

# **BEST PRACTICE-1**

## **TITLE OF THE PRACTICE**

### ***BLOOD DONATION BY STUDENTS***

#### **OBJECTIVES:**

- To promote awareness about the importance of blood donation among students.
- To provide an opportunity for students to contribute to the community and save lives.
- To support burnt victims of domestic violence by providing them with necessary blood transfusions.
- To foster collaboration between the college and NGOs for social causes.
- To ensure the safety and well-being of students during the blood donation process.

#### **CONTEXT:**

St. Aloysius Degree College, cognizant of its role in fostering social responsibility and community engagement among its student body, has established the annual blood donation drive as a cornerstone of its philanthropic efforts. The primary objectives of this initiative are manifold. Firstly, it aims to cultivate a culture of altruism and empathy by promoting awareness about the critical importance of blood donation among students, many of whom hail from low socio-economic backgrounds. Secondly, it seeks to provide students with a tangible opportunity to contribute meaningfully to society and potentially save lives, particularly those of burn victims of domestic violence receiving treatment at Victoria Government Hospital in Bengaluru. Thirdly, the college endeavors to forge enduring partnerships with NGOs like Aweksha, underscoring its commitment to collaborating with external stakeholders for the greater social good. Furthermore, it prioritizes the safety and well-being of its students throughout the blood donation process, ensuring meticulous health checks and adherence to best practices.

Against the backdrop of pervasive social inequalities and the pressing need for humanitarian aid, St. Aloysius Degree College has embraced its role as a catalyst for positive change within its community. Recognizing the acute shortage of blood faced by burn victims undergoing treatment at Victoria Government Hospital, the college has seized upon the annual blood donation drive as



a vehicle for tangible impact. By leveraging its resources and networks, the college endeavors to bridge the gap between privilege and need, mobilizing its student body to serve as agents of compassion and solidarity. Grounded in the Aloysian tradition of social justice, the college's commitment to inclusive philanthropy underscores its ethos of service and solidarity with the marginalized and vulnerable.

## **PRACTICE:**

The blood donation drive orchestrated by St. Aloysius Degree College unfolds as a meticulously arranged event, marked by collaboration, preparation, and compassion. Central to its execution is the strategic partnership with Aweksha, a trusted NGO with a shared commitment to humanitarian causes.

***Preparation and Awareness:*** Prior to the blood donation drive, students are informed about the event through various channels, including announcements, posters, and social media platforms. An orientation session is conducted on the day of donation to educate students about the process, importance, and safety measures of blood donation.

***Health Screening:*** Each student undergoes a thorough health screening to assess vital signs, hemoglobin levels, and overall fitness for blood donation. Trained medical personnel oversee the screening process to ensure the safety of donors.

***Blood Donation:*** Students who meet the eligibility criteria proceed with the blood donation process under the supervision of medical professionals. Adequate measures are taken to maintain hygiene, sanitation, and post-donation care.

***Certificate of Appreciation:*** Following the donation drive, St. Aloysius Degree College acknowledges the participation and contribution of students by presenting them with certificates of appreciation, recognizing their altruism and commitment to community welfare.

## **EVIDENCE OF SUCCESS:**

The efficacy of St. Aloysius Degree College's blood donation drive is manifest in multifaceted outcomes that attest to its enduring significance. Notably, there has been a perceptible uptick in



awareness about blood donation among students, evidenced by heightened engagement and participation in subsequent drives.

***Quantity of Blood Donated:*** Tracking the volume of blood collected during each donation drive provides tangible evidence of the success of the initiative in meeting the needs of burn victims at Victoria Government Hospital.

***Impact on Recipients:*** Feedback from medical professionals at the hospital regarding the utilization of donated blood and its impact on the treatment and recovery of burn victims serves as a testament to the effectiveness of the program.

***Student Participation:*** Monitoring the level of student engagement and participation in blood donation drives over time can indicate the success of efforts to raise awareness and promote a culture of altruism among students.

