rs. 12,94,054/- May 16, 2024	Rs. 19,49, 400/- Rs. 1,94,940/-	July 01, 2024 11:00 AM 03:00 PM	July 10, 2024 02:00 PM 03:00 PM
2.	Satyendra Prasad (Borrower) Lalita Devi (Co-Borrower) Baby Kumari (Co-Borrower) Pramod Kumar (Co-Borrower) Loan Account No. LHJMR00001340722 & LHJMR00001341583	Plot No. 1048, Khata No. 121, Thana No. 67, P.S. Gamharia, Mouza Chhota Gamharia, District Registry office Chaibasa, Sub- Registry office Seraikella, Jamshedpur, Jharkhand	Rs. 17,30,024/- May 16, 2024	Rs. 45,72, 000/- Rs. 4,57,200/-	July 01, 2024 11:00 AM 03:00 PM	July 10, 2024 02:00 PM 03:00 PM
3.	Ganesh Mukhi (Borrower) Mukesh Mukhi (Co-Borrower) Loan Account No. LHJMR00001287773	Plot No-289, Khata No.82, Mouza- Chakardhapur Munciplal Area Ward No.15 P.S, Chakardhapur, District Weast Singhbhum, State - Jharkhand	Rs. 15,62,135/- May 16, 2024	Rs. 18,55, 350/- Rs. 1,85,540/-	July 01, 2024 11:00 AM 03:00 PM	July 10, 2024 02:00 PM 03:00 PM

The online auction will be conducted on website (URL Link- https://BestAuctionDeal.com) of our auction agency Globe Tech. The Mortgagors/ notice are given a last chance to pay the total dues with further interest till July 09, 2024 before 05:00 PM else these secured assets will be sold as per above schedule.

The Prospective Bidder(s) must submit the Earnest Money Deposit (EMD) RTGS/ Demand Draft (DD) (Refer Column E) at ICICI Home Finance Company Limited, 4th Floor, Krishna Enclave, 2/1, Bhajan Lal Lohia Lane, Near Howrah AC Market, Above Yes Bank, Howrah-711101 on or before July 09, 2024 before 04:00 PM. The Prospective Bidder(s) must also submit signed copy of Registration Form & Bid Terms and Conditions form at ICICI Home Finance Company Limited, 4th Floor, Krishna Enclave, 2/1, Bhajan Lal Lohia Lane, Near Howrah AC Market, Above Yes Bank, Howrah-711101 on or before July 09, 2024 before 05.00 PM. Earnest Money Deposit Demand Draft (DD) should be from a Nationalized/Scheduled Bank in favor of "ICICI Home Finance Company Ltd.-Auction" payable at Jamshedpur, West Singhbhumi.

For any further clarifications with regards to inspection, terms and conditions of the auction or submission of tenders, kindly contact ICICI Home Finance Company Limited on 9920807300 or our Sales & Marketing Partner NexXen Solutions Private Limited. The Authorized Officer reserves the right to reject any or all the bids without furnishing any further reasons

For detailed terms and conditions of the sale, please visit https://www.icicihfc.com/

Date :.lune 02, 2024 **Authorized Officer** Place : Jamshedpur, West Singhbhumi

ICICI Home Finance Company Limited

HINDUJA HOUSING FINANCE LIMITED Corporate Office at 167-169, 2nd Floor. Anna Salai, Saidapet, Chennai - 600015, Tamil Nadu, India Branch Office: Vijyeta Enclave 1st floor Piska more, Ratu Road Ranchi Jharkhand - 834005.

NOTICE

(Borrower)

DEMAND

Demand Notice under Section 13[2] of the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 Whereas, the undersigned being the authorized officer of Hinduja Housing Finance Ltd (HHFL), issued the Demand

Notice underthe Power conferred to him by the company under section 13(2) read with Rule 3(1) of the Security Intertest (Enforcement), Rules2002 to the borrowers listed herein below and calling upon all of them to repay the amount as mentioned in the Demand Notices issued to each borrower respectively within 60 days from the date of the receiving of the said Notices respectively as their accounts were classified as Non Performing Assets respectively. The Notices were sent by the undersigned through Registered/ Speed Post, were not served upon the below listed borrower/s. The undersigned has reason to believe that the borrowers are avoiding receiving the notices, issued to them. Copies of such notices are lying with the undersigned and the borrower/s may, if they so desire, can collect said copy from the undersigned on any working days during the normal working hours. In connection with the above, Notice/s is/are hereby given once again to the said borrower/s to pay the outstanding due amount (with unapplied interest) as mentioned herein below to Hinduja Housing Finance Ltd within 60 days from the date of publication of this notice along with other cost of charges etc till the date of repayment or realization under various security documents executed by the borrower/s in favour of the HHFL. For due repayment of the loan, the following asset have been mortgaged with HHFL by the below listed borrower/s respectively. If the borrower/s fail/s to make repayment to HHFL as aforesaid, the HHFL shall proceed against the secured assets under Section 13(4) of the said Act and as per the applicable Rule entirely at the risk of the