***Recognition and Appreciation:*** Positive feedback from students, faculty, and external stakeholders, along with the receipt of certificates of appreciation from the college, reflects the success of the initiative in fostering a sense of accomplishment and pride among participants.

## **PROBLEMS ENCOUNTERED:**

Despite its laudable objectives and demonstrable impact, the blood donation drive organized by St. Aloysius Degree College has encountered certain challenges along its trajectory.

***Health Concerns:*** Ensuring the health and safety of donors, especially in the context of pre-existing medical conditions or potential adverse reactions to blood donation, requires careful screening and monitoring procedures.

***Sustainability:*** Maintaining the momentum and sustainability of blood donation drives over time, including sustaining student interest and engagement, securing ongoing collaboration with external partners, and ensuring adequate resources and support, presents ongoing challenges. Nevertheless, these obstacles are outweighed by the collective resolve and unwavering commitment of the college community to effect positive change.



## **RESOURCES REQUIRED:**

The successful execution of St. Aloysius Degree College's blood donation drive hinges upon the judicious allocation of various resources.

**Collaboration with NGO:** Continued partnership with NGO Aweksha to facilitate coordination, support, and expertise in organizing and conducting blood donation drives.

**Medical Personnel and Equipment:** Access to trained medical professionals, equipment, and facilities to conduct health screenings, monitor donations, and ensure donor safety and well-being.

**Promotional Materials:** Resources for designing and disseminating promotional materials, such as posters, flyers, and social media campaigns, to raise awareness and encourage student participation.

**Post-Donation Care:** Provision of refreshments, post-donation care, and follow-up support for donors to ensure their well-being and satisfaction with the donation experience.

By addressing these challenges and allocating appropriate resources, St. Aloysius Degree College can continue to enhance the success and impact of its blood donation initiative, contributing to the welfare of burn victims and fostering a culture of social responsibility among students.

*Sr. Sagarapamany. B.*

Principal  
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# ಸಂತ ಅಲಾಷಿಯಸ್ ಪದವಿ ಕಾಲೇಜು ST. ALOYSIUS DEGREE COLLEGE

Centre for Post Graduate Studies  
Accredited by NAAC

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Phone: 080 25460226 / 25466393 / Fax: 25466394 / Mob: 7975543466 website: www.aloysiusdegree.college

## 7. 2 BEST PRACTICES -1 – BLOOD DONATION

Collaborating with NGO Aweksha, the college organizes annual blood donation drives to support these victims admitted to Victoria Government Hospital in Bengaluru. This initiative not only provides essential medical support but also aligns with the college's values of social responsibility and community service.

### BLOOD DONATION CERTIFICATES 2019-2023

- Here below we enclose the certificates received from Government of Karnataka , Department of Transfusion Medicine( Blood Bank), Victoria Hospital B.M.C & R. I Bengaluru.
- The certificates contain the venue of the donation, date and no of units of blood mobilized and the signature of the Professor and Head of Department of Transfusion Medicine, Victoria Hospital B.M.C & R. I Bengaluru.



*Sr. Sagar Mary B.*

Principal  
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Sarvagnanagar, Cox Town,  
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GOVERNMENT OF KARNATAKA  
DEPARTMENT OF TRANSFUSION MEDICINE  
(BLOOD BANK)

VICTORIA HOSPITAL, B.M.C. & R.I., BENGALURU  
Centenary Building, Fort, Bengaluru-560 002.  
080-26700001, Extn.319 &352, Fax: 080-26703267



## Certificate of Appreciation

Rewarded to THE MANAGEMENT ST ALOYSIUS  
DEGREE COLLEGE

*appreciation of services rendered by organising a Voluntary Blood*

*Donation camp held on* St Aloysius Degree college *wherein*

FOURTY SEVEN *units have been mobilised.*

Date

20-9-23

Centre ID

-

No. of Units

47

*for* D. Alonilla

**Professor & H.O.D.**  
Dept. of Transfusion Medicine  
Victoria Hospital, BMCRI





GOVERNMENT OF KARNATAKA  
 DEPARTMENT OF TRANSFUSION MEDICINE  
 (BLOOD BANK)

VICTORIA HOSPITAL, B.M.C. & R.I., BENGALURU  
 Centenary Building, Fort, Bengaluru-560 002.  
 080-26700001, Extn.319 & 352, Fax: 080-26703267






*Certificate of Appreciation*

Rewarded to ST ALOYSIUS DEGREE COLLEGE in  
CENTER FOR POSTGRADUATE AND RESEARCH STUDIES

*appreciation of services rendered by organising a Voluntary Blood*

Donation camp held on 15.11.2022 wherein

64 units have been mobilised.

Date	Centre ID	No. of Units
 <u>15.11.22</u>	 <u>-</u>	 <u>64</u>

Professor & H.O.D.  
 Dept. of Transfusion Medicine  
 Victoria Hospital, BMCRI





GOVERNMENT OF KARNATAKA  
DEPARTMENT OF TRANSFUSION MEDICINE  
(BLOOD BANK)

VICTORIA HOSPITAL, B.M.C. & R.I., BENGALURU  
Centenary Building, Fort, Bengaluru-560 002.  
080-26700001, Extn.319 & 352, Fax: 080-26703267






## Certificate of Appreciation

Rewarded to ST ALOYSIUS DEGREE COLLEGE in

appreciation of services rendered by organising a Voluntary Blood

Donation camp held on NOV 29<sup>th</sup> 2021 wherein

SEVENTY SIX units have been mobilised.

Date	Centre ID	No. of Units
 <u>29.11.21</u>	 <u>-</u>	 <u>76</u>

Professor & H.O.D.  
Dept. of Transfusion Medicine  
Victoria Hospital, BMCRI







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## Certificate of Appreciation

Rewarded to ST. ALOYSIUS DEGREE COLLEGE in

*appreciation of services rendered by organising a Voluntary Blood*

*Donation camp held on* 07 FEB 2020 *wherein*

58 *units have been mobilised.*

Date	Centre ID	No. of Units
 <u>7.2.2020</u>	 <input type="text"/>	 <u>58</u>

  
Professor & H.O.D.  
Dept. of Transfusion Medicine  
Victoria Hospital, BMCRI





GOVERNMENT OF KARNATAKA  
 DEPARTMENT OF TRANSFUSION MEDICINE  
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 080-26700001, Extn.319 &352, Fax: 080-26703267



*Certificate of Appreciation*

Rewarded to St Aloysius Degree college in

appreciation of services rendered by organising a Voluntary Blood

Donation camp held on Feb 20th 2019 wherein

67 units have been mobilised.

Date	Centre ID	No. of Units
20.2.19	<input type="text"/>	67

*[Signature]*

Professor & H.O.D.  
 Dept. of Transfusion Medicine  
 Victoria Hospital, BMCRI





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## 7.2 BEST PRACTICES – 1 BLOOD DONATION

Blood donation camp in college for the burnt victims of Victoria Hospital, Bangalore photos are enclosed below.




*Sr. Sagayamany. B.*  
Principal

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**ST. ALOYSIUS DEGREE COLLEGE AND  
 POST GRADUATE RESEARCH CENTRE**  
 Sarvagnanagar, Cox Town, Bengaluru 560005  
 Department of Social Work, NSS and NCC Unit  
 In Collaboration with  
 Aweksha and Victoria Hospital Bangalore  
 Organises  
**BLOOD DONATION CAMP**  
**AND**  
**SCREENING OF DOCUMENTARY**  
**KIDI- A SPARK**  
 Reavance to Burn Survivors  
 On 20/09/2023  
 Screening of Documentary: 9:30 AM  
 Blood Donation Camp: 10:00 AM to 2:00 PM