The Borrower/s is/ are prohibited under the Act to transfer the scheduled property by way of Sale, lease, Tenancy or through any other mode without the prior consent of the Company as per section 13(13) of the Act. Any person, who contravenes, such provision of the Act or Rules made thereunder, shall be liable for prosecution or penalty as per the provision of the said Act

This notice is being issued without prejudice to our rights and Remedies at your own risk and cost. Further, we also invite your attention to the Sub-section (8) of section 13 of the Act wherein you may redeem your assets whatsoever after properties of all phases processes and averages used to use the act of the Act wherein you may redeem your assets whatsoever after the properties of the Act wherein you may redeem your assets whatsoever after the processes and averages used to use the act with the processes and the processes and the processes and the processes are also in the Act wherein your may redeem your assets whatsoever after the processes are also in the Act wherein your may redeem your assets whatsoever after the processes are also invited to the Act wherein your may redeem your assets whatsoever after the processes are also invited to the Act wherein your may redeem your assets whatsoever after the processes are also invited to the Act wherein your may redeem your assets whatsoever after the processes are also invited to the Act wherein your assets what are also invited to the Act wherein your assets what are also invited to the Act wherein your assets what are also invited to the Act wherein your assets where the Act where th

at	payment of air charges, costs and expenses owed to us at any time before the date of Auction Notice publication inviting tenders or through Private Treaty for Sale of Secured Asset. The Secured Asset shall not be sold/leased if the complete outstanding payment is made to Hinduja Housing Finance Ltd, the details are mentioned herein below:						
	SI. No.	Name & Address of Borrower / Co-Borrower	A) Demand Notice date B) Loan Account No C) Amount Due as on Date D) NPA date	Description of the Immovable Property (Secured Assets)			
	1.	1.Mr. Dilip Kumar Shrivastav	A) 11/05/2024	SCHEDULE OF THE PROPERTY			

B).JH/JMR/RNCI/A000000021

	3.Mrs. Puspa Devi(Co-Borrower1) All of them are residing at-Hari Nagar,tatisilway,Ranchi,Urban, Ranchi,Jharkhand,India–835103	C)Rs.6,80,263/-(Six Lakhs Eighty Thousands Two Hundred Sixty Three)as on 2 4 / 0 4 / 2 0 2 4 D) 06-03-2024
2.	1.Mr. Ashok Kumar Sinha (Borrower) 2.Mrs. Dhanmati Devi (Co- Borrower) Both of them are residing at- Near Santanish School,Sanik Colony,Dumardagga,Buti,Ranchi, Urban,Ranchi,Jharkhand,India -835217	A) 29/04/2024 B) JH/JMR/RNCI/A000000158 & CO/CPC/CPOF/A000000269 C)Rs.17,39,007/-(Rupees Seventeen Lacs Thirty Nine Thousands Seven)as on 24/04/2024, D) 06-03-2024
3.	1.Mr. Arif Kamal (Borrower) 2.Mr. Matlub Ur Rahman (Co-Borrower) 3.Mrs. Nayeema Akhtari (Co-	A) 29 /04/2024 B) JH/JMR/RNCI/A000000700 &; JH/JMR/RNCI/A000000822 &: JH/JMR/RNCI/A000001034

&; JH/JMR/RNCI/A000001034 C) Rs.36,57,795/-(Thirty Six **Lacs Fifty Seven Thousands** Seven Hundred Ninety Five)

as on 24/04/2024,

181,Thana:-sadar,Mauza:-Dumaraga Ranchi , Area 5 Decimal , Urban , Ranchi Jharkhand , India 835217 Boundaries:North: Sub Plot No. 1037/1;South: Sub Plot No. 1037/3;East: Plot No. 1030; West: Road 15" SCHEDULE OF THE PROPERTY

Khata No:-196.khewat No:-13.plot No:-

1119,thana No:173, P.s.- Tatisilway,area

2.5 Decimal, Tatisilway , Ranchi , , Urban

Ranchi , Jharkhand , India-835103;Boundaries:North: Prabha

Devi; South: 5 Ft" Wide Road; East: Kanti

SCHEDULE OF THE PROPERTY

Plot No:-1037.Khata No:-72.Thana No:

Devi:West: Mala Devi

Thana No-209, Wrd/hlk No-27, Plot No-1737, H No-1235/d,1235/d,1,1235, Anchalranchi Shahar, Mauza- Hindipri, Ranchi *(flat No.-d At Second Floor, And Parking Sapce No.-g/2d,hayaat Enclave, Area Admeasuring 1184.8 Sq. Ft.)*, Ranchi Urban , Ranchi , Jharkhand , Indi 834001:Boundaries: North: Land Of Fate Gaddi And Others; South: Aqsa Apartment; East: Land Of Suleman

D) 06-03-2024 Kujur; West: Municipal Road Authorized Officer, CLM Suman Thakur Mb No. 6287825191, CRM Ashutosh Kumar Mb No.8051140450, CLM Neeraj Kumar Mb No. 8210367280 Hinduja Housing Finance Limited