, Bangalore -560005



 GPS Map Camera

Lat 12.993483°











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## 7.2 BEST PRACTICES – 1 BLOOD DONATION

### Testimonies of Burn victims

The students of St. Aloysius have long been recognized for their selfless dedication to serving their community, and one of the most impactful ways they do so is through blood donation. Countless lives have been saved, particularly those of burn victims, thanks to the generosity and compassion of these students. Here are a few testimonies that highlight the profound impact of their contributions:

- Enclosed are the testimonies of Ms. Divya and Mrs. Kumuda



*Sr. Sagarapamary . B .*  
Principal

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## Testimony - I

Divya, a 17-year-old girl from Arakere village in Mandya district, suffered burns during her first year of PUC. Left under the care of her grandmother while her mother worked in Bangalore, Divya struggled with loneliness and rejection after a close relationship ended abruptly. Desperate and feeling isolated, she attempted self-harm by setting herself on fire.

Quick intervention from neighbors prevented her from suffering a higher percentage of burns.

Divya was rushed to Mandya District Hospital, where it was determined she needed specialized care so she was referred to the burns centre of Victoria Hospital due to severe burns covering 40% of her body. With her mother by her side, Divya embarked on a challenging journey to recovery.



Asha, Divya's mother, faced financial strain as she stayed by her daughter's side, forgoing her income from the garment factory where she was employed. The family's financial burden got worse as Divya required multiple blood transfusions to address her low haemoglobin levels and also to undergo necessary reconstructive surgeries.

In this dire situation, Aweksha, in collaboration with the Blood Bank at Victoria Hospital, supported her with the required pints of blood. Through their initiatives and blood donation camps organized with the students of St. Aloysius Degree College, Divya received the blood she desperately needed, free of cost.

After months of treatment and a couple of surgeries, Divya showed remarkable resilience. Despite facing physical and emotional challenges, she returned home to her grandmother's house in Arakere, determined to continue her education and rebuild her life.

Divya's story is a testament to the power of community support and initiatives like those undertaken by Aweksha and St. Aloysius Degree College. Through collective efforts, lives like Divya are transformed, offering hope and a bright future for those who become victims of unforeseen circumstances.

## **Testimony- II**

Kumuda, a 28-year-old Fashion Designer, faced immense hardship due to domestic violence which only got worse following the death of her husband. Left without familial support, she found herself alone and struggling in the aftermath.

Admitted to the burns center of Victoria Hospital along with her husband, Kumuda's physical and emotional wounds ran deep with the death of her husband and the lack of support from her siblings and father.

Kumuda's journey to recovery was fraught with challenges, including low haemoglobin levels requiring a couple of blood transfusions. Despite the doctors efforts, her haemoglobin levels remained stubbornly low until she underwent skin grafting, made possible by the generosity of blood donors.

Aweksha's partnership with St. Aloysius Degree College in organizing blood donation drives was a boost to her recovery because with the availability of free blood, coupled with the waiver of testing charges, Kumuda received the much needed blood transfusions that helped her to return to a normal life.

Beyond Kumuda's story, these blood camps serve as a lifeline for numerous other patients, ensuring a steady supply of blood for those in need. The collaborative effort of Aweksha Charitable Women's Trust and St. Aloysius Degree College has been invaluable in providing support and hope to burn survivors like Kumuda.

It is through initiatives like these, that lives are transformed, thereby offering a beacon of light in the darkest of times.

These testimonies underscore the critical importance of blood donation in providing essential medical care to burn victims and other patients in need. The students of St. Aloysius exemplify the spirit of altruism and compassion, demonstrating that their willingness to give selflessly of themselves can truly make a difference in the lives of others. As they continue to donate blood and support those in need, they embody the values of service, empathy, and solidarity that define the St. Aloysius community.