Exit polls predict clean sweep for NDA in PM Narendra Modi's home state Gujarat

GANDHINAGAR (GUJARAT) : As the Lok Sabha elections 2024, spread across seven phases, concluded on Saturday, exit polls indicate that Prime Minister Narendra Modi led-NDA is securing victory on all the 26 seats in PM Modi's home state

The Lok Sabha elections for 25 seats in the state of Gujarat concluded in a single phase, i.e., in Phase 3 on May 7. Notably, the BJP's candidate for the Surat Lok Sabha constituency in Gujarat was elected unopposed after the Congress candidate's nomination was rejected. BJP candidate Mukesh Dalal was declared elected unopposed after the nomination of Congress' Nilesh Kumbhani was rejected, and other candidates withdrew from the contest. According to exit poll figures by Times Now ETG, NDA is set to sweep all 26 seats while the Congressled INDIA bloc is failing to open its account in the state.

According to exit poll data by INDIA TV also, NDA is securing victory on all the seats while the INDIA alliance is unable to secure even one seat. In the previous Lok Sabha elections also in 2019 and 2014, the BJP had won all the 26 seats. Under the seat-sharing arrangement, Congress is contesting in 24 seats while the Aam Aadmi Party fielded its candidates in Bhavnagar and Bharuch constituencies.

in nursing college scam BHOPAL (MADHYA PRADESH): A special CBI court on Saturday sent four accused, including CBI Inspector

> in the nursing college scam. On the completion of their custody till today, the accused CBI Inspector Rahul Raj and intermediaries Om Goswami, Ravi Bhadoria, and Jugal Kishore were produced before the court of Arvind Judge Kumar Sharma and the court sent them to judicial custody.

Rahul Raj to judicial custody

Earlier on Tuesday, nine accused namely, Inspector Sushil Kumar Majoka from MP Police (on attachment with CBI), Anil Bhaskaran, Tanveer Khan, Radharaman

Sharma, Preeti Tilakwar, Anil Bhaskaran, Suma Jalpana Adhikari, were produced before the court. All were sent to judicial custody.

Notably, in compliance from the

Sharma, Sachin Jain, Ved

with directions from the High Court, CBI's Anti-Corruption Branch (ACB) in Bhopal had formed seven core teams and several support teams. These teams, composed of CBI officials, representatives from nursing colleges, and Patwaris, were tasked with inspecting nursing colleges across the state to ensure they met the required infrastructural and

NCDC data confirms 56 heatstroke deaths in India: Sources

NEW DELHI [INDIA]: With scorching heatwaves gripping several parts of the country, at least 56 deaths from heatstroke have been confirmed in multiple states by the National Centre for Disease Control (NCDC), sources said on Saturday.

According to sources, many states are underreporting deaths due to heatstroke. The data is based on reports submitted by states to the NCDC.

"Full reports on heatstroke deaths are awaited from states like UP and Bihar, where, according to state data, 166 deaths are reported in UP, while 22 people have died of heatstroke in a hospital in Bihar,' sources said.

In May alone, 46 people have died due to heatstroke. However, suspected heatstroke cases in May were 1.918. According to data shared by states, over 7 lakh people were admitted to emergency departments of primary care hospitals.

Of these cumulative sus-

pected heatstroke cases, there have been 24,849 since March 1. According to data

released by the Union Health Ministry, the maximum deaths have occurred in Madhya Pradesh (14), followed by 11 deaths in Maharashtra. Although the reported numbers are expected to be higher.

Dr Neeraj Nischal, additional professor in the Department of Medicine at AIIMS New Delhi, said, "If we don't take care of heatrelated illness, there is a spectrum of manifestations -- sunburn, cramps, muscle

pain, dizziness, and tiredness. These are the early warning signs.

"If you don't acknowledge these symptoms, the blood pressure will start falling, and when it becomes nonrecordable, that is when we say that the patient has landed up in shock," he said. "It is very important to

identify the early signs and symptoms of heat-related problems. The earliest signs will be increased sweating, tiredness, dizziness, the possibility of fainting because of this type of change in blood pressure, and other things. These are the warning signs.

Those with co-morbidities are at risk and those who have outdoor activities are risk. If they don't hydrate themselves properly, they may have all these problems," he explained. He also said that people

should refrain from drinking cold drinks and other types of aerated beverages since they are unhealthy, especially during heatwaves. "Cold drinks are not

healthy drinks, especially during heatwaves. When you take a cold drink, your thirst will go away for a moment, but it's such a sugary drink that it will further dehydrate your body. This is not a healthy drink, and one should avoid cold drinks as a source of hydration in this heatwave," he said

"The best type of drink is water. Apart from that, one can have shikanii, lassi, and buttermilk - any type of healthy drink that will hydrate vou. If you are sweating too much, ORS and other such stuff can also help," he added.

Date: 02-06-2024

Place:Ranchi, Jharkhand

Borrower-1) all of them are residing at-flat No-

20, Hayat Anclave Nala Road, Near Gurunanak School, P.P Compound

Ranchi G.P.O..Ranchi,Ranchi

Jharkhand, Urban, Ranchi

Jharkhand, India - 834001

MYK

